

CURRICULUM VITAE
CHARLENE A. DEMING

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EDUCATION

- Doctor of Philosophy **Harvard University, Cambridge, MA**
2014 - Present Clinical Psychology || (GPA: 3.95/4.0)
Dissertation: Understanding the Roles of Psychological Pain and Social Communication in Self-Injury Through: Qualitative Interview, Behavioral Assessment, and Social Media Intervention
- Master of Arts **Harvard University, Cambridge, MA**
2012 - 2014 Clinical Psychology || (GPA: 3.92/4.0)
Master's Thesis: Psychological Pain and Time Perception in Suicide
- Master of Education **Harvard Graduate School of Education, Cambridge, MA**
2008 - 2009 Risk and Prevention, Adjustment Counseling || (GPA: 3.96/4.0)
Master's Project: Health and Wellness Intervention
- Bachelor of Science **College of William and Mary, Williamsburg, VA**
2005 - 2008 Summa Cum Laude || Major: Psychology || (GPA: 3.81/4.0)
Honor's Thesis: Does Metacognitive Training Improve Social Cognition Among Schizophrenic Patients?
- 2004 - 2005 **University of Mary Washington, Fredericksburg, VA** (GPA: 3.84/4.0)

HONORS AND AWARDS

- 2016 Dissertation Completion Fellowship, Harvard University
- 2015 & 2016 Excellence and Distinction in Teaching Award, Bok Center, Harvard University
- 2014 Knox Fund Award, Harvard University
- 2013 Allport Fund Award, Harvard University
- 2012 & 2013 Harvard GSAS Fellowship, Harvard University
- 2012 Stimson Fund Research Grant, Harvard University
- 2011 Dean's Distinction Award, Harvard University
- 2008 High Honors for Senior Thesis, College of William and Mary
- 2005 - 2008 Psi Chi Psychology Honor Society, College of William and Mary
- 2005 - 2008 Dean's Honor List, College of William and Mary
- 2005 Phi Beta Kappa Academic Honor Society, Alpha Chapter of Virginia
- 2004 - 2005 Dean's Honor List, University of Mary Washington

CLINICAL EXPERIENCE

- 2009 - Present **Laboratory of Dr. Matthew Nock, Harvard University, Cambridge, MA**
2009-2012: Lab Manager || 2012-Present: Clinical Psych Grad Student/Researcher
Perform risk assessments (400+) and create safety plans with suicidal adults and adolescents presenting with various disorders (e.g., depression, borderline personality disorder). Administer structured interviews to assess current diagnoses and experience with suicidal thoughts and behaviors. Train and supervise research assistants/other students in suicide risk assessments, safety planning, and structured interviews.
Supervisor: Matthew K. Nock, PhD

CLINICAL EXPERIENCE (CONT.)

