

Brianna J. Turner

Curriculum Vitae

Contact Information

Department of Psychology
Harvard University
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Academic Appointments

2015 – 2017 **Postdoctoral Fellow**
Harvard University, Cambridge, MA, USA
Faculty Sponsor: Matthew K. Nock, Ph.D.

Education

2015 **Doctor of Philosophy**
Simon Fraser University, Burnaby, BC, Canada (CPA Accredited)
Dissertation Advisor: Alexander L. Chapman, Ph.D.

2014 – 2015 **Clinical Internship**
University of Washington School of Medicine, Seattle, WA, USA (APA Accredited)
Clinical Psychology, Adult Track

2013 **Foreign Study Period**
KU Leuven, Belgium
Faculty Sponsor: Laurence Claes, Ph.D.

2010 **Master of Arts**
Simon Fraser University, Burnaby, BC, Canada (CPA & APA Accredited)
Thesis Advisor: Alexander L. Chapman, Ph.D.

2007 **Bachelor of Arts (Honors)**
Simon Fraser University, Burnaby, BC, Canada
Thesis Advisor: Neil V. Watson, Ph.D.

Research Funding

2015 – 2017 **Canadian Institutes of Health Research**
Banting Postdoctoral Fellowship
Does preference for immediate versus long-term outcomes predict adolescent suicidal behavior?
Development and validation of a novel assessment of decision-making
Principal Investigator: \$140,000

- 2015 **Canadian Institutes of Health Research**
Postdoctoral Fellowship
Does preference for immediate versus long-term outcomes predict adolescent suicidal behavior?
Development and validation of a novel assessment of decision-making
Principal Investigator: \$135,000 (declined)
- 2013 **Canadian Institutes of Health Research**
Michael Smith Foreign Study Supplement
Disordered eating behavior and non-suicidal self-injury: A daily diary study
Principal Investigator: \$6,000
- 2010 – 2013 **Canadian Institutes of Health Research**
Frederick Banting and Charles Best Canada Graduate Scholarship Doctoral Award
Prediction of deliberate self-harm: Utility of the barriers to self-harm inventory
Principal Investigator: \$105,000
- 2009 – 2010 **Michael Smith Foundation for Health Research**
Junior Trainee Award
Protective factors in non-suicidal self-injury
Principal Investigator: \$16,500
- 2009 – 2010 **Canadian Institutes of Health Research**
Frederick Banting and Charles Best Master's Award
Assessing risk for future self-harm: Development of a valid and reliable clinical assessment tool
Principal Investigator: \$17,500
- 2008 **Canadian Institutes of Health Research**
Frederick Banting and Charles Best Master's Award
Examining the relationship between childhood maltreatment and deliberate self-harm: The importance of emotional responding
Principal Investigator: \$17,500 (declined)
- 2006 **Natural Science and Engineering Research Council of Canada**
Undergraduate Student Research Award
Investigating the impact of hCG on cognition and anxiety
Trainee (Principal Investigator: Neil Watson): \$5,625
- 2006 **Department of Humanities, Simon Fraser University**
Simons Student Citizenship Award
The philosophy of care: Examining the relationship between citizenship, gender equality and care-giving roles in Canadian society
Principal Investigator: \$1,000

Awards and Recognitions

- 2015 **University of Washington School of Medicine**
The Director's Prize: The Nancy Robinson, PhD, Award for Outstanding Overall Achievement by a Psychology Resident
- 2015 **Military Suicide Research Consortium**
Student Research Training Day Travel Award, \$1,000

- 2013 **Association for Behavioral and Cognitive Therapies**
Suicide and Self-injury Special Interest Group – Best Student Poster Award, \$100
- 2013 **Simon Fraser University**
President's PhD Scholarship, \$6,250
- 2013, 2008 **Simon Fraser University**
Graduate Fellowship, \$6,250
- 2010 **Simon Fraser University**
Laurine Harrison Graduate Thesis Award, \$2,000
- 2008 – 2009 **Simon Fraser University**
Pacific Century Graduate Entrance Scholarship, \$19,000

