

# Brianna J. Turner

## Curriculum Vitae

### Contact Information

Department of Psychiatry and Behavioral Sciences  
University of Washington Medical Center  
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### Education

- 2015 – 2017      **Postdoctoral Fellow**  
Harvard University, Cambridge, MA, USA  
*Faculty Sponsor:* Matthew K. Nock, Ph.D.
- 2015              **Doctor of Philosophy**  
Simon Fraser University, Burnaby, BC, Canada (CPA Accredited)  
*Dissertation Advisor:* Alexander L. Chapman, Ph.D.
- 2014 – 2015      **Clinical Internship**  
University of Washington Medical Center, Seattle, WA, USA (APA Accredited)  
*Clinical Psychology, Adult Track*
- 2013              **Foreign Study Period**  
KU Leuven, Belgium  
*Faculty Sponsor:* Laurence Claes, Ph.D.
- 2010              **Master of Arts**  
Simon Fraser University, Burnaby, BC, Canada (CPA & APA Accredited)  
*Thesis Advisor:* Alexander L. Chapman, Ph.D.
- 2007              **Bachelor of Arts (Honors)**  
Simon Fraser University, Burnaby, BC, Canada  
*Thesis Advisor:* Neil V. Watson, Ph.D.

### Research Funding

- 2015 – 2017      **Canadian Institutes for Health Research**  
Banting Postdoctoral Fellowship  
*Does preference for immediate versus long-term outcomes predict adolescent suicidal behavior?*  
*Development and validation of a novel assessment of decision-making*  
Principal Investigator: \$140,000
- 2015              **Canadian Institutes for Health Research**  
Postdoctoral Fellowship  
*Does preference for immediate versus long-term outcomes predict adolescent suicidal behavior?*  
*Development and validation of a novel assessment of decision-making*  
Principal Investigator: \$135,000 (declined)

- 2013 **Canadian Institutes for Health Research**  
Michael Smith Foreign Study Supplement  
*Disordered eating behavior and non-suicidal self-injury: A daily diary study*  
Principal Investigator: \$6,000
- 2010 – 2013 **Canadian Institutes for Health Research**  
Frederick Banting and Charles Best Canada Graduate Scholarship Doctoral Award  
*Prediction of deliberate self-harm: Utility of the barriers to self-harm inventory*  
Principal Investigator: \$105,000
- 2009 – 2010 **Michael Smith Foundation for Health Research**  
Junior Trainee Award  
*Protective factors in non-suicidal self-injury*  
Principal Investigator: \$16,500
- 2009 – 2010 **Canadian Institutes for Health Research**  
Frederick Banting and Charles Best Master's Award  
*Assessing risk for future self-harm: Development of a valid and reliable clinical assessment tool*  
Principal Investigator: \$17,500
- 2008 **Canadian Institutes for Health Research**  
Frederick Banting and Charles Best Master's Award  
*Examining the relationship between childhood maltreatment and deliberate self-harm: The importance of emotional responding*  
Principal Investigator: \$17,500 (declined)
- 2006 **Natural Science and Engineering Research Council of Canada**  
Undergraduate Student Research Award  
*Investigating the impact of bCG on cognition and anxiety*  
Co-investigator (Principal Investigator: Neil Watson): \$5,625
- 2006 **Department of Humanities, Simon Fraser University**  
Simons Student Citizenship Award  
*The philosophy of care: Examining the relationship between citizenship, gender equality and care-giving roles in Canadian society*  
Principal Investigator: \$1,000

## Awards and Recognitions

- 2015 **Military Suicide Research Consortium**  
Student Research Training Day Travel Award, \$1,000
- 2013 **Association for Behavioral and Cognitive Therapies**  
Suicide and Self-injury Special Interest Group – Best Student Poster Award, \$100
- 2013 **Simon Fraser University**  
President's PhD Scholarship, \$6,250
- 2013, 2008 **Simon Fraser University**  
Graduate Fellowship, \$6,250