- 2015 - 2016 **Geropsychology, VA Boston Healthcare System, Jamaica Plain & Brockton, MA**
Advanced Practicum Trainee
 Provided psychodiagnostic/cognitive assessment, individual therapy, caregiver support, behavioral medicine intervention, and behavior management planning for older adults (ages 65+ years) through Home-Based Primary Care (HBPC) and Community Living Center (CLC). HBPC: Worked with interdisciplinary primary care team to provide services to veterans in advanced stages of chronic disease at risk for recurrent hospitalization. CLC: Worked with short- and long-term patients in areas of palliative care, hospice care, and rehabilitation. Attended weekly *Geriatric Mental Health Seminar* and regular *Capacity /Geriatric Neuropsychology Rounds*.
Supervisors: Michelle Mlinac, PsyD, ABPP; Kate Hinrichs, PhD, ABPP; & Tara Afonso, PsyD
- 2014 - 2015 **Gunderson Residence, McLean Hospital, Cambridge, MA**
Skills Coach, Group Leader
 Provided Dialectical Behavior Therapy (DBT) skills coaching for women diagnosed with Borderline Personality Disorder (BPD). Led “Psychoeducation” group related to maladaptive behaviors (including suicide and self-harm) for women with BPD (~7-12 clients per group). Observed and assisted in additional groups for women with BPD including groups on: “Mindfulness,” “Interpersonal Effectiveness,” and “Patterns & Behaviors.” Observed and practiced DBT, Cognitive Behavior Therapy, and Mentalization-Based Treatment.
Supervisors: Karen L. Jacob, PhD & Lois W. Choi-Kain, MEd, MD
- 2013 - 2014 **Obsessive Compulsive Disorder Institute, McLean Hospital, Belmont, MA**
Exposure and Response Prevention Coach
 Worked as an Exposure and Response Prevention coach with 100+ residential patients presenting with severe OCD (ages 18+ years). Observed and assisted with individual and group therapy sessions focused on Mindfulness/Acceptance & Commitment Therapy.
Supervisors: Jason Elias, PhD & Nate Gruner, LICSW
- 2013 **Department of Psychiatry, Cambridge Health Alliance, Cambridge, MA**
Observational Practicum Student
 Participated in didactic seminars and attended case consultation meetings.
Supervisors: Kimberlyn Leary, PhD; Adam Conklin, PhD; & Diya Kallivayalil, PhD
- 2008 - 2009 **B.R.I.D.G.E. Program, David McHugh Alternative Middle School, Lowell, MA**
Adjustment Counselor Intern
 Provided counseling services to at-risk adolescents at an alternative middle school. Held weekly individual counseling sessions (with ~8 students) throughout the year and co-led two sections of weekly group counseling (with ~24 students). Performed informal “check-ins” as needed with 46 students to discuss and assess their emotional, mental, and physical well-being. Performed home visits when abuse or neglect was suspected.
Supervisors: Patricia H. Beckford, PsyD & Kevan Barton, LICSW
- 2007 - 2008 **Center for Sexual Assault Survivors, Newport News, VA**
Child Specialist Intern
 Provided emotional, informational, and instrumental support to survivors of sexual assault during initial hospital examinations through a Hospital Companionship program. Post hospital examination, provided assessment and treatment of child (ages 4-17 years) survivors of sexual assault. Designed and presented lectures to local school programs regarding age-appropriate knowledge about sexual assault prevention and education.
Supervisor: Ebony White, LICSW

CLINICAL EXPERIENCE (CONT.)

- 2006 **Patriots Colony, Williamsburg, VA**
Assistant in Dementia Unit
 Observed and documented cognitive dysfunction and memory loss in patients with dementia. Developed safe and trusting relationships with residents of the unit. Organized social activities and encouraged residents to participate.

HIGHLIGHTS OF CLINICAL TRAINING

- 2009 - Present **Suicide Risk Assessment and Safety Planning** (400+ administrations)
 Trainer: Matthew Nock, PhD, Clinical Science Laboratory, Harvard University, Cambridge MA
- 2016 **Dialectical Behavior Therapy for Post-Traumatic Stress Disorder** (16 hours)
 Trainer: Martin Bohus, MD, McLean Hospital Continuing Education, Waltham, MD
- 2016 **Family Therapy Training** (8 hours)
 Trainer: Liz Brenner, LICSW, Therapy Training Boston, Watertown, MA
- 2016 **Serious Illness Conversations Workshop** (4 hours)
 Trainer: Michelle Mlinac, PsyD, ABPP, VA Boston Healthcare System, Brockton, MA
- 2015 - 2016 **Behavior Management Planning** (4 individual patients)
 Trainers: Kate Hinrichs, PhD, ABPP & Tara Afonso, PsyD, Community Living Center, VA Boston Healthcare System, Brockton, MA
- 2015 - 2016 **Problem-Solving Therapy** (2 full administrations)
 Trainer: Michelle Mlinac, PsyD, ABPP, Home-Based Primary Care, VA Boston Healthcare System, Jamaica Plain, MA
- 2015 **Basic Mentalization Based Therapy Training** (24 hours)
 Trainers: Peter Fonagy, PhD & Anthony Bateman, MD, McLean Hospital Continuing Education, Waltham, MA
- 2015 **Structured Clinical Interview for DSM Disorders (SCID)** (45 hours)
 Trainer: Jill M. Hooley, DPhil, Harvard University, Cambridge, MA
- 2014 - 2015 **Dialectical Behavior Therapy** (Observed/Assisted/Led ~5 Groups || Coaching ~6 patients)
 Trainers: Karen L. Jacob, PhD; Lois W. Choi-Kain, MEd, MD; & John G. Gunderson, MD, Gunderson Residence of McLean Hospital, Cambridge, MA
- 2013 - 2014 **Exposure Response Prevention Coaching** (100+ individual patients)
 Trainers: Jason Elias, PhD & Nate Gruner, LICSW, McLean Hospital, Belmont, MA