Refereed Journal Articles

PUBLISHED/IN PRESS

- Turner, B. J.**, Dixon-Gordon, K. L., Austin, S. B., Rodriguez, M., Rosenthal, M. Z., & Chapman, A. L. (in press). Non-suicidal self-injury with and without borderline personality disorder: Differences in self-injury and diagnostic comorbidity. *Psychiatry Research*.
- Dixon-Gordon, K. L., Chapman, A. L., & **Turner, B. J.** (in press). A preliminary, pilot study comparing Dialectical Behavior Therapy emotion regulation skills with interpersonal effectiveness skills and a control group treatment. *Journal of Experimental Psychopathology*.
- Yiu, A., **Turner, B. J.**, Layden, B. K., Chapman, A. L., & Zaitsoff, S. L. (in press). Prevalence and correlates of eating disorder symptoms in a community sample with non-suicidal self-injury. *Journal of Psychopathology and Behavioral Assessment*. doi: 10.1007/s10862-014-9470-x
- Claes, L., Luyckx, K., Bijttebier, P., **Turner, B. J.**, Ghandi, A., Smets, J., Norré, J., Van Assche, L., Verheyen, E., Goris, Y., Hoksbergen, I., & Schoevaerts, K. (2015). Non-suicidal self-injury in eating disorder patients: Associations with identity formation above and beyond anxiety and depression. *European Eating Disorders Review*, 23(2), 119-125. doi: 10.1002/erv.2341
- Turner, B. J.**, Arya, S., & Chapman, A. L. (2015). Non-suicidal self-injury in Asian versus Caucasian university students: Who, how and why? *Suicide and Life-Threatening Behavior*, 45(2), 199-216. doi: 10.1111/sltb.12113
- Turner, B. J.**, Yiu, A., Layden, B.K., Claes, L., Zaitsoff, S.L., & Chapman, A.L. (2015). Temporal relationships between disordered eating and non-suicidal self-injury: Examining symptom overlap over one year. *Behavior Therapy*, 46(1), 125-138. doi: 10.1016/j.beth.2014.09.002
- Turner, B. J.**, Austin, S. B., & Chapman, A. L. (2014). Treating non-suicidal self-injury: A systematic review of psychosocial and pharmacological interventions. *The Canadian Journal of Psychiatry*, 59(11), 576-585.
- Turner, B. J.**, Claes, L., Wilderjans, T. F., Pauwels, E., Dierckx, E., Chapman, A. L., & Schoevaerts, K. (2014). Personality profiles in eating disorders: Further evidence of the clinical utility of examining

subtypes based on temperament. *Psychiatry Research*, 219(1), 157-165. doi: 10.1016/j.psychres.2014.04.036.

Turner, B. J., Chapman, A. L., & Gratz, K. L. (2014). Why stop self-injuring? Development of the reasons to stop self-injury questionnaire. *Behavior Modification*, 38(1), 67-104. doi: 10.1177/0145445513508977.

Chapman, A. L., Gratz, K. L. & **Turner, B. J.** (2014). Risk-related and protective correlates of non-suicidal self-injury among incarcerated females: Comparison with suicide attempts. *Suicide and Life-Threatening Behavior*, 44(2), 139-154. doi: 10.1111/sltb.12058.

Turner, B. J., Layden, B. K., Butler, S. M., & Chapman, A. L. (2013). How often, or how many ways: Clarifying the relationship between non-suicidal self-injury and suicide. *Archives of Suicide Research*, 17(4), 397-415. doi: 10.1080/13811118.2013.802660.

Turner, B. J., Chapman, A. L., & Layden, B. K. (2012). Intrapersonal and interpersonal functions of non-suicidal self-injury: Associations with emotional and social functioning. *Suicide and Life-Threatening Behavior*, 42, 36-55. doi: 10.1111/j.1943-278X.2011.00069.x.