- 2010                   **Simon Fraser University**  
Laurine Harrison Graduate Thesis Award, \$2,000
- 2008 – 2009         **Simon Fraser University**  
Pacific Century Graduate Entrance Scholarship, \$19,000

## Refereed Journal Articles

### PUBLISHED/IN PRESS

- Dixon-Gordon, K. L., Chapman, A. L., & **Turner, B. J.** (accepted). A preliminary, pilot study comparing Dialectical Behavior Therapy emotion regulation skills with interpersonal effectiveness skills and a control group treatment. *Journal of Experimental Psychopathology*.
- Yiu, A., **Turner, B. J.**, Layden, B. K., Chapman, A. L., & Zaitsoff, S. L. (in press). Prevalence and correlates of eating disorder symptoms in a community sample with non-suicidal self-injury. *Journal of Psychopathology and Behavioral Assessment*. doi: 10.1007/s10862-014-9470-x
- Claes, L., Luyckx, K., Bijttebier, P., **Turner, B. J.**, Ghandi, A., Smets, J., Norré, J., Van Assche, L., Verheyen, E., Goris, Y., Hoksbergen, I., & Schoevaerts, K. (2015). Non-suicidal self-injury in eating disorder patients: Associations with identity formation above and beyond anxiety and depression. *European Eating Disorders Review, 23*(2), 119-125. doi: 10.1002/erv.2341
- Turner, B. J.**, Arya, S., & Chapman, A. L. (2015). Non-suicidal self-injury in Asian versus Caucasian university students: Who, how and why? *Suicide and Life-Threatening Behavior, 45*(2), 199-216. doi: 10.1111/sltb.12113
- Turner, B. J.**, Yiu, A., Layden, B.K., Claes, L., Zaitsoff, S.L., & Chapman, A.L. (2015). Temporal relationships between disordered eating and non-suicidal self-injury: Examining symptom overlap over one year. *Behavior Therapy, 46*(1), 125-138. doi: 10.1016/j.beth.2014.09.002
- Turner, B. J.**, Austin, S. B., & Chapman, A. L. (2014). Treating non-suicidal self-injury: A systematic review of psychosocial and pharmacological interventions. *The Canadian Journal of Psychiatry, 59*(11), 576-585.
- Turner, B. J.**, Claes, L., Wilderjans, T. F., Pauwels, E., Dierckx, E., Chapman, A. L., & Schoevaerts, K. (2014). Personality profiles in eating disorders: Further evidence of the clinical utility of examining subtypes based on temperament. *Psychiatry Research, 219*(1), 157-165. doi: 10.1016/j.psychres.2014.04.036.
- Turner, B. J.**, Chapman, A. L., & Gratz, K. L. (2014). Why stop self-injuring? Development of the reasons to stop self-injury questionnaire. *Behavior Modification, 38*(1), 67-104. doi: 10.1177/0145445513508977.
- Chapman, A. L., Gratz, K. L. & **Turner, B. J.** (2014). Risk-related and protective correlates of non-suicidal self-injury among incarcerated females: Comparison with suicide attempts. *Suicide and Life-Threatening Behavior, 44*(2), 139-154. doi: 10.1111/sltb.12058.
- Turner, B. J.**, Layden, B. K., Butler, S. M., & Chapman, A. L. (2013). How often, or how many ways: Clarifying the relationship between non-suicidal self-injury and suicide. *Archives of Suicide Research, 17*(4), 397-415. doi: 10.1080/13811118.2013.802660.

**Turner, B. J.**, Chapman, A. L., & Layden, B. K. (2012). Intrapersonal and interpersonal functions of non-suicidal self-injury: Associations with emotional and social functioning. *Suicide and Life-Threatening Behavior*, *42*, 36-55. doi: 10.1111/j.1943-278X.2011.00069.x.

Chapman, A. L., **Turner, B. J.**, & Dixon-Gordon, K. L. (2011). To integrate or not to integrate DBT with other therapy approaches. *Clinical Social Work Journal*, *39*(2), 170-179.

Dixon-Gordon, K. L., **Turner, B. J.**, & Chapman, A. L. (2011). Psychotherapy for personality disorders. *International Review of Psychiatry*, *23*(3), 282-302. doi: 10.3109/09540261.2011.586992.