PUBLISHED MANUSCRIPTS

- Cha, C. B., Glenn, J. J., **Deming, C. A.**, Hooley, J. M., Teachman, B. A., & Nock, M. K. (2016). Examining potential iatrogenic effects of viewing suicide and self-injury stimuli. *Psychological Assessment*. [Epub ahead of print].
- Cha, C. B., Najmi, S., Amir, N., Matthews, J. D., **Deming, C. A.**, Glenn, J. J., Calixte, R. M., Harris, J. A., & Nock, M. K. (2016). Testing the efficacy of attention bias modification for suicidal thoughts: Findings from two experiments. *Archives of Suicide Research*, 16, 1-19.
- Deming, C. A.**, Glenn, J. J., & Nock, M. K. (2015). Suicide. In H. S. Friedman (Ed.), *Encyclopedia of Mental Illness Second Edition*. Elsevier.
- Nock, M. K., Millner, A. J., **Deming, C. A.**, & Glenn, C. R. (2014). Depression and suicide. In I. H. Gotlib & C. L. Hammen (Eds.), *Handbook of Depression*, (pp. 448-467). New York: The Guilford Press.
- Nock, M. K., **Deming, C. A.**, Fullerton, C. S., Goldenberg, M., Kessler, R. C., McCarroll, J. E., McLaughlin, K., Peterson, C., Schoenbaum, M., Stanley, B., & Ursano, R. J. (2013). Suicide among soldiers: A review of psychosocial risk and protective factors. *Psychiatry*, 76, 97-125.

PUBLISHED MANUSCRIPTS (CONT.)

- Rallis, B. A., **Deming, C. A.**, Glenn, J. J., & Nock, M. K. (2012). What is the role of emptiness and dissociation in the occurrence of nonsuicidal self-injury? *Journal of Cognitive Psychotherapy*, 26, 287-298.
- Nock, M. K., **Deming, C. A.**, Cha, C. B., Chiu, W. T., Hwang, I., Sampson, N. A., Hinkov, H., Lépine, J.-P., Ono, Y., & Beautrais, A. (2012). Sociodemographic risk factors for suicidal behavior: Results from the WHO World Mental Health Surveys. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 86 - 100). New York: Cambridge University Press.
- Gureje, O., Oladeji, B., **Deming, C. A.**, Chiu, W. T., Alonso, J., Borges, G., He, Y., Hwang, I., Kovess-Masféty, V., Posada-Villa, J., Sampson, N. A., Kessler, R. C., & Nock, M. K. (2012). Parental psychopathology and the risk of suicidal behavior. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 101 - 112). New York: Cambridge University Press.
- Bruffaerts, R., Demyttenaere, K., Andrade, L. H., Borges, G., Chiu, W. T., de Graaf, R., **Deming, C. A.**, Hwang, I., Sampson, N. A., Williams, D. R., Kessler, R. C., & Nock, M. K. (2012). Childhood adversities as risk factors for onset and persistence of suicidal behavior. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 113 - 130). New York: Cambridge University Press.
- Nock, M. K., **Deming, C. A.**, Chiu, W. T., Hwang, I., Angermeyer, M., Borges, G., Beautrais, A., Viana, M. C., Karam, E. G., Kawakami, N., Sampson, N. A., Sudhakar, T. P., & Kessler, R. C. (2012). Mental disorders and comorbidity: Results from the WHO World Mental Health Surveys. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 148 - 163). New York: Cambridge University Press.
- Nock, M. K., Alonso, J., Borges, G., Chatterji, S., **Deming, C. A.**, Chiu, W. T., Hwang, I., Ono, Y., & Sampson, N. A. (2012). Integrative models of suicidal behavior. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 179 - 184). New York: Cambridge University Press.

