

*CURRICULUM VITAE***CHARLENE A. DEMING, ED.M.**

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EDUCATION

Doctor of Philosophy **Harvard University**, Cambridge, MA
2012 - Present Clinical Science

Master of Education **Harvard Graduate School of Education**, Cambridge, MA
2008 - 2009 Risk and Prevention
Overall GPA: 3.98 / 4.0

Bachelor of Science **College of William and Mary**, Williamsburg, VA
2005 - 2008 Summa cum laude, Major: Psychology (Minor: Sociology)
Overall GPA: 3.81 / 4.0, Major GPA: 3.94 / 4.0

2004 - 2005 **University of Mary Washington**, Fredericksburg, VA
Overall GPA: 3.84 / 4.0

AWARDS AND HONORS

2011 Dean's Distinction Award, Harvard University

2007 - Present Phi Beta Kappa Academic Honor Society, Alpha Chapter Initiate

2006 - 2008 Psi Chi, Awarded Membership to the National Psychology Honor Society

2005 - 2008 Dean's List, College of William and Mary

2004 - 2005 Dean's List, University of Mary Washington

CLINICAL AND DIRECT SERVICE EXPERIENCE

2013 - Present **OCD Institute, McLean Hospital**
Belmont, MA
Exposure and Response Prevention Coach
Coach Exposure and Response Prevention with residential patients presenting with severe OCD (aged 16+). Observe individual and group therapy (i.e., Mindfulness, Cognitive Therapy, Motivation).
Supervisors: Jason Elias, PhD, Nate Gruner, LICSW

2013 **Department of Psychiatry, Cambridge Hospital Alliance**
Cambridge, MA
Observational Practicum Student
Participated in discussion seminars and attended case consultation meetings.
Supervisors: Kimberly Leary, PhD, Adam Conklin, PhD, Diya Kallivayalil, PhD

CLINICAL AND DIRECT SERVICE EXPERIENCE (CONTINUED)

- 2009 – Present **Laboratory for Clinical & Developmental Research**
Cambridge, MA
Clinical Researcher
Perform risk assessments and create safety plans with both suicidal adults and adolescents presenting with a myriad of disorders (e.g., depression, borderline personality). Administer structured interviews to assess current diagnoses and both current and past experiences with suicidal thoughts and behaviors. Train and supervise others in suicide risk assessments, safety planning, and structured interviews.
Supervisor: Matthew K. Nock, PhD
- 2008 - 2009 **B.R.I.D.G.E. Program**
David J. McHugh Alternative Middle-School, Lowell, MA
Adjustment Counselor Intern
Provided counseling services to at-risk adolescents at an alternative middle-school. Held weekly individual counseling sessions with four students throughout the year and co-led two sections of weekly group counseling. Performed informal “check-ins” as needed with 46 students to discuss and assess their emotional, mental, and physical well-being. Performed home visits when abuse or neglect was suspected. Earned 550 supervised clinical hours.
Supervisors: Patricia H. Beckford, PsyD, Kevan Barton, LICSW
- 2007 - 2008 **Center for Sexual Assault Survivors**
Newport News, VA
Child Specialist Intern
Provided direct support to survivors of sexual assault during their initial hospital examinations through the Hospital Companionship program. Conducted assessment and treatment of child survivors of sexual assault (ages 4-17). Designed and presented lectures to local school programs regarding age appropriate knowledge about sexual assault prevention and education.
Supervisor: Ebony White, LICSW
- 2006 **Patriots Colony**
Williamsburg, VA
Assistant in Dementia Unit
Observed and documented cognitive dysfunction and memory loss, including physical and emotional ways in which people react and behave to such loss. Developed safe and trusting relationships with residents of the unit. Organized and encouraged residents to participate in social activities.
- 2004 - 2005 **Best Buddy Program**
Fredericksburg, VA
Mentor
Worked with adults with developmental disabilities in a group home setting. Developed trusting relationships with management and residents. Responsible for ensuring hygiene and house cleaning schedules were followed by residents.

