

PETER J. FRANZ, M.A.

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EDUCATION

- 2017-Present **Harvard University**, Graduate School of Arts & Sciences, Cambridge, MA
Ph.D. candidate in Clinical Psychology (anticipated 2021)
Advisor: Matthew Nock, Ph.D.
Dissertation Title: *Examining the role of negative affect in the decision to self-injure*
Committee: Matthew Nock, Ph.D., Leah Somerville, Ph.D., & Joshua Buckholtz, Ph.D.
- 2015-2017 **Harvard University**, Graduate School of Arts & Sciences, Cambridge, MA
Master of Arts in Psychology
Thesis title: *The role of emotion reactivity in the intergenerational transmission of suicide risk*
Committee: Matthew Nock, Ph.D., & Leah Somerville, Ph.D.
- 2011-2012 **Harvard University**, Extension School, Cambridge, MA
Post-Baccalaureate Coursework in Psychology
- 2006-2010 **Cornell University**, School of Industrial and Labor Relations, Ithaca, NY
Bachelor of Science, Industrial and Labor Relations

TEACHING AND ADVISING EXPERIENCE

- 2019-2020 **Harvard University**, Cambridge, MA
Undergraduate Thesis Advisor
- Ellen Wittler: *Linguistic distinctions in individuals who engage in self-harming behaviors.*
 - Hannah Babcock: *Do daily shifts in perceived self-control predict binge episodes?*
- 2018-2019 **Harvard University**, Cambridge, MA
Statistics and Methods Advisor – Psychology Department Undergraduate Honors Thesis Program
- 2018-2019 **Tufts University**, Medford, MA
Undergraduate Thesis Advisor
- Brianna Pastro: *Disclosure of NSSI: The role of functionality, stigma, & help-seeking.*
- 2018-2019 **Harvard University**, Cambridge, MA
Undergraduate Thesis Advisor
- Eun Jae Kim: *Electrodermal reactivity and distress tolerance in adults with a history of non-suicidal self-injury (NSSI).*
- 2018 **Harvard University**, Cambridge, MA
Teaching Fellow – Developmental Psychopathology, Faculty of Arts and Sciences
Teaching Fellow – Research Methods, Faculty of Arts and Sciences

- 2016-Present **Harvard University**, Cambridge, MA
 Nock Lab Research Assistant Supervisor
 Advisees: James Heuttig, Pearl Boma, Eun Jae Kim, Brianna Pastro, Ellen Wittler, Hannah Babcock, Juliana Holcomb, Emma Atwood, Diego Arias, Marina Wilson
- 2012-2013 **Harvard University**, Cambridge, MA
 Teaching Fellow – Introduction to Statistics, Harvard Extension School

RESEARCH SUPPORT

- 2019-2020 **Harvard University Dissertation Completion Fellowship**
 Principal Investigator – Examining the links between negative affect, impulsivity and non-suicidal self-injury.
 Amount Awarded: \$36,948
- 2019-2021 **Harvard University Foundation of Human Behavior Initiative**
 Principal Investigator – The role of cognitive effort in regulatory decision making.
 Amount Awarded: \$4,850
- 2018-2019 **Knox Research Fund, Harvard University**
 Principal Investigator – The role of consequences in the choice to self-injure.
 Amount Awarded: \$3,400
- 2018-2020 **Harvard University Foundation of Human Behavior Initiative**
 Co-Investigator – Evaluating the convergent and ecological validity of non-suicidal self-injury paradigms.
 Amount Awarded: \$4,730
- 2017-2018 **Sackler Scholar Programme in Psychobiology**
 Principal Investigator – Psychophysiological mechanisms of pain offset relief.
 Amount Awarded: \$20,000
- 2017-2018 **Gordon W. Allport Memorial Research Fund, Harvard University**
 Principal Investigator – Pain offset reinforcement of self-injurious behavior.
 Amount Awarded: \$3,480
- 2017-2019 **Harvard University Foundation of Human Behavior Initiative**
 Co-Investigator – Using Wearable Physiological Monitors to Detect Distress Associated with Suicidal Ideation.
 Amount Awarded: \$4,916
- 2016-2017 **Harvard University Stimson Fund**
 Principal Investigator – Psychological distance and cognitive coping style among adolescent users of an online mental health forum.
 Amount Awarded: \$1,000