MANUSCRIPTS SUBMITTED AND IN PREPARATION

- Deming, C. A.** & Vasterling, J. J. (*Submitted*). Can workplace social support enhance behavioral health prior to long-duration spaceflight? *Aerospace Medicine and Human Performance*.
- Deming, C. A.**, Nock, M. K., & Van Orden, K. A. (*In Preparation*). Communication about suicidal thoughts among older adults.
- Deming, C. A.**, Jaroszewski, A., Glenn, C., Knepley, M., & Nock, M. K. (*In Preparation*). Social communication and suicide: Qualitative study of suicide attempters in the military.
- Deming, C. A.**, Jaroszewski, A., Bentley, K., Dinakar, K., Glenn, C., & Nock, M. K. (*In Preparation*). Online social media intervention: Communication and self-injury.
- Deming, C. A.**, Harris, J. A., Gelbart, A., Metzger, I., Illes, B., Cho, G., & Nock, M. K. (*In Preparation*). Behavioral assessment of psychological pain in suicide.
- Glenn, C. R., Kleiman, E. M., Cha, C. B., **Deming, C. A.**, & Nock, M. K. (*In Preparation*). Understanding suicide risk within the Research Domain Criteria (RDoC) framework: A meta-analytic review. *American Journal of Psychiatry*.

CONFERENCE PRESENTATIONS

- Deming, C. A.**, Dinakar, K., Jaroszewski, A., Bentley, K., Glenn, C., & Nock, M. K. (2016, October). Machine learning as applied to online social media for suicide and nonsuicidal self-injury. In K. H. Bentley (Chair), *Utilizing machine learning techniques to improve prediction and prevention of suicide and self-injury*. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

CONFERENCE PRESENTATIONS (CONT.)

- Dinakar, K., **Deming, C. A.**, Jaroszewski, A., & Nock, M. K. (2016, October). Machine learning to model, predict and treat self-harm. In K. H. Bentley (Chair), *Utilizing machine learning techniques to improve prediction and prevention of suicide and self-injury*. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Jaroszewski, A., Dinakar, K., **Deming, C. A.**, Glenn, C., Bentley, K., & Nock, M. K. (2016, October). Valinor: Latent variable model scrutiny of the four-function self-harm model. In K. H. Bentley (Chair), *Utilizing machine learning techniques to improve prediction and prevention of suicide and self-injury*. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.
- Rafael, C., Dinakar, K., **Deming, C. A.**, Jaroszewski, A., and colleagues. (2016, May). *Computing and mental health workshop*. Workshop presented at the annual Computer-Human Interaction conference. San Jose, CA.
- Dinakar, K. **Deming, C. A.**, Jaroszewski, A., & Nock, M. K. (2016, April). *Probabilistic graphical models to analyze self-harm in the wild*. Paper presented at the annual convention of the Anxiety and Depression Association of America. Philadelphia, PA.
- Nock, M. K., Jaroszewski, A., **Deming, C. A.**, Glenn, C., Knepley, M., Naifeh, J., & Ursano, R. J. (2016, April). *Qualitative study of suicide attempts among soldiers: Results from Army STARRS*. Paper presented at the annual convention of the Anxiety and Depression Association of America. Philadelphia, PA.
- Vasterling, J. J. & **Deming, C. A.** (2016, April). *Application of workplace social support to enhance behavioral health prior to long-duration spaceflight: Recommendations from an evidence review*. Presented on the Aerospace Medical Association (AsMA) Panel “Mars Exploration: Evidence Based Recommendations for Team and Social Support.” Atlantic City, NJ.
- Deming, C. A.** & Vasterling, J. J. (2016, February). *Occupational social support interventions: Weighing the evidence for their potential use as behavioral health countermeasures delivered prior to long-duration spaceflight*. Poster presented at the 2016 NASA Human Research Program Investigator’s Workshop. Galveston, TX.
- Vasterling, J. J. & **Deming, C. A.** (2016, February). *Workplace social support and behavioral health prior to long duration spaceflight*. Paper presented at the 2016 NASA Human Research Program Investigator’s Workshop. Galveston, TX.
- Deming, C. A.**, Harris, J., Gelbart, A., Metzger, I., Iles, B. R., Cho, G., Jaroszewski, A., & Nock, M. K. (2015, November). *Stress and suppression of attention to psychological pain in suicide*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
- Harris, J., Marx, B. P., **Deming, C. A.**, Franklin, J., & Nock, M. K. (2015, November). *Specificity of combat exposure and DSM-5 PTSD symptomatology in a sample of OEF/OIF veterans*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
- Jaroszewski, A. C., **Deming, C. A.**, Fox, K. R., Kleiman, E. M., Franklin, J. C., & Nock, M. K. (2015, November). *The role of emotion suppression in nonsuicidal self-injury*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Chicago, IL.
- Deming, C. A.**, Harris, J. A., Gelbart, A., Metzger, I., Illes, B., Cho, G., & Nock, M. K. (2014, November). *Time perception and suicide*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Cha, C. B., Glenn, J. J., **Deming, C. A.**, Hooley, J. M., Teachman, B. A., & Nock, M. K. (2014, November). Any harm in asking? Examining iatrogenic effects of self-injury and suicide assessment. In T. In-Albon (Chair), *Nonsuicidal self-injury: Recent developments of this new research diagnosis*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies Philadelphia, PA.