Chapman, A. L., **Turner, B. J.**, & Dixon-Gordon, K. L. (2011). To integrate or not to integrate DBT with other therapy approaches. *Clinical Social Work Journal*, 39(2), 170-179.

Dixon-Gordon, K. L., **Turner, B. J.**, & Chapman, A. L. (2011). Psychotherapy for personality disorders. *International Review of Psychiatry*, 23(3), 282-302. doi: 10.3109/09540261.2011.586992.

Book Chapters

Chapman, A. L., **Turner, B. J.**, & Dixon-Gordon, K. L. (2013). Untangling the relationship between Borderline Personality Disorder and traumatic experiences: Empirical evidence and treatment recommendations. In L.F Carvalho & R. Primi (Eds.) *Perspectivas em psicologia dos transtornos da personalidade: implicações teóricas e práticas*. São Paulo: Casa do Psicólogo.

Chapman, A. L., Dixon-Gordon, K. L., & **Turner, B. J.** (2010). Dialectical Behaviour Therapy: Mental health substance use. In D.B. Cooper (Ed.) *Principles for Intervention Mental Health-Substance Use*. Devon, UK: Radcliff Publishing Ltd.

Conference Presentations

SYMPOSIUM PRESENTATIONS

Turner, B. J., Gratz, K. L., & Chapman, A. L. (accepted for presentation). Individual differences in daily interpersonal functioning in NSSI versus controls. In S. Victor (Chair), How do you get there from here? How environmental and person-level characteristics contribute to non-suicidal self-injury. Symposium at the 49th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Turner, B. J., Cobb, R. J., Chapman, A. L. & Gratz, K. L. (accepted for presentation). The interpersonal context of nonsuicidal self-injury in daily life: Risk, resilience and reinforcement? In M. Anestis (Chair), Novel methods in the prediction of suicidal and non-suicidal self-directed violence.

Symposium at the 49th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

Turner, B. J. & Chapman, A. L. (2014, April). How often, or how many ways: Further evidence for the role of NSSI frequency versus versatility in suicide risk. In A. May (Chair), What non-suicidal self-injury can tell us about suicide: Investigating a complex relationship. Symposium at the 47th Annual meeting of the American Association for Suicidology, Los Angeles, CA.

Turner, B.J., Rosenthal, M.Z., Chapman, A.L., Dixon-Gordon, K.L., & Butler, S.M. (2013, November). Effects of different emotion regulation strategies on the intensity, polarity and differentiation of emotions in BPD. In B. Turner & A.L. Chapman (Chairs), Emotion regulation and BPD: What works, in what context and for whom?. Symposium at the 47th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

Turner, B.J., Yiu, A., Layden, B.K., Zaitsoff, S. & Chapman, A.L. (2013, June). Temporal relationships in co-occurring disordered eating and non-suicidal self-injury: Symptoms over one year. In B. Turner & A. Chapman (Chairs), Pathways in Co-occurring NSSI, Disordered Eating and Suicide: Emerging Research. Symposium at the 6th Annual meeting of the International Society for the Study of Self-Injury, Vancouver BC.

Chapman, A. L., Rosenthal, M. Z., Dixon-Gordon, K. L., & **Turner, B. J.** (2012, September). Borderline personality disorder and the effects of emotional avoidance and acceptance in daily life. In T. Trull & U. Ebner-Priemer (Chair), Using e-diaries to clarify emotional vulnerability and improve emotion regulation in daily life. Symposium at the 2nd Annual meeting of the International Congress on Borderline Personality Disorder and Allied Disorders, Amsterdam, NL.