PEER-REVIEWED PUBLICATIONS

- Martin, R. E., Silvers, J. A., Hardi, F., Stephano, T., Helion, C., Insel, C., **Franz, P.**, Ninova, E., Lander, J., Mischel, W., & Casey, B. J. (2019). Longitudinal changes in brain structures related to appetitive reactivity and regulation across development. *Developmental Cognitive Neuroscience*. Advanced online publication.
- Franz, P.**, Nook, E., Mair, P., & Nock, M. (2019). Using topic modeling to detect and describe self-injurious and related content on a large-scale digital platform. *Suicide and Life Threatening Behaviors*. Advanced online publication.
- Kleiman, E., Coppersmith, D., Millner, A., **Franz, P.**, Fox, K., & Nock, M. (2018). Are suicidal thoughts reinforcing? A preliminary real-time monitoring study on the affect regulation function of suicidal thinking. *Journal of Affective Disorders*, 232, 122-126.
- Martin, R.E., Villanueva, Y., Stephano, T., **Franz, P.**, Ochsner, K. (2018). Social influence shifts valuation of appetitive cues in early adolescence and adulthood. *Journal of Experimental Psychology: General*. 147(10), 1521-1530.
- Whitlock, J., Baetens, I., Lloyd-Richardson, E., Hasking, P., Hamza, C, Lewis, S., **Franz, P.**, & Robinson, K. (2018). Helping schools support parents of youth who self-injure: Considerations and recommendations. *School psychology international*, 39(3), 312-328.
- Cha, C., **Franz, P.**, Guzman, E., Glenn, C., Kleiman, E., & Nock, M. (2018). Annual Research Review: Suicide among youth – epidemiology (potential), etiology, and treatment. *Journal of child psychology and psychiatry*. 59(4), 460-482.
- Silvers, J.A., Insel, C., Powers, A., **Franz, P.**, Helion, C., Martin, R.E., Weber, J., Casey, B.J., Mischel, W., & Ochsner, K.N. (2017). The transition from childhood to adolescence is marked by a general decrease in amygdala reactivity and an affect-specific ventral-to-dorsal shift in medial prefrontal recruitment. *Developmental Cognitive Neuroscience*, 25, 128-137.
- Silvers, J.A., Insel, C., Powers, A., **Franz, P.**, Helion, C., Martin, R.E., Weber, J., Casey, B.J., Mischel, W., & Ochsner, K.N. (2016). vIPFC-vmPFC-amygdala interactions underlie age-related differences in cognitive regulation of emotion. *Cerebral Cortex*, 27(7), 1-13.
- Silvers, J.A., Insel, C., Powers, A., **Franz, P.**, Weber, J., Casey, B.J., Mischel, W., & Ochsner, K.N. (2014). Curbing craving: Behavioral and brain evidence that children regulate craving when instructed to do so but have higher baseline craving than adults. *Psychological Science*. 25(10), 1932-1941.

MANUSCRIPTS IN PREPARATION

- Weinstein, E., Kleiman, E. **Franz, P.**, Nash, C., Buonopane, R., Joyce, V. & Nock, M. (*in prep.*). Digital technology use among suicidal adolescent inpatients: A qualitative study of risks and opportunities.
- Franz, P.**, Buckholtz, J., Millner, A., & Nock, M. (*in prep.*). Cognitive effort and delay influence choices about relief.
- Franz, P.**, Somerville, L., Prinstein, M., & Nock, M. (*in prep.*). The intergenerational transmission of emotional reactivity and inhibitory control in youth self-injury risk.
- Franz, P.**, Kleiman, E., & Nock, M. (*in prep.*). Reappraisal and Suppression differentially impact the relationship between stressful events and suicidal thinking in daily life.

