

## CURRICULUM VITAE

### Kelly L. Zuromski, Ph.D.

Harvard University  
Department of Psychology  
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#### ACADEMIC APPOINTMENTS

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2017-present      **Postdoctoral Fellow**, Harvard University  
Cambridge, Massachusetts  
Army Study to Assess Risk and Resilience in Service members (Army STARRS)  
and Military Suicide Research Consortium

#### EDUCATION

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2014-2017      **Auburn University**  
Auburn, Alabama  
Degree Earned: PhD  
Major field: Clinical Psychology  
Major Professor: Tracy K. Witte, PhD  
Dissertation: Insomnia Drives Changes in Suicide Ideation: A Latent Change  
Model of Community Adults Over a Brief Interval

2016-2017      **Charleston Consortium**  
Medical University of South Carolina  
Predoctoral Internship in Clinical Psychology (APA-Accredited)  
Charleston, South Carolina  
Training Directors: Dean Kilpatrick, PhD & Daniel Smith, PhD  
Research Preceptors: Dean Kilpatrick, PhD & Heidi Resnick, PhD

2011-2014      **Auburn University**  
Auburn, Alabama  
Degree Earned: MS  
Major field: Clinical Psychology  
Major Professor: Tracy K. Witte, PhD  
Thesis: Restrictive Eating and Risk for Suicidal Behavior: An Application of the  
Interpersonal-Psychological Theory of Suicide

2007-2011      **University of Florida**  
Gainesville, Florida  
Degrees Earned: BS, with Highest Honors, Psychology; BA, with Honors,  
Criminology and Law; Minor, Spanish  
Honors Thesis Advisor: Kenneth G. Rice, PhD  
Thesis: Perfectionism, self-control, and academic behavior

## HONORS AND AWARDS

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2017	Graduate School Commencement Marshal, Auburn University. Selected to represent the Graduate School at the Auburn University graduation processional based on academic merit.
2017	Military Suicide Research Consortium, Pre-Conference Research Training Day Travel Award. Training day held prior to 2017 Annual American Association of Suicidology Conference in Phoenix, AZ. Amount awarded: \$1000.
2016	Senior Research Productivity Award, Department of Psychology, Auburn University. Amount awarded: \$500.
2016	Outstanding Graduate Student Award, Auburn University. Selected as nominee for the Psychology Department, and chosen as one of ten doctoral students for university-wide award based on academic excellence.
2015	Military Suicide Research Consortium, Dissertation Completion Award. Amount awarded: \$2000.
2015	Military Suicide Research Consortium, Pre-Conference Research Training Day Travel Award. Training day held prior to 2015 Annual American Association of Suicidology Conference in Atlanta, GA. Amount awarded: \$1000.
2015	Auburn University, Department of Psychology, Clinical Research Enhancement Award. Amount awarded: \$500.
2013	Military Suicide Research Consortium, Pre-Conference Research Training Day Travel Award. Training day held prior to 2013 Annual American Association of Suicidology Conference in Austin, TX. Amount awarded: \$1000.
2013	Auburn University, Department of Psychology, Clinical Research Enhancement Award. Funding awarded for purchase of statistical software. Amount awarded: \$250.
2013	Auburn University, Department of Psychology Travel Award. Amount awarded: \$500.
2010	University of Florida, Charles Vincent & Heidi Cole McLaughlin Endowment Scholarship. Award based on academic merit. Amount awarded: \$1000.
2010	University of Florida, International Center Study Abroad Scholarship. Amount awarded: \$1000.
2010	University of Florida, University Scholar Award. Fellowship awarded to conduct senior thesis project. Amount awarded: \$2000.
2007-2011	Walt Disney World Foundation Half-Tuition Academic Merit Scholarship Florida Bright Futures Academic Scholar Award. Awarded full undergraduate tuition for all semesters enrolled. Dean's List, University of Florida