CONFERENCE PRESENTATIONS (CONT.)

- Harris, J. A., Jaroszewski, A. C., **Deming, C. A.**, Knepley, M. J., Cha, C. B., Franklin, J., & Nock, M. K. (2014, November). *Empirical support for modified DSM-5 criteria among a sample of veterans*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Deming, C. A.**, Jaroszewski, A. C., Knepley, M., Leary, K., Strauss, J., Manhas, A., & Nock, M. K. (2013, November). *A mixed methods study of suicidal older adults: Study design and preliminary results*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Cha, C. B., Najmi, S., Amir, N., Matthews, J., **Deming, C. A.**, Glenn, J. J., Calixte, R. M., Harris, J., & Nock, M. K. (2013, November). Examining the efficacy of attention bias modification for suicidal adults in two double-blind randomized controlled trials. In C. B. Cha & M. K. Nock (Co-Chairs), *Measuring and modifying attentional bias across psychopathology*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Jaroszewski, A. C., Knepley, M., Slama, S., **Deming, C. A.**, & Nock, M. K. (2013, November). *Prediction of future suicidal thoughts and behavior: A prospective study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Cha, C. B., Augenstein, T., Glenn, J. J., **Deming, C. A.**, Slama, S. J., D'Angelo, E., & Nock, M. K. (2012, November). Prediction of nonsuicidal self-injury among adolescent inpatients using a behavioral test. In J.C. Franklin (Chair), *Discovering new mechanisms that underlie nonsuicidal self-injury and translating them into effective risk assessments and treatments*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Deming, C. A.**, Deliberto, T. L., Glenn, J. J., Hollander, M., Wheelis, J., & Nock, M. K. (2011, November). *Intensive outpatient dialectical behavior therapy: Preliminary examination of effectiveness, mechanisms, and predictors of change among adults*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Glenn, J. J., Michel, B., Hooley, J. M., **Deming, C. A.**, & Nock, M. K. (2011, November). *Pain perception among self-injurers: Evidence for pain analgesia and tests of potential explanations*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Deming, C. A.**, Cha, C. B., & Nock, M. K. (2010, November). *Social skills moderate the association between childhood abuse and suicidal ideation*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Deming, C. A.**, Hollander, M., Wheelis, J., & Nock, M. K. (2010, November). *Intensive dialectical behavior therapy decreases self-injurious thoughts and behaviors among adolescents*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Deming, C. A.**, Cha, C. B., & Nock, M. K. (2010, May). *Social skills as a protective factor for suicidal thoughts*. Poster presented at the annual convention of the Association for Psychological Science. Boston, MA.
- Deliberto, T. L., **Deming, C. A.**, & Nock, M. K. (2009, November). *Using the body to communicate distress: Somatization, self-injury, and suicide gestures*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