Turner, B.J., Dixon-Gordon, K.L., Chapman, A.L., & Rosenthal, Z. (2012, November). Non-suicidal self-injury with and without Borderline Personality Disorder: Differences in self-injury, psychopathology and emotional Reactivity. In B. Turner & A. Chapman (Chairs), Non-suicidal Self-injury Disorder and BPD: Emerging Evidence to Inform Diagnostic Clarification. Symposium at the 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Turner, B. J., Dixon-Gordon, K. L., Chapman, A. L., & Rosenthal, M. Z. (2012, November). Examining moderators of emotional reactivity in BPD: The role of emotion regulation and trauma exposure. In M. Harned (Chair), Disentangling the Relationships Among BPD, PTSD, and Emotion Dysregulation. Symposium at the 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Turner, B. J., Chapman, A. L. & Rosenthal, M. Z., Dixon-Gordon, K. L., & Butler, S. M. (2012, November). Emotional acceptance versus suppression in BPD: An experience sampling study. In M. Smoski (Chair), Emotion Regulation in Psychopathology: What Works for Whom? Symposium at the 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Layden, B. K., Chapman, A. L., Douglas, K. S., & **Turner, B. J.** (2012, March). Factors associated with violence among individuals who engage in non-suicidal self-injury. Paper Session: 2012 meeting of the American Psychology-Law Society (AP-LS), San Juan, PR.

Dixon-Gordon, K. L., Chapman, A. L., **Turner, B. J.**, & Walters, K. N. (2011, November). Fear of emotions and emotion regulation in borderline personality disorder. In K. L. Dixon-Gordon and A. Aldao (Chairs), How we think about how we feel: Beliefs about emotions and emotion regulation.

Symposium at the 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

- Turner, B. J.** & Chapman, A. L. (2011, November). Suicide risk in non-suicidal self-injury: Examining the role of distress tolerance. In M.D. Anestis (Chair), Emotion dysregulation in suicide: Evidence of a robust and paradoxical relationship. Symposium at the 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.
- Turner, B. J.** & Chapman, A. L. (2011, June). Assessing protective factors for non-suicidal self-injury: The Barriers to Self-Injury Inventory. Student Presentation at the 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Turner, B. J.** & Chapman, A. L. (2010, July). Barriers to self-harm: The importance of pain. In C. Schmahl (Chair), Pain processing in borderline personality disorder. Symposium presentation: 1st Annual meeting of the International Congress on Borderline Personality Disorder.
- Turner, B. J.**, Layden, B. K., Michal, N., & Chapman, A. L. (2010, June). Clinical features associated with interpersonal versus intrapersonal functions of non-suicidal self-injury. Student Presentation Session: 4th Annual meeting of the International Society for the Study of Self-Injury.
- Turner, B. J.**, Chapman, A. L., & Walters, K. N. (2007, June). Differentiating non-suicidal self-injury and suicide attempts: A functional approach. Theory review Session: 68th Annual meeting of the Canadian Psychological Association, Ottawa, ON.
- POSTER PRESENTATIONS**
- Turner, B. J.**, Per, M., Kerr, M., & Chapman, A. L. (2014, June). Psychiatric symptoms and suicide risk in self-injuring adults: Comparing depression and anxiety. Poster Presentation: 75th Annual meeting of the Canadian Psychological Association, Vancouver, BC.
- Turner, B. J.** & Chapman, A. L. (2013, November). Untangling the impact of social context on nonsuicidal self-injury: A daily diary study. Poster Presentation in the Suicide and Self-injury Special Interest Group Poster Exhibition at the 47th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.
- Turner, B. J.**, Robertson, M. D. A., Parmiter, R. M., & Chapman, A. L. (2013, June). Non-suicidal self-injury in LGBTQ adults: Severity and importance of social context. Poster Presentation: 6th Annual meeting of the International Society for the Study of Self-Injury, Vancouver, BC.
- Turner, B. J.**, Kerr, M., Per, M., & Chapman, A. L. (2013, June). Positive and negative beliefs about suicide prospectively predict suicidal behavior in individuals with non-suicidal self-injury. Poster Presentation: 6th Annual meeting of the International Society for the Study of Self-Injury, Vancouver, BC.
- Yiu, A., **Turner, B. J.**, Layden, B. K., Chapman, A. L., & Zaitsoff, S. (2013, April). Eating disorder symptoms in those who engage in non-suicidal self-injury: Prevalence and interpersonal profiles. Poster Presentation: 2013 Annual meeting of the International Conference on Eating Disorders, Montreal, QC.
- Turner, B. J.**, Dixon-Gordon, K. L., & Chapman, A. L. (2012, August). The biosocial model of Borderline Personality Disorder: A preliminary examination of the role of childhood invalidation. Poster

Presentation: 42nd Annual meeting of the European Association for Behavioural and Cognitive Therapies.