BOOK CHAPTER

- Franz, P.**, Kleiman, E., & Nock, M. (2019). Why do people hurt themselves: self-harm as a means to attain positive emotion. In: Gruber, J. (Ed.). *Positive Emotion and Psychopathology*. New York, NY: Oxford University Press.

ORAL PRESENTATIONS

- Mou, D., **Franz, P.**, & Nock, M. (2019). Can user-generated materials on social media influence suicidal thoughts and behaviors? *McLean Hospital Technology in Psychiatry Summit*, Belmont, MA.
- Franz, P. (2018). Teens in trouble: suicide and self-harm risk during adolescence. Presentation to Harvard University course: Developmental Psychopathology.
- Franz, P.**, Somerville, L., Prinstein, M., & Nock, M. (2018). The intergenerational transmission of emotional reactivity and inhibitory control in youth suicidal ideation. "Flash Talk" *Society for Affective Science*, Los Angeles, CA.
- Franz, P.**, Fox, K., & Nook, E. (2017). Understanding suicide risk: how language, emotion, and pain influence self-harm. *Beacon Hill Seminar Series*, Boston, MA.
- Franz, P.**, Nook, E., Dinakar, K., & Nock, M. (2016). Psychological distance and cognitive coping style among adolescent users of an online mental health forum. Suicide & Self-Injury Special Interest Group "Data Blitz," *Association for Behavioral and Cognitive Therapies Annual Convention*, New York, NY.
- Franz, P.**, Fox, K., & Nook, E. (2016). Understanding suicide risk: how language, emotion, and pain influence self-harm. *Harvard University Science in the News Fall Lecture Series*, Boston, MA.
- Franz, P.**, Silvers, J., Insel, C., Powers, A., Dolan, T., Pedersen, G., Dellarco, D., Weber, J., Mischel, W., Casey, B.J., Ochsner, K. (2014). Neural Correlates of Cognitive Emotion Regulation and Core Competencies in Youth. *Flux Congress*, Hollywood, CA.

CONFERENCE POSTERS

- Franz, P.**, Kleiman, E., & Nock, M. (2019). Required cognitive effort impacts choices about affective relief. *Society for Affective Science*, Boston, MA.
- Franz, P.**, Somerville, L., Prinstein, M., & Nock, M.K. (2018). The intergenerational transmission of emotional reactivity and Inhibitory Control in youth suicidal ideation. *Society for Affective Science*, Los Angeles, CA.
- Franz, P.**, Somerville, L., Prinstein, M., & Nock, M. (2017). Examining an intergenerational marker for suicidal ideation in adolescents. *Society for Research in Psychopathology annual conference*, Denver, CO.
- Franz, P.**, Nook, E., Dinakar, K., & Nock, M. (2016). Psychological distance and rumination differ between adolescents discussing suicide and depression online. *Society for Research in Psychopathology annual conference*, Baltimore, MD.
- Franz, P.**, Nook, E., Dinakar, K., & Nock, M. (2016). Psychological distance and cognitive coping style among adolescent users of an online mental health forum. *Flux Congress*, St. Louis, MO.
- Franz, P.**, Silvers, J.A., Ninova, E., Shah, I., Insel, C., Powers, A., Mischel, W., Casey, B.J., Ochsner, K.N. (2015). Family Income predicts natural emotional responding. *Social Affective Neuroscience Society Annual Conference*, Boston, MA.
- Franz, P.**, Silvers, J.A., Insel, C., Powers, A., Mischel, W., Casey, B.J., Ochsner, K.N. (2014) Socioeconomic status predicts the neural bases of cognitive regulation of emotion. *Society for Neuroscience Annual Conference*, Washington, DC.
- Franz, P.**, Martin, R., Villanueva, Y., Ochsner, K. (2014). The effect of social influence on emotional reactivity. *Cognitive Neuroscience Society Annual Conference*, Boston, MA.
- Franz, P.**, Silvers, J.A., Insel, C., Powers, A., Ninova, E., Shah, I., Mischel, W., Casey, B.J., Ochsner, K.N. (2014). Family Income predicts differential neural activation during uninstructed emotional responding to social stimuli. *Social Affective Neuroscience Society Annual Meeting*, Boston, MA.