## Book Chapters

Chapman, A. L., **Turner, B. J.**, & Dixon-Gordon, K. L. (2013). Untangling the relationship between Borderline Personality Disorder and traumatic experiences: Empirical evidence and treatment recommendations. In L.F Carvalho & R. Primi (Eds.) *Perspectivas em psicologia dos transtornos da personalidade: implicações teóricas e práticas*. São Paulo: Casa do Psicólogo.

Chapman, A. L., Dixon-Gordon, K. L., & **Turner, B. J.** (2010). Dialectical Behaviour Therapy: Mental health substance use. In D.B. Cooper (Ed.) *Principles for Intervention Mental Health-Substance Use*. Devon, UK: Radcliff Publishing Ltd.

## Conference Presentations

### SYMPOSIA CHAIRED

**Turner, B.J.**, Rosenthal, M.Z., Chapman, A.L., Dixon-Gordon, K.L., & Butler, S.M. (2013, November). Effects of different emotion regulation strategies on the intensity, polarity and differentiation of emotions in BPD. In B. Turner & A.L. Chapman (Chairs), Emotion regulation and BPD: What works, in what context and for whom?. Symposium at the 47th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.

**Turner, B.J.**, Yiu, A., Layden, B.K., Zaitsoff, S. & Chapman, A.L. (2013, June). Temporal relationships in co-occurring disordered eating and non-suicidal self-injury: Symptoms over one year. In B. Turner & A. Chapman (Chairs), Pathways in Co-occurring NSSI, Disordered Eating and Suicide: Emerging Research. Symposium at the 6th Annual meeting of the International Society for the Study of Self-Injury, Vancouver BC.

**Turner, B.J.**, Dixon-Gordon, K.L., Chapman, A.L., & Rosenthal, Z. (2012, November). Non-suicidal self-injury with and without Borderline Personality Disorder: Differences in self-injury, psychopathology and emotional Reactivity. In B. Turner & A. Chapman (Chairs), Non-suicidal Self-injury Disorder and BPD: Emerging Evidence to Inform Diagnostic Clarification. Symposium at the 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

### SYMPOSIUM PRESENTATIONS

**Turner, B.J.** & Chapman, A.L. (2014, April). How often, or how many ways: Further evidence for the role of NSSI frequency versus versatility in suicide risk. In A. May (Chair), What non-suicidal self-injury

can tell us about suicide: Investigating a complex relationship. Symposium at the 47th Annual meeting of the American Association for Suicidology, Los Angeles, CA.

Chapman, A.L., Rosenthal, Z., Dixon-Gordon, K.L., & **Turner, B.J.** (2012, September). Borderline personality disorder and the effects of emotional avoidance and acceptance in daily life. In T. Trull & U. Ebner-Priemer (Chair), Using e-diaries to clarify emotional vulnerability and improve emotion regulation in daily life. Symposium at the 2nd Annual meeting of the International Congress on Borderline Personality Disorder and Allied Disorders, Amsterdam, NL.

**Turner, B.J.**, Dixon-Gordon, K.L., Chapman, A.L., & Rosenthal, Z. (2012, November). Examining moderators of emotional reactivity in BPD: The role of emotion regulation and trauma exposure. In M. Harned (Chair), Disentangling the Relationships Among BPD, PTSD, and Emotion Dysregulation. Symposium at the 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

**Turner, B.J.**, Chapman, A.L. & Rosenthal, Z., Dixon-Gordon, K.L., & Butler, S.M. (2012, November). Emotional acceptance versus suppression in BPD: An experience sampling study. In M. Smoski (Chair), Emotion Regulation in Psychopathology: What Works for Whom? Symposium at the 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.

Layden, B. K., Chapman, A. L., Douglas, K. S., & **Turner, B. J.** (2012, March). Factors associated with violence among individuals who engage in non-suicidal self-injury. Paper Session: 2012 meeting of the American Psychology-Law Society (AP-LS), San Juan, PR.

