

**LaTashia Nicole Raymond**  
(919) 520-7490  
[LaTashia\\_Raymond@williamjames.edu](mailto:LaTashia_Raymond@williamjames.edu)  
[LaTashia\\_Raymond@fas.harvard.edu](mailto:LaTashia_Raymond@fas.harvard.edu)

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## Education

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<b>William James College</b> Doctoral Student in Clinical Psychology (Psy.D.); APA Accredited Program (expected graduation June 2023)	Newton, MA
<b>William James College</b> Master of Arts in Professional Psychology	Newton, MA Awarded 2020
<b>Keller Graduate</b> Masters of Arts in Human Resource Management	Cary, NC Awarded 2012
<b>DeVry University</b> Bachelors of Science in Human Resource Management	Cary, NC Awarded 2010

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## Clinical Training Experience

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<b>Clinical Practicum - Year Two/Testing Administrator</b> Psychological Associates of Warwick, RI <i>Supervisors: Dr. Andrea Lavigne, Ph.D., ABA; Dr. Kate Roarr, PsyD</i>	August 2019 – June 2020
<ul style="list-style-type: none"><li>• <u>Population(s) served:</u> children, adolescents, and adult patients from diverse cultural backgrounds in a private practice office setting.</li><li>• Conducted comprehensive psychological clinical interviews and assessments to assess intelligence, attention/executive skills, memory, visual-motor integration, language processing, non-verbal functioning, social perception, and emotional/behavioral functioning in school, home, or work environments.</li><li>• Administered, scored, and interpreted cognitive, and neuropsychological instruments.</li><li>• Increased independent report writing and administration skills.</li><li>• Attended client feedback sessions</li></ul>	
<b>Clinical Practicum – Year One</b> Doc Wayne Youth Services, Boston MA <i>Supervisors: Jonathan Baum, LICSW; Francis Carradine, LICSW; Megan Willette, LICSW</i>	August 2018-June 2019
<ul style="list-style-type: none"><li>• <u>Population(s) served:</u> children and adolescents (ages 5-18) in the Boston public school setting seeking emotional and behavioral support to cope with mental, emotional, and physical hardships.</li><li>• Facilitated sports-based group therapy and psycho-educational groups for more than 80 at-risk youth using CBT and DBT to help with side effects from diagnoses such as ADHD, PTSD, ODD, anxiety and depressive disorders, etc.</li><li>• Conducted psychosocial assessments and intakes.</li><li>• Maintained clinical records and complete Child and Adolescents Needs and Strengths (CANS) assessments, individual assessment plans, comprehensive assessments, and progress notes.</li></ul>	

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## Professional Clinical/Military Experience

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### **EUCOM ARE, Sr. Enlisted Training Advisor**

October 2019 – Present

United States Army Reserves, Fort Devens, MA

- Level of expertise set me above my peers to be selected to create, develop and maintain training programs throughout the ARE. As the trusted adviser to the commander, I established and sustain a mentorship program ensuring junior Soldiers are prepared for Basic Leadership Course. I constructed a monthly training curriculum where Soldiers are required to teach mandatory training with appropriate training aids to ensure the ARE is prepared for its wartime mission. The cumulations of this training is a multiple-day field training exercise for Soldiers to demonstrate and be evaluated on their preparedness. As the William James College Veteran (WJC) Community Student Leader, I secured approval to open this training to WJC students in the Military and Veteran Psychology concentration as a required military immersion event.
- ❖ Master Sergeant with over 22 years of service in positions such as Drill Sergeant, Master Fitness Trainer, Master Resilience Trainer, Observer Controller Trainer, and Human Resources Sergeant.

### **Contracted Clinician**

September 2019- June 2020

Doc Wayne Youth Services, Boston MA

*Supervisors: Jonathan Baum, LICSW; Tory Kinnard, LICSW*

- Population served: 13-year-old male adolescent in the Boston public school setting seeking emotional and behavioral support to cope with mental, emotional, and physical hardships.
- Created a positive relationship with a client by offering structured, one-to-one, strength-based support services to support specific goals on the child's behavioral treatment plan such as developing social skills, conflict resolution, interpersonal skills, and problem-solving strategies.
- Coached, supported, and trained the client in age-appropriate behaviors to ensure the youth's success in navigating various social contexts, learning new skills, and making functional progress.
- Worked closely in collaboration with the child's family, school, and clinical team to achieve specific skill-building goals.