CLINICAL TRAINING

- 2019-present **Child Outpatient Psychiatry Department**, Montefiore Medical Center, The Bronx, NY
Supervisors: Melissa Dackis, Ph.D., Sandra Pimentel, Ph.D., Michelle Lupkin, Ph.D., Jenny Seham, Ph.D., & Courtney Santucci, Ph.D.
- 2018-2019 **Women's Trauma Recovery Team**, Veteran's Affairs Healthcare, Boston, MA
Supervisors: Karen Mitchell, Ph.D., & Sara Danitz, Ph.D.
- 2017-2018 **3East Outpatient Clinic**, McLean Hospital, Cambridge, MA
Supervisors: Alison Yaeger, Psy.D., & Maggie Gorraiz, Ph.D.
- 2016-2017 **Obsessive-Compulsive Disorder Institute**, McLean Hospital, Belmont, MA
Supervisors: Jason Krompinger, Ph.D., & Nathaniel Van Kirk, Ph.D.
- 2016 **Cambridge Health Alliance**, Cambridge, MA
Supervisors: Adam Conklin, Ph.D., & Chris Pagano, Ph.D.

CONSULTING

- 2019-Present **RallyPoint**, Waltham, MA
 RallyPoint Fellow – developing machine learning approaches for suicide risk identification and intervention on a large-scale (>700,000 users) US Military social media app.
- 2019-Present **The Mighty**, Waltham, MA
 Research Collaborator – implementing randomized controlled trial of a suicide intervention on a digital mental health support network.

HONORS/AWARDS

- 2018 Harvard University Distinction in Teaching Award
- 2017 International Consortium on Self-Injury in Educational Settings Graduate Student Representative.
- 2015 Sackler Institute for Developmental Neurobiology Summer Institute Participant, Weill Medical College, New York, NY

PREVIOUS RESEARCH EXPERIENCE

- 2013-2015 **Columbia University**, New York, NY
 Lab Manager – Social, Cognitive, & Affective Neuroscience Lab, P.I. Kevin Ochsner, Ph.D.
- 2011-2013 **Children's Hospital Boston**, Boston, MA
 Research Assistant – Stress and Development Lab, P.I. Kate McLaughlin, Ph.D.
 Research Assistant – Lab of Cognitive Neuroscience, P.I. Margaret Sheridan, Ph.D.

OTHER WORK EXPERIENCE

- 2010-2011 **Grey Advertising**, New York, NY
Assistant Account Executive – 3M Account
- 2010 **Waterman Conservation Education Camp**, Apalachin, NY
Naturalist and Camp Educator

COMMUNITY OUTREACH

- 2016 **New Graduate Student Orientation**, Harvard University, Cambridge, MA
Orientation Leader
- 2016 **Brain Basics Program**, Galvin Middle School, Wakefield, MA
Classroom Instructor, 7th Grade
- 2011-2012 **Cambridge Youth Soccer Association**, Cambridge, MA
Head Coach, Boys Under-14 Division
- 2004-Present **Owego Volunteer Fire Department**, Owego, NY
Member, Hose Company #3

PROFESSIONAL AFFILIATIONS (CURRENT AND FORMER)

- Association of Behavioral and Cognitive Therapies
Cognitive Neuroscience Society
Flux Congress
Social Affective Neuroscience Society
Society for Neuroscience
Society for Research in Psychopathology
Society for Affective Neuroscience