Turner, B. J., Arya, S.A., & Chapman, A. L. (2012, June). Different pathways to non-suicidal self-injury in Asian and Caucasian students. Poster Presentation: 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Butler, S. M., Layden, B. K., **Turner, B. J.,** & Chapman, A. L. (2012, June). Impulsivity, interpersonal problems and substance abuse: Direct and indirect pathways to self-harm. Poster Presentation: 5th Annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.

Turner, B. J., Layden, B. K., & Chapman, A. L. (2012, June). The unique role of experiential avoidance in predicting NSSI outcomes over six months. Poster Presentation: 5th Annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.

Turner, B. J., Layden, B. K., & Chapman, A. L. (2012, June). Suicide risk in those who self-injure: The importance of behavioral versatility. Poster Presentation: 5th Annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.

McGinnis, C. R., **Turner, B. J.,** & Chapman, A. L. (2011, November). How to cope: The effect of coping styles on non-suicidal self-injury. Poster Presentation: 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

Turner, B. J., Leatham, K. A., Cytrynbaum, J., & Chapman, A. L. (2011, November). Examining methods of nonsuicidal self-injury: Behavioral versatility indicates clinical severity. Poster Presentation: 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

Turner, B. J. Harrison, N. A., Mackala, S., & Chapman, A. L. (2011, November). Interpersonal problems and borderline personality: The role of anger expression and rumination. Poster Presentation: 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

Turner, B. J. & Chapman, A. L. (2011, July). Examining the unique role of experiential avoidance in non-suicidal self-injury. Poster Presentation: 9th Annual World Conference of the Association for Contextual Behavioral Science, Parma, Italy.

Dixon-Gordon, K. L., Harrison, N. A., **Turner, B. J.,** & Chapman, A. L. (2011, June). Differential parasympathetic and dissociative responses to social rejection between individuals who engage in NSSI and controls. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.

McGinnis, C. R., **Turner, B. J.,** Layden, B. K., & Chapman, A. L. (2011, June). Predicting self-injury: The relationship between Borderline Personality features, emotion regulation and self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.

Turner, B. J., Arya, S. A., Qiu, S. V., & Chapman, A. L. (2011, June). Characteristics of non-suicidal self-injury in Asian versus Caucasian undergraduates. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.

- Layden, B. K., **Turner, B. J.**, McGinnis, C. R., & Chapman, A. L. (2011, June). The role of negative emotionality and self-derogation in self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Layden, B. K., McGinnis, C. R., **Turner, B. J.**, & Chapman, A. L. (2011, June). The role of body perspectives in the association of depression with self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Turner, B. J.**, Layden, B. K., McGinnis, C. R., & Chapman, A. L. (2011, June). Substance use problems in individuals who engage in non-suicidal self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Thomson, N. V., **Turner, B. J.**, Hamel, A., Chapman, A. L., & Zaitsoff, S. L. (2011, April). Co-morbid bulimic symptoms and self-harming behaviors: The role of emotion regulation difficulties. Poster Presentation: 2011 International Conference on Eating Disorders, Miami, FL.
- Turner, B. J.**, Chapman, A. L., & Harrison, N. A. (2010, November). Assessing protective factors for non-suicidal self-injury: Development of the Barriers to Self-Injury Inventory. Poster Presentation: 2nd annual meeting of the Suicide and Self-injury Special Interest Group at the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Turner, B. J.**, Wynness, K., & Chapman, A. L. (2010, November). Difficulties regulating emotions mediates the relationship between attachment and Borderline Personality features in undergraduates. Poster Presentation: 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Turner, B. J.**, & Chapman, A. L. (2009, November). Assessing protective factors for self-harm: Development of the Barriers to Self-Harm Inventory. Poster Presentation: 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Turner, B. J.**, Dixon-Gordon, K. L., & Chapman, A. L. (2009, November). The measurement and experience of emotion regulation difficulties among Asian and non-Asian participants. Poster Presentation: 43rd Annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Dixon-Gordon, K. L., **Turner, B. J.**, & Chapman, A. L. (2009, November). Experiential avoidance mediates the association of Asian ethnicity with skin conductance responses during a fear induction. Poster Presentation: 43rd Annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Layden, B. K., Chapman, A. L., **Turner, B. J.** & Michal, N. J. (2009, November). Childhood sexual abuse and deliberate self-harm: The role of self-objectification. Poster Presentation: 14th annual meeting of the International Society for the Improvement and Teaching of DBT, New York, NY.
- Lovasz, N., Chapman, A. L., Dixon-Gordon, K. L., & **Turner, B. J.** (2009, June). BPD as a disorder of intersubjectivity: narrative and identity disturbance in Borderline Personality Disorder. Poster Presentation: 70th annual Canadian Psychological Association Convention, Montreal, QC.
- Turner, B. J.** Layden, B. K., & Chapman, A. L. (2008, November). Examining the medical severity of self-injury occurring in the context of alcohol or drug use. Poster Presentation: 13th annual meeting of the International Society for the Improvement and Teaching of DBT, Orlando, FL.