INVITED TALKS

- Deming, C.A.** (2016, April). *Suicide among older adults*. Presentation provided during Geriatric Mental Health Seminar at VA Boston Healthcare System to a group of clinical psychology internship trainees, social work practicum students, psychologists, and medical doctors. Brockton, MA.
- Deming, C. A.** (2015, September). *Self-injury in youth*. Professional development in-service presented to Westwood Public School Service Providers. Westwood, MA.
- Mlinac, M. E. & **Deming, C.A.** (2015, September). *PTSD and dementia*. Psychoeducation provided to South Shore Rehabilitation and Skilled Care Center. Rockland, MA.

GRANTS AND FELLOWSHIPS

- 2016 - 2017 **Dissertation Completion Fellowship, Harvard University**
Graduate Student (5th Year)
 Living stipend awarded for dissertation completion year
 Amount: \$34,184
- 2013 - 2016 **Department of Defense, Military Suicide Research Consortium**
Co-Investigator (PI: Matthew K. Nock, PhD)
 Study Title: New Approaches to the Measurement and Modification of Suicide Related Cognition
 Amount: \$777,564
- 2014 - 2015 **Knox Fund, Harvard University**
Principal Investigator
 Study Title: Psychological Pain and Time Perception in Suicide: Part II
 Amount: \$3,500
- 2013 - 2014 **Allport Fund, Harvard University**
Principal Investigator
 Study Title: Psychological Pain and Time Perception in Suicide: Part I
 Amount: \$3,500
- 2012 - 2014 **Harvard GSAS 2-Year Fellowship, Harvard University**
Graduate Student (1st and 2nd Year)
 Merit-based award providing living stipend to allow focus on research and clinical work
 Amount: \$59,588
- 2012 – 2013 **Stimson Fund, Harvard University**
Principal Investigator
 Study Title: Suicidal Thoughts & Behaviors in Older Adults: A Qualitative Study
 Amount: \$1,000

RESEARCH EXPERIENCE

- 2009 - Present **Laboratory of Dr. Matthew Nock, Harvard University, Cambridge, MA**
Graduate Student: 2012-Present || Laboratory Manager 2009-2012
 Design research studies, earn IRB approval, collect/manage/analyze/interpret data, and present results of independent projects. Have experience with a wide range of methodological approaches (e.g., qualitative, single-case experimental design) and settings (e.g., laboratory, inpatient hospital units, online social-media). Research relevant to the study of suicide and nonsuicidal self-injury.
Mentor: Matthew K. Nock, PhD
- 2014 - 2016 **NASA & Boston VA Research Institute (BVARI), Jamaica Plain, MA**
Research Assistant
 Assisted in performing literature review on organizational social support and behavioral health outcomes related to long-duration spaceflight. Conducted exploratory phone interviews with NASA astronauts and other NASA personnel.
Mentor: Jennifer J. Vasterling, PhD
- 2008 - 2009 **B.R.I.D.G.E. Program, David McHugh Alternative Middle School, Lowell, MA**
Independent Researcher
 Developed a “Health and Wellness” intervention for at-risk adolescents at an alternative middle school. Identified common physical/mental health issues via survey. Implemented an intensive week-long intervention to disseminate information to students (e.g., about sexual health, mental health, substance use, dating violence) via classroom, group therapy, and individual therapy.
Mentors: Patricia H. Beckford, PsyD & Kevan Barton, LICSW

RESEARCH EXPERIENCE (CONT.)