### **EUCOM ARE J5 NCOIC**

October 2018 – October 2019

United States Army Reserves, Fort Devens, MA

- Refined and exercised primary military/political policy and planning for command activities involving relations with other U.S. combatant commands, allied, and international military organizations, as well as subordinate commands.

### **Victim Advocate & Domestic Violence Shelter Advocate**

March 2016-Present

Health Imperatives, Brockton, MA

- Provide confidential crisis intervention/counseling, client-centered advocacy, and emotional support to all victims of sexual assault, family members, and friends during the Emergency Department visit.
- Offer information about resources and referrals for both immediate and long-term patients' needs such as safety, availability, and need for temporary shelter, transportation, and clothing.
- Provide free information and assistance for direct follow-up support for the survivor at the rape crisis center regarding 1) confidential counseling and support groups, 2) accompaniment during court proceedings and 3) assistance with the victim compensation process.
- Ensure the safety and comfort of all shelter families by addressing any emergencies that arise and being available to de-escalate, comfort, and support clients who may have trauma reactions.
- Respond to all hotline calls and identify clients in imminent danger to intake into the shelter. Successfully walk victims fleeing abuse through the intake protocol and enter them into the shelter while offering support and stability in the immediate aftermath of the trauma.

- Developed and implemented a Domestic Violence Support Group for shelter residents. This program was created to ensure that survivors of domestic violence have the necessary tools to ensure their success after leaving our facility. Participants meet weekly in a group setting to learn about: the cycle of violence, safety planning, support systems, self-care, healthy boundaries, parenting, how to set (and accomplish) attainable goals, financial literacy, effective communication, etc. Residents participate in a weekly individual check-in where we discuss individual goals, needs, services, etc.

### **Equal Employment Opportunity Specialist**

September 2016-July 2018

Department of Veteran Affairs, Boston, MA

- Provided advice on the broad range of EEO and affirmative employment issues impacting the facility.
- Drafted the facility's Federal Equal Opportunity Recruitment Program Disabled Veterans Affirmative Action Plan.
- Collaborated with Human Resources to identify and eliminate systematic barriers to equal employment and the recruitment and employment of targeted groups.
- Developed and presented training programs.

### **Human Resource Specialist**

August 2015 – September 2016

Department of Veteran Affairs, Brockton, MA

- Provided HR support for the Human Resource (HR) Officer and Assistant HR Officer.
- Screened applications to determine if they meet minimum requirements for initial entry; applying specified factors to place applicants in the rank of order on a register.
- Managed the Education Debt Reduction (EDRP) and Student Loan Repayment Program (SLRP) for Boston Healthcare and VISN 1 (MA, ME, NH, VT, RI, CT).
- ❖ **Lean Sigma Six** - Lean Six Sigma concentrates on improving flow to meet customer requirements in the least amount of time by eliminating eight kinds of waste: Defects, Over-Production, Waiting, Non-Utilized Talent, Transportation, Inventory, Motion, and Extra-Processing.

### **Equal Opportunity Advisor**

March 2015 – September 2018

United States Army Reserves, Ft. Jackson, SC

- Formulated, developed, and implemented equal opportunity programs, plans, policies, and procedures to promote equal opportunity for a geographically dispersed population of approximately 1655 soldiers and civilians.
- ❖ Certified Department of Defense Mediator.

### **Victim Advocate**

October 2012 – February 2015

United States Army Reserves, Cary, NC

- Provided comprehensive advocacy services to survivors of sexual assault and sexual harassment.
- Conducted assessments with clients to evaluate needs and risks and referred to appropriate services.
- Ensured victims of sexual assault receive all needed guidance and emotional support during administrative, medical, investigative, and legal procedures.
- Accompanied survivors and provided support in securing medical treatment, safe shelter, protective orders, court hearings, education, transportation, financial services, and provided follow-up assistance.

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## **Research Experience**

### **Graduate Clinician/Consultant**

September 2020 – Present

Massachusetts Department of Mental Health, Boston, MA

*Supervisor: Dr. Kathy Sanders, M.D.*

- Research and evaluate how mental health policies are created and enforced with a focus on streamlining the process(es) utilizing Lean Sigma Six.