## PUBLICATIONS (in reverse chronological order)

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### PEER-REVIEWED JOURNAL ARTICLES

1. Smith, A. R., **Zuromski, K. L.**, & Dodd, D. R. (in press). Eating disorders and suicidality: What we know, we don't know, and suggestions for future research. *Current Opinion in Psychology*.
2. Resnick, H., **Zuromski, K. L.**, Galea, S., Price, M., Kilpatrick, D. G., & Ruggiero, K. (in press). Prior interpersonal violence exposure and recent disaster characteristics as predictors of PTSD and depression among adolescent victims of the Spring 2011 tornadoes. *Journal of Interpersonal Violence*.
3. Cero, I., **Zuromski, K. L.**, Witte, T. K., Fix, R., & Burkhart, B. (in press). Race, offense type, and suicide ideation: Tests of the interpersonal-psychological theory in juvenile offenders. *Suicide and Life-Threatening Behavior*.

4. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (in press). Insomnia symptoms drive changes in suicide ideation: A latent difference score model of community adults over a brief interval. *Journal of Abnormal Psychology*.
5. Spitzer, E., **Zuromski, K. L.**, Witte, T. K., Davis, M. D., & Weathers, F. W. (in press). Posttraumatic stress disorder symptom clusters and acquired capability for suicide: A re-examination using DSM-5 criteria. *Suicide and Life-Threatening Behavior*.
6. <sup>†</sup>Witte, T. K., <sup>†</sup>Holm-Denoma, J. M., **Zuromski, K. L.**, Gauthier, J. M., & Ruscio, J. (2017). Individuals at high risk for suicide are categorically distinct from those at low risk. *Psychological Assessment, 29*, 382-393. <sup>†</sup>Joint First Authorship.
7. **Zuromski, K. L.**, Cero, I., Witte, T. K., & Zeng, P. (2017). The quadratic relationship between body mass index and suicide ideation: A non-linear analysis of indirect effects. *Suicide and Life-Threatening Behavior, 47*, 155-167.
8. Rojewski, A. M., **Zuromski, K. L.**, & Toll, B. A. (2017). Strategies for smoking cessation among high-risk populations to prevent lung cancer. *Expert Review of Respiratory Medicine, 11*, 85-87.
9. Forrest, L., **Zuromski, K. L.**, Dodd, D., & Smith, A. (2017). Suicidality in adolescents and adults with binge eating disorder: Results from the National Comorbidity Survey Replication and Adolescent Supplement. *International Journal of Eating Disorders, 50*, 40-49.
10. Witte, T. K., **Zuromski, K. L.**, Gauthier, J. M., Smith, A. R., Bartlett, M., Siegfried, N., Bodell, L., & Goodwin, N. (2016). Restrictive eating: Associated with suicide attempts, but not acquired capability, in residential patients with eating disorders. *Psychiatry Research, 235*, 90-96.
11. **Zuromski, K. L.**, Witte, T. K., Smith, A. R., Goodwin, N., Bodell, L. P., Bartlett, M., & Siegfried, N. (2015). Increased prevalence of vegetarianism among women with eating pathology. *Eating Behaviors, 19*, 24-27.
12. Cero, I., **Zuromski, K. L.**, Witte, T. K., Ribeiro, J. D., & Joiner, T. E. (2015). Perceived burdensomeness, thwarted belongingness, and suicide ideation: Re-examination of the interpersonal-psychological theory in two samples. *Psychiatry Research, 228*, 61-67.
13. **Zuromski, K. L.**, & Witte, T. K. (2015). Fasting and acquired capability for suicide: A test of the interpersonal-psychological theory of suicide in an undergraduate sample. *Psychiatry Research, 226*, 61-67.
14. Gauthier, J. M., **Zuromski, K. L.**, Gitter, S., Witte, T. K., Cero, I. J., Gordon, K. H., Ribeiro, J. D., Anestis, M. D., & Joiner, T. E. (2014). The interpersonal-psychological theory of suicide and exposure to video game violence. *Journal of Social and Clinical Psychology, 33*(6), 512-535.
15. **Zuromski, K. L.**, Davis, M. T., Witte, T. K., Weathers, F. W., & Blevins, C. (2014). PTSD symptom clusters are differentially associated with components of the acquired capability for suicide. *Suicide and Life-Threatening Behavior, 44*, 682-697.