Dixon-Gordon, K. L., Chapman, A. L., **Turner, B. J.**, & Walters, K. N. (2011, November). Fear of emotions and emotion regulation in borderline personality disorder. In K. L. Dixon-Gordon and A. Aldao (Chairs), How we think about how we feel: Beliefs about emotions and emotion regulation. Symposium at the 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

**Turner, B.J.** & Chapman, A.L. (2011, November). Suicide risk in non-suicidal self-injury: Examining the role of distress tolerance. In M.D. Anestis (Chair), Emotion dysregulation in suicide: Evidence of a robust and paradoxical relationship. Symposium at the 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

**Turner, B.J.** & Chapman, A.L. (2011, June). Assessing protective factors for non-suicidal self-injury: The Barriers to Self-Injury Inventory. Student Presentation at the 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.

**Turner, B.J.** & Chapman, A.L. (2010, July). Barriers to self-harm: The importance of pain. In C. Schmahl (Chair), Pain processing in borderline personality disorder. Symposium presentation: 1<sup>st</sup> Annual meeting of the International Congress on Borderline Personality Disorder.

**Turner, B.J.**, Layden, B.K., Michal, N., & Chapman, A.L. (2010, June). Clinical features associated with interpersonal versus intrapersonal functions of non-suicidal self-injury. Student Presentation Session: 4<sup>th</sup> Annual meeting of the International Society for the Study of Self-Injury.

**Turner, B.J.**, Chapman, A.L., & Walters, K.N. (2007, June). Differentiating non-suicidal self-injury and suicide attempts: A functional approach. Theory review Session: 68th Annual meeting of the Canadian Psychological Association, Ottawa, ON.

## POSTER PRESENTATIONS

- Turner, B.J.,** Per, M., Kerr, M., & Chapman, A.L. (2014, June). Psychiatric symptoms and suicide risk in self-injuring adults: Comparing depression and anxiety. Poster Presentation: 75th Annual meeting of the Canadian Psychological Association, Vancouver, BC.
- Turner, B.J.** & Chapman, A.L. (2013, November). Untangling the impact of social context on nonsuicidal self-injury: A daily diary study. Poster Presentation in the Suicide and Self-injury Special Interest Group Poster Exhibition at the 47th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Nashville, TN.
- Turner, B.J.,** Robertson, M.D.A., Parmiter, R.M., & Chapman, A.L. (2013, June). Non-suicidal self-injury in LGBTQ adults: Severity and importance of social context. Poster Presentation: 6th Annual meeting of the International Society for the Study of Self-Injury, Vancouver, BC.
- Turner, B.J.,** Kerr, M., Per, M., & Chapman, A.L. (2013, June). Positive and negative beliefs about suicide prospectively predict suicidal behavior in individuals with non-suicidal self-injury. Poster Presentation: 6th Annual meeting of the International Society for the Study of Self-Injury, Vancouver, BC.
- Yiu, A., **Turner, B.J.,** Layden, B.K., Chapman, A.L., & Zaitsoff, S. (2013, April). Eating disorder symptoms in those who engage in non-suicidal self-injury: Prevalence and interpersonal profiles. Poster Presentation: 2013 Annual meeting of the International Conference on Eating Disorders, Montreal, QC.
- Turner, B.J.,** Dixon-Gordon, K.L., & Chapman, A.L. (2012, August). The biosocial model of Borderline Personality Disorder: A preliminary examination of the role of childhood invalidation. Poster Presentation: 42<sup>nd</sup> Annual meeting of the European Association for Behavioural and Cognitive Therapies.
- Turner, B.J.,** Arya, S.A., & Chapman, A.L. (2012, June). Different pathways to non-suicidal self-injury in Asian and Caucasian students. Poster Presentation: 46th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), National Harbor, MD.
- Butler, S.M., Layden, B.K., **Turner, B.J.,** & Chapman, A.L. (2012, June). Impulsivity, interpersonal problems and substance abuse: Direct and indirect pathways to self-harm. Poster Presentation: 5th Annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.
- Turner, B.J.,** Layden, B.K., & Chapman, A.L. (2012, June). The unique role of experiential avoidance in predicting NSSI outcomes over six months. Poster Presentation: 5th Annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.
- Turner, B.J.,** Layden, B.K., & Chapman, A.L. (2012, June). Suicide risk in those who self-injure: The importance of behavioral versatility. Poster Presentation: 5th Annual meeting of the International Society for the Study of Self-Injury, Chapel Hill, NC.
- McGinnis, C.R., **Turner, B.J.,** & Chapman, A.L. (2011, November). How to cope: The effect of coping styles on non-suicidal self-injury. Poster Presentation: 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.