**Research Affiliate**

June 2020 – Present

Harvard University (Nock Lab), Cambridge, MA

*Supervisors: Dr. Matthew Nock, Ph.D.; Dr. Kelly Zuromski, Ph.D.*

- Assist with research on preventing suicide among US servicemembers and Veterans.
- Assist principal investigator with summarization, analysis, and organization of data for publication; assist with the preparation of grant applications; keeps abreast of current publications relative to methods, techniques, and developments within the area of research; will assist, teach, and supervise the training of junior research personnel.

**Research Assistant**

February 2019 – June 2020

William James College, Newton, MA - Office of Research

*Supervisor: Dr. Sonia Suri, Ph.D.*

- Provided research and evaluation support to the Director of Program Development, Monitoring, and Evaluation, on an investigative team of 12. Ongoing projects involved academic, governmental, and non-profit agencies evaluated through data management, analysis, conceptual support, executive summaries, and report production.
- Supported grant writing with needs assessments, literature reviews, logic models, evaluation plans, and report summaries.
- Assisted on program evaluation projects including but not limited to:
  1. Department of Veteran's Services (Grant #CT VET 1000 4-MSPPHOM) – Grant funds support, outreach, training, and recruitment efforts targeting careers in mental health for veterans. Additionally, funds supported program development and training of civilian providers who serve veterans in their clinical work.
  2. Juvenile Court Clinics of Norfolk and Suffolk County – This project provides court-ordered evaluations in care and protection, a child requiring assistance, and delinquency cases.
  3. Time 2 Track – This complex monthly report monitors the clinical hours entered by WJC students from the sites they are serving as part of their experiential learning. Individual reports were generated for degree programs, cohorts, and areas of emphasis.

**Clinical Research Protocol Coordinator**

November 2014 – July 2015

Dwight D. Eisenhower Army Medical Center's Department of Clinical Investigation, Ft Gordon, GA

- Provided administrative and technical support for the Scientific Review Committee (SRC), Institutional Animal Care and Use Committee (IACUC), and Department of Clinical Investigation (DCI).
- Managed and coordinated actions supporting animal and benchtop laboratory research protocols.
- Reviewed draft protocols to ensure investigator compliance with federal and Army regulations.
- Managed and coordinated the publication clearance process.
- Entered and validated data in the electronic research management database.
- Prepared correspondence for Institutional Official's approval and signature.

**Million Veteran Programs – (Volunteer)**

June 2014-August 2014

DORN VA Medical Center, Columbia, SC

- Ensured that all Veterans who participated in studies on military-related diseases were well informed of their rights. The goal of MVP is to partner with Veterans receiving their care in the VA Healthcare System to study how genes affect health. To do this, MVP built one of the world's largest medical databases by safely collecting blood samples and health information from one million Veteran volunteers.

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## Leadership Activities

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**Latino Mental Health Mentor**

January 2021 - Present

William James College

*Supervisor: Dr. Mari Carmen Bennisar*

- Help students interpret program guidelines and William James's policies and procedures.
- Clarify unwritten or vague aspects of program expectations for coursework, exams, and research.
- Teach students how to break down potentially overwhelming projects into manageable tasks.

**Center for Deployment Psychology Summer Institute**

June 2020

Uniformed Service University, Bethesda, MD

- An intensive program designed to strengthen trainees' backgrounds in military behavioral health as they gain first-hand knowledge of military culture, the work of psychologists serving in uniform, and evidence-based strategies to treat active-duty service members and their families. Through didactics, experiential exercises, and panel/group discussions led by CDP faculty and experts in the field, participants gained first-hand knowledge about:
  - Types of clinical and assessment opportunities for military psychologists (i.e. PTSD, TBI, sleep-related problems).
  - Deployment cycle stress, family challenges, and clinical problems experienced by military members.
  - Ethical dilemmas faced by providers working with military patients.
  - Cognitive-behavioral treatments used at military regarding assessment and crisis intervention for suicide.