RESEARCH SUPPORT

2013-2015 **Department of Defense, Military Suicide Research Consortium**
Co-Investigator (PI: Matthew K. Nock, PhD)
Study Title: New Approaches to the measurement and modification of suicide related cognition
Amount: \$777,564

2013 - 2014 **Allport Fund, Harvard University**
Principal Investigator
Study Title: Psychological Pain and Time Perception in Suicide
Amount: \$3,500

2012 **Stimson Fund, Harvard University**
Principal Investigator
Study Title: Suicidal Thoughts & Behaviors in Older Adults: A Qualitative Study
Amount: \$1,000

RESEARCH EXPERIENCE

2012 – Present **Laboratory for Clinical and Developmental Research**
Department of Psychology, Harvard University, Cambridge, MA
Graduate Student / Researcher
Work on “first-year” and “second-year” projects in which I: design, earn IRB approval, collect data, manage data, analyze data, interpret and present results of two independent projects. The first-year project is titled, “Suicidal Thoughts & Behaviors in Older Adults: A Qualitative Study” and includes older adult participants (aged 55+) who have recently attempted or contemplated suicide and are currently in inpatient care at Cambridge Health Alliance. The second-year project is titled, “Suicidal Thoughts & Behaviors in Older Adults: A Qualitative Study” and includes participants from the local community who have had recent thoughts of suicide or have experienced depression without thoughts of suicide.
Supervisor: Matthew K. Nock, PhD

2009 - 2012 **Laboratory for Clinical and Developmental Research**
Department of Psychology, Harvard University, Cambridge, MA
Laboratory Manager
Managed a psychological research laboratory focusing on the study of suicide and self-harm in which a wide range of methodological approaches were utilized (e.g., epidemiologic surveys, laboratory- and clinic-based studies). Managed all phases of the research process including: (a) logistical oversight (e.g., review monthly financial reports of grants, (b) prepared materials for IRB review, (c) developed interviews/measures (e.g., for use in the U.S. Army STARRS project), (d) collected data (e.g., performed risk assessments [with over 200 suicidal adolescents and adults], ran participants through a computer training task studying implicit cognitions in the laboratory and in an inpatient unit at Massachusetts General Hospital, conducted follow-up phone interviews with suicidal adolescents through Children’s Hospital Boston), (e) coded behavioral video data, and (f) prepared/revised manuscripts (e.g., aided in writing/editing text, tables, and figures of the WHO World Mental Health Survey Initiative; data from 21 countries).
Supervisor: Matthew K. Nock, PhD

RESEARCH EXPERIENCE (CONTINUED)

- 2008 - 2009 **B.R.I.D.G.E. Program**
David J. McHugh Alternative Middle-School, Lowell, MA
Independent Researcher
Developed a “Health and Wellness” intervention for at-risk adolescents at an alternative middle school. Identified common physical and mental health issues via survey, and implemented an intensive week-long intervention disseminating information to students regarding sexual health, mental health, substance use, and dating violence in classroom, group therapy, and individual settings.
Supervisors: Patricia H. Beckford, PsyD, Kevan Barton, LICSW
- 2007 - 2008 **Departmental Honors Project**
Department of Psychology, College of William and Mary, Williamsburg, VA
Independent Researcher
Studied the effects of metacognitive skills training on the social cognition of people with schizophrenia. Worked on study design, obtained informed consent, collected data from 20 individuals coming from both a day-program (People’s Place) and an inpatient unit (Eastern State Hospital), analyzed data, wrote an honors thesis, participated in an intensive oral thesis defense. Thesis received “High Honors.”
Supervisor: Glenn D. Shean, PhD
- 2007 - 2008 **Department of Psychology**
College of William and Mary, Williamsburg, VA
Research Assistant
Helped to ensure that Prevent Child Abuse Virginia and the Virginia General Assembly were provided with an objective appraisal and a set of recommendations in order to evaluate the impact of the Healthy Families Virginia initiative by preparing an evaluation report of Virginia cities. Report entitled: *Healthy Families Virginia Executive Summary Statewide Evaluation Report 2003-2007*.
Supervisor: Joseph Galano, PhD
- 2007 - 2008 **Department of Psychology**
College of William and Mary, Williamsburg, VA
Research Assistant
Assisted in a study focused on understanding and treating schizophrenia. Pre-tested patients with schizophrenia at Eastern State Hospital prior to the start of group therapy. Co-facilitated two sections of weekly group therapy. Worked to increase participation in group therapy and participant retention.
Supervisor: Glenn D. Shean, PhD

TEACHING AND LEADERSHIP EXPERIENCE

- 2009 - Present **Laboratory for Clinical and Developmental Research**
Department of Psychology, Harvard University, Cambridge MA
Lab Member
Interview, train (e.g., lab protocol, ethical guidelines, data security), and supervise volunteer research assistants (RAs). Meet regularly with RAs to provide training in specific data coding techniques (i.e., use of the Social Problem Solving Skills Task), provide support and instruction for data analysis and completion of writing scientific reports.