- Chapman, A. L., Rosenthal, M. Z., Leung, D., Lihou, A., & **Turner, B. J.** (2007, August). Emotion suppression in borderline personality disorder: An experience sampling study. Poster Presentation: 115th annual meeting of the American Psychological Association, San Francisco, CA.
- Turner, B. J.**, Fouladi, R. T., & McCarthy, C. J. (2007, June). Investigating the relationship between attachment style and physical self-perception: The importance of gender. Poster Presentation: 2007 Canadian Psychological Association Convention, Ottawa, ON.
- Turner, B. J.**, Jones, B. A., & Watson, N. V. (2007, June). Effects of human chorionic gonadotropin on cognition and anxiety. Poster Presentation: 2007 Canadian Society for Brain, Behavior and Cognitive Science Convention, Victoria, BC.
- Turner, B. J.**, Jones, B. A., & Watson, N. V. (2007, June). Effects of human chorionic gonadotropin in a rat model of anxiety. Poster Presentation: 2007 Society for Behavioral Neuroendocrinology Annual Convention, Asilomar, CA.
- Turner, B. J.**, Fouladi, R. T., & McCarthy, C. J. (2007, May). Ethnicity and gender as moderators of relationships with attachment. Poster Presentation: 2007 Western Psychological Association Annual Convention, Vancouver, BC.

Invited Talks

- 2015 **Psychiatry Resident (PGY-4) Didactic Presentation**
University of Washington Medical Center
Integrating Acceptance and Change in Psychotherapy
- 2014 **Psychiatry Grand Rounds Presentation**
Royal Columbian Hospital
Dialectical Behavior Therapy: Updates on Implementation in Varied Mental Health Settings
- 2010 **Psychology Staff In-Service Presentation**
Maples Adolescent Treatment Center
Non-suicidal self-injury in Youth

Research Positions

- 2013 – 2015 **Dialectical Behavior Therapy Adherence Coder**
Personality and Emotion Research Lab, Simon Fraser University
Center for Addiction and Mental Health (CAMH), Toronto ON
University of Nevada, Reno
Coded individual and group psychotherapy sessions for adherence to DBT for three randomized clinical trials. Trained to reliability with gold standard coder at the University of Washington using standardized adherence scale.
- 2012 – 2014 **Assessment Team Coordinator**
Personality and Emotion Research Lab, Simon Fraser University
Trained graduate and undergraduate research assessors on the use of semi-structured diagnostic interviews, including the Structured Clinical Interview for DSM-IV (SCID-I and SCID-II) and the Diagnostic Interview for Personality Disorders (DIPD). Developed training protocols to ensure adherence and reliability on interview ratings. Acted as benchmark for reliability ratings.