**Military & Veteran Community Student Coordinator**

February 2019 – June 2020

William James College, Newton, MA

*Supervisors: Dr. Robert Dingman, Ed.D.; Dr. Sonia Suri, Ph.D.*

- Ensured training for students to become effective clinicians while working with veteran populations; therefore, providing culturally competent mental health services to veterans and their families.
- Designed William James College's (WJC) first military immersion event. This event would have provided WJC students and faculty the opportunity to learn and engage in several military events – military fitness test, land navigation, firing various weapons systems, team-building/obstacle courses, repelling, mount training (clearing rooms), convoys, foot march, etc. The purpose of this immersion was to allow students to experience events that their future clients have experienced. The goal was to provide a narrative when working with clients to help establish rapport with our nation's military populations. This event is pending due to COVID-19.
- Hosted and attend outreach initiatives to veterans to consider careers in mental health.
- Provided a supportive community for student veterans, family and friends of military personnel, and for those interested in working with veterans and military families.
- Mentored incoming veteran students to support integration into the school and community.

**William James College Interview Day - Student Representative**

January 2019-May 2019

- Interviewed and completed paperwork required for prospective doctoral students.

**APA Campus Ambassador**

October 2018 – May 2019

- Served as a bridge between APA and campus peers — shared key information, new tools, and resources to help educate students on the value of becoming an APA student affiliate and part of the APA community.

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## Professional Development/Conferences

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Cognitive Behavioral Therapy for Suicide Prevention

December 2020

Suicide Prevention Research Methods for Early Career Researchers	October 2020
Doctoral Student & Trainee Certificate of Clinical Excellence in Clinical Suicidology	October 2020
Cognitive Behavioral Therapy for Insomnia	July 2020
Mastering Differential Diagnosis with the DSM5: A Symptom-Based Approach	May 2020
Serving Our Veterans Certificate -Center for Deployment Psychology	May 2020
Master Clinician Series: The Adverse Childhood Experiences Study	March 2020
Trauma Conference: The Body Keeps Score -Trauma Healing	January 2020
Improving Psychological Assessment Report Writing	January 2020
Dialectical Behavior Therapy (DBT) Certificate Course	December 2019
MA Domestic Violence/Sexual Assault Training for Behavioral Health Professionals	December 2019
Effective Clinical Interventions Related to Suicide, Substance Abuse, Violence & More	December 2019
Adult ADHD: Interventions to Improve Functioning & Bring Order to the Disorganized Mind	November 2019
CBT Techniques for Treating Anxiety, Depression, Trauma, and Family-Based Turmoil	November 2019
Applications of the Polyvagal Theory: Trauma, Attachment, Self-Regulation & Emotions	October 2019
2019 APA Conference	August 2019
APA Emerging Leaders in Psychology Academy	June 2019
Multicultural Awareness & Diversity: Advancing Client Rapport & Cultural Competence	June 2019
ODD Children & Adolescents: Non-medication Approaches to the Most Challenging Behaviors	June 2019
2019 ACHE Congress	March 2019
30 <sup>th</sup> Annual International Trauma Conference	May 2019
Differential Diagnosis Challenges: Trauma, Self-Injury, Impulsivity & Complex Behaviors	May 2019
Introduction to Victimology	April 2019
Certified Clinical Trauma Professional	March 2019
Massachusetts Psychological Association Conference	October 2018
Mastering DSM-5 Differential Diagnosis & Mental Health Documentation	September 2018
Equal Employment Opportunity Commission EXCEL Conference	June 2017

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### Affiliations

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Massachusetts Psychological Association Graduate Students	July 2020 - Present
American Association of Suicidology	June 2020 – Present
American Board of Professional Psychology (ABPP), Student Affiliate	September 2019 – Present
Massachusetts Psychological Association (MPA), Student Affiliate	September 2018 – Present
American College of Healthcare Executives (ACHE)	April 2017 – Present
American Psychological Association (APA), Student Affiliate	December 2015 – Present
Division 19, Society for Military Psychology, Student Affiliate	December 2015 – Present
Division 45, Society for the Psychological Study of Culture, Ethnicity and Race	December 2015 – Present
Division 56, Trauma Psychology, Student Affiliate	December 2015 – Present
Division 35, Society for the Psychology of Women, Student Affiliate	December 2015 – Present
Division 40, Society for Clinical Neuropsychology, Student Affiliate	December 2015 – Present

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### Awards

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Outstanding Professional Development Portfolio Award – William James College	May 2019
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### Languages

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Some proficiency in Spanish