- Turner, B.J.**, Leatham, K.A., Cytrynbaum, J., & Chapman, A.L. (2011, November). Examining methods of non-suicidal self-injury: Behavioral versatility indicates clinical severity. Poster Presentation: 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.
- Turner, B.J.**, Harrison, N.A., Mackala, S., & Chapman, A.L. (2011, November). Interpersonal problems and borderline personality: The role of anger expression and rumination. Poster Presentation: 45th Annual meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Toronto, Ontario.
- Turner, B.J.** & Chapman, A.L. (2011, July). Examining the unique role of experiential avoidance in non-suicidal self-injury. Poster Presentation: 9<sup>th</sup> Annual World Conference of the Association for Contextual Behavioral Science, Parma, Italy.
- Dixon-Gordon, K.L., Harrison, N.A., **Turner, B.J.**, & Chapman, A.L. (2011, June). Differential parasympathetic and dissociative responses to social rejection between individuals who engage in NSSI and controls. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- McGinnis, C.R., **Turner, B.J.**, Layden, B.K., & Chapman, A.L. (2011, June). Predicting self-injury: The relationship between Borderline Personality features, emotion regulation and self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Turner, B.J.**, Arya, S.A., Qiu, S.V., & Chapman, A.L. (2011, June). Characteristics of non-suicidal self-injury in Asian versus Caucasian undergraduates. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Layden, B.K., **Turner, B.J.**, McGinnis, C.R., & Chapman, A.L. (2011, June). The role of negative emotionality and self-derogation in self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Layden, B.K., McGinnis, C.R., **Turner, B.J.**, & Chapman, A.L. (2011, June). The role of body perspectives in the association of depression with self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Turner, B.J.**, Layden, B.L., McGinnis, C.R., & Chapman, A.L. (2011, June). Substance use problems in individuals who engage in non-suicidal self-injury. Poster Presentation: 4th Annual meeting of the International Society for the Study of Self-Injury, New York, NY.
- Thomson, N.V., **Turner, B.J.**, Hamel, A., Chapman, A.L., & Zaitsoff, S.L. (2011, April). Co-morbid bulimic symptoms and self-harming behaviors: The role of emotion regulation difficulties. Poster Presentation: 2011 International Conference on Eating Disorders, Miami, FL.
- Turner, B.J.**, Chapman, A.L., & Harrison, N.A. (2010, November). Assessing protective factors for non-suicidal self-injury: Development of the Barriers to Self-Injury Inventory. Poster Presentation: 2<sup>nd</sup> annual meeting of the Suicide and Self-injury Special Interest Group at the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Turner, B.J.**, Wynness, K., & Chapman, A.L. (2010, November). Difficulties regulating emotions mediates the relationship between attachment and Borderline Personality features in undergraduates. Poster