- 2009 – 2014 **Data Team Coordinator**
Personality and Emotion Research Lab, Simon Fraser University
Developed and managed data collection systems, data cleaning and data merging for two multi-site, nationally funded research projects. Mentored a team of undergraduate research assistants on the use of data management software, including SPSS, Remark, and Excel. Prepared and performed data analyses.
- 2006 – 2014 **Study Coordinator**
Personality and Emotion Research Lab, Simon Fraser University
Coordinated a two-year longitudinal study of individuals who engaged in non-suicidal self-injury. Acted as DBT Adherence rater for a pilot study investigating the specificity of DBT Skills modules. Prepared and managed Research Ethics Board applications.

Teaching Positions

- 2012 - 2014 **Instructor**
Simon Fraser University
Instructor of record for four semesters of a third-year undergraduate course (Psyc 371: Intervention: Processes & Outcomes), with class sizes from 150 to 190 students. This course examined clinical research designs relevant for studying psychotherapy, followed by an examination of the structure and empirical support for evidence based psychotherapeutic approaches. Lectured, recruited guest speakers, supervised tutor markers, advised students, developed test materials, oversaw group projects.
- 2013 - 2014 **Guest Lecturer**
Simon Fraser University
Intervention II (graduate lecture on Dialectical Behavior Therapy)
Abnormal Psychology (undergraduate lecture on Personality Disorders)
- 2007 - 2009 **Teaching Assistant**
Simon Fraser University
Critical Analysis of Issues in Psychology
Introduction to Research Methods
- 2008 - 2011 **Tutor Marker**
Simon Fraser University
Intervention: Process and Outcome
Intergroup Relations
Close Relationships
Developmental Psychopathology
Introduction to Developmental Psychology
Introduction to Psychology

Teaching Training and Workshops

- 2013 **Instructional Skills Workshop** (3 days)
Simon Fraser University
- 2007 **Introduction to Writing Intensive Courses** (1 day)
Simon Fraser University

Clinical Positions

- 2014 – 2015
Psychology Resident
University of Washington Medical Center
Rotated across three settings: Inpatient Psychiatry, Psychiatry Consultation/Liaison Service at Harborview Medical Center (regional Level-1 trauma hospital), and Outpatient Psychiatry. Responsibilities included providing individual and group psychotherapy, supervising clinical psychology graduate students, providing brief suicide risk assessments and interventions, and attending weekly didactics and grantsmanship seminars.
- 2011 – 2014
Psychology Assistant/Practicum Student
Maples Adolescent Treatment Centre
Provided comprehensive psychological assessments for youth with a range of internalizing and externalizing problems. Assessments integrated cognitive, personality, behavioral, symptom and projective assessments. Wrote assessment reports under the supervision of a registered psychologist.
- 2010 – 2013
Psychology Practicum Student
Dialectical Behavior Therapy Centre of Vancouver
Provided individual DBT to 10 clients with borderline personality disorder and co-occurring disorders. Co-led weekly DBT Skills Group for adult clients and Multifamily Skills Group for adolescent clients and their parents.
- 2009 – 2013
Diagnostic Assessor
Personality and Emotion Research Lab.
Conducted over 100 diagnostic interviews for research participants using the Structured Clinical Interview for the DSM-IV (SCID-I and SCID-II) and/or the Diagnostic Interview for Personality Disorders (DIPD).
- 2009 – 2010
Psychology Practicum Student
Royal Columbian Hospital Inpatient Psychiatric Unit
Observed and conducted psychodiagnostic assessments for psychiatric inpatients, with an emphasis on assessing psychotic disorders. Co-led behavioral activation groups.
- 2008 – 2014
Student Therapist
Clinical Psychology Centre, Simon Fraser University
Provided individual and couples therapy to adults clients.
- 2008 – 2014
Intake Worker
Clinical Psychology Centre, Simon Fraser University
Provided clinical and administrative support, conducted intake interviews with potential clients.