TEACHING AND LEADERSHIP EXPERIENCE (CONTINUED)

- 2007 - 2008 **Admissions Policy Advisory Committee**
College of William and Mary, Williamsburg, VA
Member
Served as a student body representative on a committee at the College of William and Mary that functioned to oversee the College's admission policies and procedures. Committee worked with the Office of Admission, the Provost for Enrollment, and the Office of Financial Aid to address current policies and to discuss possible forms of improvement.
- 2006 **James Blair Middle School**
Williamsburg, VA
Mentor and Tutor
Mentored children from underprivileged homes. Tutored and taught study skills. Helped plan Saturday enrichment programs (e.g., civic responsibility).
- 2006 **Honeytree Early Learning Center**
Roanoke, VA
Teacher Assistant
Designed and delivered lessons for a pre-kindergarten class to foster emotional growth. Worked one-on-one with children needing special attention (e.g., those with ADHD, those from abusive homes). Documented emotional and academic growth of each student in the pre-kindergarten class.

PUBLICATIONS

- Nock, M. K., Millner, A. J., **Deming, C. A.**, & Glenn, C. R. (in press). Depression and Suicide. In I. H. Gotlib & C. L. Hammen (Eds.), *Handbook of Depression*, (xxx-xxx). New York: The Guilford Press.
- Nock, M. K., **Deming, C. A.**, Fullerton, C.S., Goldenberg, M., Kessler, R. C., McCarroll, J.E., McLaughlin, K., Peterson, C., Schoenbaum, M., Stanley, B., & Ursano, R.J. (2013). Suicide among Soldiers: A review of psychosocial risk and protective factors. *Psychiatry*, 76, 97-125.
- Rallis, B. A., **Deming, C. A.**, Glenn, J. J., & Nock, M. K. (2012). What is the role of emptiness and dissociation in the occurrence of nonsuicidal self-injury? *Journal of Cognitive Psychotherapy*, 26, 287-298.
- Nock, M. K., **Deming, C. A.**, Cha, C. B., Chiu, W. T., Hwang, I., Sampson, N. A., Hinkov, H., Lépine, J.-P., Ono, Y., & Beautrais, A. (2012). Sociodemographic risk factors for suicidal behavior: Results from the WHO World Mental Health Surveys. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 86 - 100). New York: Cambridge University Press.
- Gureje, O., Oladeji, B., **Deming, C. A.**, Chiu, W. T., Alonso, J., Borges, G., He, Y., Hwang, I., Kovess-Masféty, V., Posada-Villa, J., Sampson, N. A., Kessler, R. C., & Nock, M. K. (2012). Parental psychopathology and the risk of suicidal behavior. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 101 - 112). New York: Cambridge University Press.

PUBLICATIONS (CONTINUED)

- Bruffaerts, R., Demyttenaere, K., Andrade, L. H., Borges, G., Chiu, W. T., de Graaf, R., **Deming, C. A.**, Hwang, I., Sampson, N. A., Williams, D. R., Kessler, R. C., & Nock, M. K. (2012). Childhood adversities as risk factors for onset and persistence of suicidal behavior. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 113 - 130). New York: Cambridge University Press.
- Nock, M. K., **Deming, C. A.**, Chiu, W. T., Hwang, I., Angermeyer, M., Borges, G., Beautrais, A., Viana, M. C., Karam, E. G., Kawakami, N., Sampson, N. A., Sudhakar, T. P., & Kessler, R. C. (2012). Mental disorders and comorbidity: Results from the WHO World Mental Health Surveys. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 148 - 163). New York: Cambridge University Press.
- Nock, M. K., Alonso, J., Borges, G., Chatterji, S., **Deming, C. A.**, Chiu, W. T., Hwang, I., Ono, Y., & Sampson N. A. (2012). Integrative models of suicidal behavior. In M. K. Nock, G. Borges, & Y. Ono (Eds.), *Suicide: Global Perspectives from the WHO World Mental Health Surveys* (pp. 179 - 184). New York: Cambridge University Press.