Presentation: 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

- Turner, B.J.**, & Chapman, A.L. (2009, November). Assessing protective factors for self-harm: Development of the Barriers to Self-Harm Inventory. Poster Presentation: 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Turner, B.J.**, Dixon-Gordon, K.L., & Chapman, A.L. (2009, November). The measurement and experience of emotion regulation difficulties among Asian and non-Asian participants. Poster Presentation: 43<sup>rd</sup> Annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Dixon-Gordon, K.L., **Turner, B.J.**, & Chapman, A.L. (2009, November). Experiential avoidance mediates the association of Asian ethnicity with skin conductance responses during a fear induction. Poster Presentation: 43<sup>rd</sup> Annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Layden, B.K., Chapman, A.L., **Turner, B.J.** & Michal, N.J. (2009, November). Childhood sexual abuse and deliberate self-harm: The role of self-objectification. Poster Presentation: 14<sup>th</sup> annual meeting of the International Society for the Improvement and Teaching of DBT, New York, NY.
- Lovasz, N., Chapman, A.L., Dixon-Gordon, K. L., & **Turner, B.J.** (2009, June). BPD as a disorder of intersubjectivity: narrative and identity disturbance in Borderline Personality Disorder. Poster Presentation: 70<sup>th</sup> annual Canadian Psychological Association Convention, Montreal, QC.
- Turner, B.J.** Layden, B.K., & Chapman, A.L. (2008, November). Examining the medical severity of self-injury occurring in the context of alcohol or drug use. Poster Presentation: 13<sup>th</sup> annual meeting of the International Society for the Improvement and Teaching of DBT, Orlando, FL.
- Chapman, A.L., Rosenthal, M.Z., Leung, D., Lihou, A., & **Turner, B.J.** (2007, August). Emotion suppression in borderline personality disorder: An experience sampling study. Poster Presentation: 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
- Turner, B.J.**, Fouladi, R.T., & McCarthy, C.J. (2007, June). Investigating the relationship between attachment style and physical self-perception: The importance of gender. Poster Presentation: 2007 Canadian Psychological Association Convention, Ottawa, ON.
- Turner, B.J.**, Jones, B.A., & Watson, N.V. (2007, June). Effects of human chorionic gonadotropin on cognition and anxiety. Poster Presentation: 2007 Canadian Society for Brain, Behavior and Cognitive Science Convention, Victoria, BC.
- Turner, B.J.**, Jones, B.A., & Watson, N.V. (2007, June). Effects of human chorionic gonadotropin in a rat model of anxiety. Poster Presentation: 2007 Society for Behavioral Neuroendocrinology Annual Convention, Asilomar, CA.
- Turner, B.J.**, Fouladi, R.T., & McCarthy, C.J. (2007, May). Ethnicity and gender as moderators of relationships with attachment. Poster Presentation: 2007 Western Psychological Association Annual Convention, Vancouver, BC.

## Research Positions

- 2013 – 2015  
**DBT Adherence Coder**  
 Personality and Emotion Research Lab, Simon Fraser University  
*Coded individual and group psychotherapy sessions for adherence to DBT for two randomized trials. Trained to reliability with gold standard coder at the University of Washington using standardized adherence scale.*
- 2012 – 2014  
**Assessment Team Coordinator**  
 Personality and Emotion Research Lab, Simon Fraser University  
*Trained graduate and undergraduate research assessors on the use of semi-structured diagnostic interviews, including the Structured Clinical Interview for DSM-IV (SCID-I and SCID-II) and the Diagnostic Interview for Personality Disorders (DIPD). Developed training protocols to ensure adherence and reliability on interview ratings. Acted as benchmark for reliability ratings.*
- 2009 – 2014  
**Data Team Coordinator**  
 Personality and Emotion Research Lab, Simon Fraser University  
*Developed and managed data collection systems, data cleaning and data merging for two multi-site, nationally funded research projects. Mentored a team of undergraduate research assistants on the use of data management software, including SPSS, Remark, and Excel. Prepared and performed data analyses.*
- 2006 – 2014  
**Study Coordinator**  
 Personality and Emotion Research Lab, Simon Fraser University  
*Coordinated a two-year longitudinal study of individuals who engaged in non-suicidal self-injury. Acted as DBT Adherence rater for a pilot study investigating the specificity of DBT Skills modules. Prepared and managed Research Ethics Board applications.*