Clinical Supervision Positions

- 2014
Clinical Psychology Practicum Student Peer Supervisor
Inpatient Psychiatry Unit, University of Washington Medical Center
Provided one hour per week of direct peer supervision of individual and group therapy to two PhD students. 'Supervision of supervision' provided by licensed psychologist.
- 2011 – 2014
Clinical Psychology Practicum Student Peer Supervisor
Maples Adolescent Treatment Center
Provided direct peer supervision of three PhD students on adolescent cognitive and personality assessment and report writing.
- 2012 – 2014
Diagnostic Assessment Team Leader
Personality and Emotion Research Lab
Provided direct peer supervision of graduate and undergraduate students in delivering semi-structured diagnostic interviews for research participants.

Specialized Clinical Training

- 2015 **Collaborative Assessment and Management of Suicide (CAMS)**
University of Washington Medical Center, 2 day workshop
Trainers: Katherine Comtois, PhD, & Jeffrey Sung, MD
- 2015 **Fundamentals of Hypnosis**
University of Washington Medical Center, 10 week course
Trainer: Barbara McCann, PhD
- 2013 **Helping the Non-Compliant Child: Family-based Treatment for Oppositional Behavior**
Simon Fraser University, 1 day workshop
Trainer: Robert J. McMahon, PhD
- 2012 **Dialectical Behavior Therapy**
DBT Center of Vancouver, 36-week intensive course
Trainers: Alexander Chapman, PhD, & John Wagner, PhD
- 2011 **Introduction to Acceptance and Commitment Therapy**
ACBS Clinical Pre-conference, 2 day workshop
Trainers: Sonja Batten, PhD, & Martin Brock, MSc
- 2011 **Emotion Dysregulation in Couples Therapy: An Integrative Approach**
Simon Fraser University, 1 day workshop
Trainer: Douglas Snyder, PhD
- 2011 **Rebuilding Intimacy After the Affair**
Simon Fraser University, 1 day workshop
Trainer: Douglas Snyder, PhD
- 2009 **Introduction to Dialectical Behavior Therapy**
Fraser Health Authority, 2 days workshop
Trainer: Alexander Chapman, PhD
- 2008 **Motivational Interviewing Level II**
Northern Family Society, 2 days workshop
Trainer: Rob Axsen, BA

Academic Service

DEPARTMENTAL SERVICE

- 2014 – 2015 **Internship Professional Development Committee**
University of Washington Medical Center
- 2014 – 2015 **Diversity Advancement Committee**
University of Washington Medical Center
- 2012 – 2013 **Graduate Student Caucus Co-Chair**
Simon Fraser University, Department of Psychology
- 2011 – 2012 **Graduate Student Departmental Representative (Clinical)**
Simon Fraser University, Department of Psychology

2010 – 2011 **Graduate Student Society Representative**
Simon Fraser University, Department of Psychology

PROFESSIONAL SERVICE

2012 – Present **Research Facilitation Committee**
Association for Behavioral and Cognitive Therapies

2011 – 2013 **Graduate Student Representative**
International Society for the Study of Self-injury

2010 – 2012 **Co-Secretary, Suicide and Self-injury Special Interest Group**
Association for Behavioral and Cognitive Therapies

Ad Hoc Journal Reviewer: Archives of Suicide Research; Assessment; Australian Journal of Psychology; Child Abuse and Neglect; Child and Adolescent Psychiatry and Mental Health; Clinical Psychology Review; Family Science; Journal of Abnormal Child Psychology; Journal of Child and Family Studies; PLoS One; Psychiatry Research; Suicide and Life-Threatening Behavior

Affiliations/Memberships

2014 – Present Division 53 (Society of Clinical Child and Adolescent Psychology), American Psychological Association

2014 – Present Association for Psychological Science

2013 – Present American Association of Suicidology

2009 – Present ABCT Suicide and Self-injury Special Interest Group

2009 – Present International Society for the Study of Self-injury

2006 – Present Association for Behavioral and Cognitive Therapies (ABCT)