- 2007 - 2008 **Departmental Honors Project, College of William and Mary, Williamsburg, VA**
Independent Researcher
Studied the effects of metacognitive skills training on the social cognition of people with schizophrenia. Co-led skills training group therapy sessions and collected data from 20 people coming from both a day-program (People's Place) and an inpatient unit (Eastern State Hospital), analyzed data, and wrote/orally defended honors thesis.
Mentor: Glenn D. Shean, PhD
- 2007 - 2008 **Laboratory of Dr. Joseph Galano, College of William and Mary, Williamsburg, VA**
Research Assistant
Helped to ensure that Prevent Child Abuse Virginia and the Virginia General Assembly were provided with an objective appraisal and set of recommendations in order to evaluate the impact of Healthy Families Virginia initiative. Assisted with report titled: *Healthy Families Virginia Executive Summary Statewide Evaluation Report 2003-2007*.
Mentor: Joseph Galano, PhD

TEACHING & LEADERSHIP EXPERIENCE

- 2009 – Present **Laboratory of Dr. Matthew Nock, Harvard University, Cambridge MA**
Train, supervise, and mentor undergraduate and volunteer research assistants in the administration of suicide risk assessments and safety planning, as well as other relevant tasks (e.g., MINI, Self-Injurious Thoughts and Behaviors Interview).
- 2016 **Department of Psychology, Harvard University, Cambridge MA**
Teaching Fellow (TF) for Psych. of Close Relationships (Lecturer: Dr. Holly Parker)
Led two discussion sections with a total of 38 undergraduate students. Provided regular office hours, email support, and grading.
- 2015 **Department of Psychology, Harvard University, Cambridge MA**
Teaching Fellow (TF) for Psychological Science (Lecturer: Prof. Daniel Gilbert)
Led two discussion sections with a total of 31 undergraduate students. Provided regular office hours, email support, grading, and specific student plans for success (e.g., because section was discussion based, talked with shy students about strategies for participating such as providing them with discussion questions prior to section and allowing them to prepare responses ahead of time).
- 2007 - 2008 **Admissions Committee, College of William and Mary, Williamsburg, VA**
Admissions Policy Advisory Committee Member
Served as a student body representative on a committee at the College of William and Mary that functioned to oversee the College's admission policies and procedures. Committee worked with the Office of Admission, the Provost for Enrollment, and the Office of Financial Aid to discuss policies.
- 2006 **James Blair Middle School, Williamsburg, VA**
Mentor and Tutor
Mentored children (ages 10-15 years) from underprivileged homes. Tutored and taught study skills. Helped plan Saturday enrichment programs (e.g., civic responsibility).
- 2006 **Honeytree Early Learning Center, Roanoke, VA**
Teacher Assistant
Designed and delivered lessons for a pre-kindergarten class to foster emotional growth. Worked one-on-one with children needing special attention (e.g., those with ADHD, those from abusive homes).

EDITORIAL SERVICES

Journal of Abnormal Psychology, *Ad-Hoc Reviewer*

Journal of the American Academy of Child and Adolescent Psychiatry, *Ad-Hoc Reviewer*

PROFESSIONAL MEMBERSHIPS

2016 - Present American Psychological Association Division 20. Adult Development & Aging
2016 - Present The Gerontological Society of America
2010 - Present Association for Psychological Science
2009 - Present Association for Behavioral and Cognitive Therapies

REFERENCES

Matthew K. Nock, PhD

Professor of Psychology
Harvard University
Email: nock@wjh.harvard.edu

Kate Hinrichs, PhD, ABPP

Geropsychologist
Community Living Center
Boston VA Healthcare System, Brockton Campus
Email: kate.hinrichs@va.gov

Karen L. Jacob, PhD

Director of Clinical Services
Gunderson Residence
(For Women with Severe Personality Disorders)
McLean Hospital
Email: kjacob@mclean.harvard.edu

Michelle Mlinac, PsyD, ABPP

Geropsychologist
Home-Based Primary Care Program
Boston VA Healthcare System, Jamaica Plain
Email: michelle.mlinac@va.gov

Lois W. Choi-Kain, MEd, MD

Medical and Program Director
Gunderson Residence
(For Women with Severe Personality Disorders)
McLean Hospital
Email: lchoikain@partners.org