## Teaching Positions

- 2012 - 2014  
**Sessional Instructor**  
 Simon Fraser University  
*Instructor of record for four offerings of a third-year undergraduate course (Psyc 371: Intervention: Processes & Outcomes), with class sizes from 150 to 190 students. This course examined clinical research designs relevant for studying psychotherapy, followed by an examination of the structure and empirical support for evidence based psychotherapeutic approaches. Lectured, recruited guest speakers, supervised tutor markers, advised students, developed test materials, oversaw group projects.*
- 2013 - 2014  
**Guest Lecturer**  
 Simon Fraser University  
*Intervention II (graduate lecture on Dialectical Behavior Therapy)  
 Abnormal Psychology (undergraduate lecture on Personality Disorders)*
- 2007 - 2009  
**Teaching Assistant**  
 Simon Fraser University  
*Critical Analysis of Issues in Psychology  
 Introduction to Research Methods*
- 2008 - 2011  
**Tutor Marker**  
 Simon Fraser University  
*Intervention: Process and Outcome  
 Intergroup Relations  
 Close Relationships  
 Developmental Psychopathology*

*Introduction to Developmental Psychology*  
*Introduction to Psychology*

## Teaching Training and Workshops

- 2013                    **Instructional Skills Workshop** (3 days)  
Simon Fraser University
- 2007                    **Introduction to Writing Intensive Courses** (1 day)  
Simon Fraser University

## Clinical Positions

- 2014 – 2015                    **Psychology Resident**  
University of Washington Medical Center  
*Rotated across three settings: Inpatient Psychiatry, Psychiatry Consultation/Liaison Service at Harborview Medical Center (regional Level-1 trauma hospital), and Outpatient Psychiatry. Responsibilities included providing individual and group psychotherapy, supervising clinical psychology graduate students, providing brief suicide risk assessments and interventions, and attending weekly didactics and grantsmanship seminars.*
- 2011 – 2014                    **Psychology Assistant/Practicum Student**  
Maples Adolescent Treatment Centre  
*Provided comprehensive psychological assessments for youth with a range of internalizing and externalizing problems. Assessments integrated cognitive, personality, behavioral, symptom and projective assessments. Wrote assessment reports under the supervision of a registered psychologist.*
- 2010 – 2013                    **Psychology Practicum Student**  
Dialectical Behavior Therapy Centre of Vancouver  
*Provided individual DBT to 10 clients with borderline personality disorder and co-occurring disorders. Co-led weekly DBT Skills Group for adult clients and Multifamily Skills Group for adolescent clients and their parents.*
- 2009 – 2013                    **Diagnostic Assessor**  
Personality and Emotion Research Lab.  
*Conducted over 100 diagnostic interviews for research participants using the Structured Clinical Interview for the DSM-IV (SCID-I and SCID-II) and/or the Diagnostic Interview for Personality Disorders (DIPD).*
- 2009 – 2013                    **Psychology Practicum Student**  
Royal Columbian Hospital Inpatient Psychiatric Unit  
*Observed and conducted psychodiagnostic assessments for psychiatric inpatients, with an emphasis on assessing psychotic disorders. Co-led behavioral activation groups.*
- 2008 – 2014                    **Student Therapist**  
Clinical Psychology Centre, Simon Fraser University  
*Provided individual and couples therapy to adults clients.*
- 2008 – 2014                    **Intake Worker**  
Clinical Psychology Centre, Simon Fraser University  
*Provided clinical and administrative support to student therapists, and conducted intake interviews.*

## Clinical Supervision Positions

- 2014 **Clinical Psychology Practicum Student Peer Supervisor**  
Inpatient Psychiatry Unit, University of Washington Medical Center  
*Provided one hour per week of direct peer supervision of individual and group therapy to two PhD students. 'Supervision of supervision' provided by licensed psychologist.*
- 2011 – 2014 **Clinical Psychology Practicum Student Peer Supervisor**  
Maples Adolescent Treatment Center  
*Provided direct peer supervision of three PhD students on adolescent cognitive and personality assessment and report writing.*
- 2012 – 2014 **Diagnostic Assessment Team Leader**  
Personality and Emotion Research Lab  
*Provided direct peer supervision of graduate and undergraduate students in delivering semi-structured diagnostic interviews for research participants.*