#### ARTICLES UNDER REVIEW

1. **Zuromski, K. L.**, Resnick, H., Price, M., Galea, S., Kilpatrick, D. G., & Ruggiero, K. (2017). *Suicidal ideation among adolescents following natural disaster: The role of prior interpersonal violence*. Article submitted for publication.
2. Davis, M., Sexton, M. B., **Zuromski, K. L.**, & Rauch, S. (2017). *Sex, posttraumatic cognitions, and suicidal ideation among veterans seeking trauma-focused treatment*. Article submitted for publication.
3. Walsh, K., Kilpatrick, D. G., **Zuromski, K. L.**, Gilmore, A. K., Badour, C. L., Acierno, R., & Resnick, H. S. (2017). *Interactions among prior rape history, cortisol in the emergency room, and a video intervention prospectively predict suicidal ideation among recent rape victims*. Article submitted for publication.
4. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2016). *Non-monotonic temporal variation in fearlessness about death: A latent class growth analysis*. Article submitted for publication.
5. Gauthier, J. M., **Zuromski, K. L.**, Diulio, A. R., Witte, T. K., & Correia, C. (2016). *Factors impacting National Alcohol Screening Day attendance: A comparison of attendee and non-attendee characteristics and motivations*. Article submitted for publication.

6. Rojewski, A. M., Hyland, A., Mahoney, M. C., Cooper, L. M., **Zuromski, K. L.**, Celestino, P., Koutsky, J., Pike, S., & Toll, B. A. (2016). *Feasibility of delivering varenicline through a telephone quitline to promote smoking cessation*. Article submitted for publication.

### PUBLISHED ABSTRACTS

1. **Zuromski, K. L.**, Allan, N., Wilkerson, A. K., & Stecker, T. (2017). Insomnia and suicidal ideation among military personnel: Exploring joint symptom trajectories over a 12-month period. *Sleep*, 40(S1), A414.

### ORAL PRESENTATIONS

1. **Zuromski, K. L.**, Davis, M., Sexton, M. B., & Rauch, S. A. M. (2017, November). *Sex, posttraumatic cognitions, and suicidal behavior in veterans*. In M. Davis (Chair), *Trauma and posttraumatic cognitions: Differences across diverse populations*. Symposium accepted for presentation at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
2. **Zuromski, K. L.**, Allan, N., Wilkerson, A. K., & Stecker, T. (2017, June). *Insomnia and suicidal ideation among military personnel: Exploring joint symptom trajectories over a 12-month period*. Paper presented at the joint meeting of the American Academy of Sleep Medicine and Sleep Research Society, Boston, MA.
3. Spitzer, E., **Zuromski, K. L.**, Witte, T. K., Davis, M. D., & Weathers, F. W. (2016, April). Examining the relationship between DSM-5 PTSD symptom clusters and the acquired capability for suicide. In L. Monteith (Chair), *Enhancing our understanding of trauma and suicide through the Interpersonal-Psychological Theory*. Symposium presented at the meeting of the American Association of Suicidology, Chicago, IL.
4. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2015, April). Temporal variation in acquired capability for suicide: Tests of the interpersonal-psychological theory of suicide over a brief interval. In **K. L. Zuromski** (Chair), *On the temporal (in)stability of acquired capability for suicide*. Symposium presented at the meeting of the American Association of Suicidology, Atlanta, GA.
5. Cero, I., **Zuromski, K. L.**, & Witte, T.K. (2015, April). Are suicidal desire and capability really orthogonal? In **K. L. Zuromski** (Chair), *On the temporal (in)stability of acquired capability for suicide*. Symposium presented at meeting of the American Association of Suicidology, Atlanta, GA.
6. Witte, T. K., Holm-Denoma, J., **Zuromski, K. L.**, Gauthier, J. M., & Ruscio, J. (2014, April). *A taxometric investigation of suicide risk*. Paper presented at the meeting of the American Association of Suicidology, Atlanta, GA.
7. Cero, I., **Zuromski, K. L.**, Witte, T. K., & Burkhart, B. (2013, April). Is the interpersonal-psychological theory of suicide interactive? In K. A. Van Orden (Chair), *The role of social disconnection in suicide risk*. Symposium presented at the meeting of the American Association of Suicidology, Austin, TX.