MANUSCRIPTS IN PREPARATION

- Cha, C. B., Najmi, S., Amir, N., Matthews, J.D., **Deming, C. A.**, Glenn, J. J., Calixte, R. M., Harris, J. A., & Nock, M. K. (submitted). Examining the efficacy of attention bias modification for suicidal adults in two double-blind randomized controlled trials.
- Deming, C. A.**, Deliberto, T. L., Photos, V. I., Hollander, M., Wheelis, J., & Nock, M. K. (in preparation). Open-trial of dialectical behavior therapy for adolescents: Preliminary evidence of effectiveness, predictors, and change mechanisms.
- Deliberto, T. L., **Deming, C. A.**, & Nock, M. K. (in preparation). Diagnostic correlates of non-suicidal self-injury.

CONFERENCE PRESENTATIONS

- Deming, C. A.**, Jaroszewski, A. C., Knepley, M., Leary, K., Strauss, J., Manhas, A., & Nock, M. K. (2013, November). *A Mixed Methods Study of Suicidal Older Adults: Study Design and Preliminary Results*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.
- Cha, C. B., Najmi, S., Amir, N., Matthews, J., **Deming, C. A.**, Glenn, J. J., Calixte, R. M., Harris, J., & Nock, M. K. (2013, November). Examining the efficacy of attention bias modification for suicidal adults in two double-blind randomized controlled trials. In C. B. Cha & M. K. Nock (Co-Chairs), *Measuring and modifying attentional bias across psychopathology*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Jaroszewski, A. C., Knepley, M., Slama, S., **Deming, C. A.**, & Nock, M. K. (2013, November). *Prediction of future suicidal thoughts and behavior: A prospective study*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Nashville, TN.

CONFERENCE PRESENTATIONS (CONTINUED)

- Cha, C.B., Augenstein, T., Glenn, J.J., **Deming, C.A.**, Slama, S.J., D'Angelo, E., & Nock, M.K. (2012, November). Prediction of nonsuicidal self-injury among adolescent inpatients using a behavioral test. In J.C. Franklin (Chair), *Discovering new mechanisms that underlie nonsuicidal self-injury and translating them into effective risk assessments and treatments*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Deming, C. A.**, Deliberto, T. L., Glenn, J. J., Hollander, M., Wheelis, J., & Nock, M. K. (2011, November). *Intensive outpatient dialectical behavior therapy: Preliminary examination of effectiveness, mechanisms, and predictors of change among adults*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Glenn, J. J., Michel, B., Hooley, J. M., **Deming, C. A.**, & Nock, M. K. (2011, November). *Pain Perception among self-injurers: Evidence for pain analgesia and tests of potential explanations*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. Toronto, ON.
- Deming, C. A.**, Cha, C. B., & Nock, M. K. (2010, November). *Social skills moderate the association between childhood abuse and suicidal ideation*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Deming, C. A.**, Hollander, M., Wheelis, J., & Nock, M. K. (2010, November). *Intensive dialectical behavior therapy decreases self-injurious thoughts and behaviors among adolescents*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. San Francisco, CA.
- Deming, C. A.**, Cha, C. B., & Nock, M. K. (2010, May). *Social skills as a protective factor for suicidal thoughts*. Poster presented at the annual convention of the Association for Psychological Science. Boston, MA.
- Deliberto, T. L., **Deming, C. A.**, & Nock, M. K. (2009, November). *Using the body to communicate distress: Somatization, self-injury, and suicide gestures*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

EDITORIAL SERVICE

Ad hoc Reviewer:

Journal of Abnormal Psychology

Journal of the American Academy of Child and Adolescent Psychiatry

PROFESSIONAL MEMBERSHIPS

2010 - Present Association for Psychological Science
2009 - Present Association for Behavioral and Cognitive Therapies