## Clinical Teaching

- 2015 **Psychiatry Resident (PGY-4) Didactic Presentation**  
University of Washington Medical Center  
*Integrating Acceptance and Change in Psychotherapy*
- 2014 **Psychiatry Grand Rounds Presentation**  
Royal Columbian Hospital  
*Dialectical Behavior Therapy: Updates on Implementation in Varied Mental Health Settings*
- 2010 **Psychology Staff In-Service Presentation**  
Maples Adolescent Treatment Center  
*Non-suicidal self-injury in Youth*

## Clinical Training and Workshops

- 2015 **Collaborative Assessment and Management of Suicide (CAMS)**  
University of Washington Medical Center, 2 day workshop  
*Trainers: Katherine Comtois, PhD, & Jeffrey Sung, MD*
- 2015 **Fundamentals of Hypnosis**  
University of Washington Medical Center, 10 week course  
*Trainer: Barbara McCann, PhD*
- 2013 **Helping the Non-Compliant Child: Family-based Treatment for Oppositional Behavior**  
Simon Fraser University, 1 day workshop  
*Trainer: Robert J. McMahon, PhD*
- 2012 **Dialectical Behavior Therapy**  
DBT Center of Vancouver, 36-week intensive course  
*Trainers: Alexander Chapman, PhD, & John Wagner, PhD*
- 2011 **Introduction to Acceptance and Commitment Therapy**  
ACBS Clinical Pre-conference, 2 day workshop  
*Trainers: Sonja Batten, PhD, & Martin Brock, MSc*

- 2011                    **Emotion Dysregulation in Couples Therapy: An Integrative Approach**  
Simon Fraser University, 1 day workshop  
*Trainer:* Douglas Snyder, PhD
- 2011                    **Rebuilding Intimacy After the Affair**  
Simon Fraser University, 1 day workshop  
*Trainer:* Douglas Snyder, PhD
- 2009                    **Introduction to Dialectical Behavior Therapy**  
Fraser Health Authority, 2 days workshop  
*Trainer:* Alexander Chapman, PhD
- 2008                    **Motivational Interviewing Level II**  
Northern Family Society, 2 days workshop  
*Trainer:* Rob Axsen, BA

## Academic Service

### DEPARTMENTAL SERVICE

- 2014 – 2015            **Internship Professional Development Committee**  
University of Washington Medical Center
- 2014 – 2015            **Diversity Advancement Committee**  
University of Washington Medical Center
- 2012 – 2013            **Graduate Student Caucus Co-Chair**  
Simon Fraser University, Department of Psychology
- 2011 – 2012            **Graduate Student Departmental Representative (Clinical)**  
Simon Fraser University, Department of Psychology
- 2010 – 2011            **Graduate Student Society Representative**  
Simon Fraser University, Department of Psychology

### PROFESSIONAL SERVICE

- 2012 – Present        **Research Facilitation Committee**  
Association for Behavioral and Cognitive Therapies
- 2011 – 2013            **Graduate Student Representative**  
International Society for the Study of Self-injury
- 2010 – 2012            **Co-Secretary, Suicide and Self-injury Special Interest Group**  
Association for Behavioral and Cognitive Therapies

**Ad Hoc Journal Reviewer:** Archives of Suicide Research; Assessment; Australian Journal of Psychology; Child Abuse and Neglect; Child and Adolescent Psychiatry and Mental Health; Clinical Psychology Review; Family Science; Journal of Child and Family Studies; PLoS One; Psychiatry Research; Suicide and Life-Threatening Behavior

**Ad Hoc Co-reviewer:** Behavior Therapy; Europe's Journal of Psychology; Journal of Abnormal Psychology; Journal of Behavior Therapy and Experimental Psychiatry; Journal of Personality Disorders; Journal of Youth and Adolescence; Psychological Assessment

## **Affiliations/Memberships**

2014 – Present	Association for Psychological Science
2013 – Present	American Association for Suicidology
2009 – Present	ABCT Suicide and Self-injury Special Interest Group
2009 – Present	International Society for the Study of Self-injury
2006 – Present	Association for Behavioral and Cognitive Therapies (ABCT)