### POSTER PRESENTATIONS

1. Spitzer, E. G., **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2017, April). *Exploring the temporal relationship between insomnia symptoms, depressive symptoms, and suicidal ideation*. Poster presented at the annual meeting of the American Association of Suicidology, Phoenix, AZ.
2. Forrest, L. N., **Zuromski, K. L.**, Dodd, D. R., & Smith, A. R. (2016, October). *Suicidality in adults and adolescents with binge eating disorder: Results from the National Comorbidity Survey Replication and Adolescent Supplement*. Research poster presented at the XXII<sup>nd</sup> Eating Disorders Research Society Annual Meeting, New York City, NY.
3. **Zuromski, K. L.**, Cero, I., & Witte, T. K. (2016, October). *Do changes in insomnia precede changes in suicide ideation? A latent change model of community adults over a brief interval*. Poster presented

at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

4. Forrest, L. N., **Zuromski, K. L.**, Dodd, D. R., & Smith, A. R. (2016, October). *Suicidality in Adults and Adolescents with Binge Eating Disorder: Results from the National Comorbidity Survey Replication and Adolescent Supplement*. Poster presented at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York City, NY.
5. **Zuromski, K. L.**, Cero, I., Witte, T. K., & Zeng, P. (2016, April). *The quadratic relationship between body mass index and suicide ideation: A non-linear analysis of indirect effects*. Poster presented at the meeting of the American Association of Suicidology, Chicago, IL.
6. Cero, I., **Zuromski, K. L.**, Witte, T. K., & Burkhart, B. (2016, April). *Suicide ideation in juveniles with adjudicated sexual offenses: Tests of racial interactions in the Interpersonal-Psychological Theory*. Poster presented at the meeting of the American Association of Suicidology, Chicago, IL.
7. Gauthier, J. M., **Zuromski, K. L.**, Diulio, A., & Witte, T. K. (2014, November). *National alcohol screening day: Motivational and symptomatic differences between attendees and non-attendees*. Poster presented at the 48<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
8. **Zuromski, K. L.**, Gauthier, J. M., & Witte, T. K. (2013, November). *Restrictive eating and acquired capability for suicide: An application of the interpersonal-psychological theory of suicide*. Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
9. Gauthier, J. M., **Zuromski, K. L.**, & Witte, T. K. (2013, November). *Does the interpersonal-psychological theory of suicide explain the relationship between alcohol misuse and suicidal behavior?* Poster presented at the 47<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
10. **Zuromski, K. L.**, Davis, M. T., Witte, T. K., Blevins, C., & Weathers, F. W. (2013, April). *Exploring the relationship between PTSD symptom clusters and the acquired capability for suicide*. Poster presented at the meeting of the American Association of Suicidology, Austin, TX.
11. Gauthier, J. M., **Zuromski, K. L.**, Witte, T. K., Gitter, S., Ribeiro, J...Joiner, T. (2012, November). *Interpersonal theory of suicide and violent video games: The effect of exposure to virtual violence*. Poster presented at the 46<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
12. **Zuromski, K. L.** (2011, April). *Perfectionism, self-control, and academic behavior*. Poster presented at University of Florida Research Forum, Gainesville, FL.

## CLINICAL EXPERIENCE

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8/2015-7/2016	<b>Graduate Clinician</b> , Central Alabama Veterans Healthcare System, Tuskegee, AL. <i>Supervisor:</i> Lindsey Davis, PhD.
8/2014-8/2015	<b>Graduate Clinician</b> , Auburn University School of Pharmacy, Auburn, AL. <i>Supervisor:</i> Frank Weathers, PhD.
8/2012-9/2014	<b>Psychological Trainee</b> , Auburn University Psychological Services Center, Auburn, AL. <i>Supervisors:</i> Chris Correia, PhD; Polly Dunn, PhD; Richard Mattson, PhD; Frank Weathers, PhD.
8/2013-8/2014	<b>Psychological Trainee</b> , Auburn University Student Counseling Services, Auburn, AL. <i>Supervisors:</i> Dustin Johnson, PhD; Jan Miller, PhD; Brandy Smith, PhD.

- 8/2012-8/2013      **Assessment Intern**, Mount Meigs, Alabama Department of Youth Services, Mount Meigs, AL.  
*Supervisor: Barry Burkhart, PhD.*
- 10/2010-7/2011    **Care Team Counselor**, Alachua County Crisis Center, Gainesville, FL.  
*Supervisor: Marshall Knudson, PhD.*
- 9/2009-7/2011     **Crisis Counselor**, Alachua County Crisis Center, Gainesville, FL.  
*Supervisor: Marshall Knudson, PhD.*
- 1/2010-6/2010      **Undergraduate Counseling and Assessment Intern**, North Florida Evaluation and Treatment Center, Gainesville, FL.  
*Supervisor: Victor Buehler, LMHC.*

## **TEACHING EXPERIENCE**

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- 8/2011-6/2012      Graduate Teaching Assistant, Introduction to Psychology, Auburn University.
- 8/2010-12/2010    Private Tutor, University Athletic Association, University of Florida.
- 1/2009-5/2009     Undergraduate Teaching Assistant, Abnormal Psychology, University of Florida.

## **SERVICE AND OUTREACH**

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- 2011-2016    Interview Weekend Committee, Auburn University
- 2015          National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2015          Graduate Student Coordinator, Auburn University Department of Psychology Interview Weekend
- 2014          Stress Reduction Outreach Event, Student Counseling Services, Auburn University, Volunteer
- 2014          National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2013          Stress Reduction Outreach Event, Student Counseling Services, Auburn University, Volunteer
- 2013          National Depression Screening Day at Auburn University, Volunteer Screener
- 2013          National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2013          Invited Judge (Behavioral and Social Sciences category), Greater East Alabama Regional Science and Engineering Fair, Auburn, AL
- 2012          Eating Disorders in Children and Adolescents, Presentation, Lee County Youth Development Center, Opelika, AL
- 2012          National Depression Screening Day at Auburn University, Volunteer Screener
- 2012          National Alcohol Screening Day at Auburn University, Volunteer Screener
- 2011          National Depression Screening Day at Auburn University, Volunteer Screener

## **REVIEWING ACTIVITIES**

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Ad-hoc reviewer:  
*Suicide and Life-Threatening Behavior*  
*Journal of Affective Disorders*

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## PROFESSIONAL AFFILIATIONS

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American Psychological Association, Student Affiliate  
Association for Behavioral and Cognitive Therapies, Student Member  
American Association of Suicidology, Student Member

## REFERENCES

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### **Tracy K. Witte, PhD**

Associate Professor  
Department of Psychology  
Auburn University  
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### **Frank Weathers, PhD**

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### **Barry Burkhardt, PhD**

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### **Dean Kilpatrick, PhD**

Distinguished University Professor  
Director, National Crime Victims Research and Treatment Center  
Co-Director, Charleston Consortium Internship  
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