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Education

- 2018 – Present **Harvard University, Department of Psychology**, Cambridge, MA
 Ph.D. Candidate, Clinical Science (APA and PCSAS accredited)
- 2016 – 2018 **Harvard University, Department of Psychology**, Cambridge, MA
 A.M., Clinical Science (APA and PCSAS accredited)
Thesis: Emotion Regulation Selection and Efficacy in Self-Injury
Advisor: Jill M. Hooley, D.Phil.
- 2010 – 2014 **Vassar College**, Poughkeepsie, NY
 B.A., Psychology, correlate sequence in English Literature (creative writing focus)
Primary Advisor: Michele M. Tugade, Ph.D.

Honors, Awards, and Grants

- 2019 Bok Center Certificate of Distinction & Excellence in Teaching, Harvard University
- 2019 Restricted Funds Large Grant (\$3,500), Harvard University
- 2018 Sackler Scholarship in Psychobiology (\$20,303), Harvard University
- 2018 Restricted Funds Travel Grant (\$500), Harvard University
- 2018 Restricted Funds Travel Grant (\$500), Harvard University
- 2018 Restricted Funds Large Grant (\$3,000), Harvard University
- 2018 Stimson Fund (\$1,000), Harvard University
- 2014 Phi Beta Kappa, Vassar College
- 2014 Psychology Departmental Honors, Vassar College
- 2014 General Honors, Vassar College
- 2014 Distinction: Independent Thesis, Vassar College
- 2014 Academic Enrichment Fund (\$500), Vassar College
- 2014 Asprey Center Research Enhancement Award (\$750), Vassar College
- 2013 Psi Chi (*Secretary*, 2013—2014), Vassar College Chapter
- 2012 Psychology Majors' Committee (*Chair*, 2013—2014), Vassar College

Peer-Reviewed Articles

- Fox, K.R., Wang, S.B., **Boccagno, C.**, Haynos, A.F., Kleiman, E.M., Hooley, J.M. (2019). Comparing Self-harming intentions underlying eating disordered behaviors and NSSI: Evidence that distinctions are less clear than assumed. *International Journal of Eating Disorders*.
- Doré, B., Rodrik, O., **Boccagno, C.**, Hubbard, A., Weber, J., Oquendo, M., Ochsner, K.N. (2018). Negative autobiographical memory in major depression reflects elevated amygdala-hippocampal reactivity and hippocampally-associated emotion regulation. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*.

Doré, B., **Boccagno, C.**, Burr, D., Hubbard, A., Weber, J., Stern, Y., Ochsner, K.N. (2016). Finding positive meaning in negative experiences engages ventral striatal and ventromedial prefrontal reward regions. *Journal of Cognitive Neuroscience*.

Gilead, M., **Boccagno, C.**, Silverman, M., Hassin, R., Weber, J., Ochsner, K.N. (2016). Self-regulation via neural simulation. *Proceedings of The National Academy of Sciences*.

Articles Under Review

Hooley, J.M., Fox, K.R., **Boccagno, C.** (under review). Nonsuicidal self-injury: Diagnostic challenges and solutions. *Neuropsychiatric Disease and Treatment*.

Articles In Prep

Nock, M.K., Deliberto, T.L., Dour, H.J., Slama, K., **Boccagno, C.**, Mendes W.B. (in prep). Self-harm as self-help.

Boccagno, C., Hooley J.M. (in prep). Predictors of preferences for behavioral versus cognitive regulation strategies: Emotion regulation choice in self-injury.

Boccagno, C., Hooley J.M. (in prep). Self-concept content and structure in non-suicidal self-injury: A conceptual review and preliminary guide for future research and treatment.

Wang, S.B., Fox, K.R., **Boccagno, C.**, Hooley, J.M., Haynos, A.F. (in prep). Why do people restrict their eating? A functional assessment approach.

Boccagno, C., Fox, K.R., Wang, S.B., Hooley, J.M. (in prep). Linguistic mechanisms of efficacy across novel online interventions for nonsuicidal self-injury.

Boccagno, C., Fox, K.R., Wang, S.B., Hooley, J.M. (in prep). Predictors of self-distancing success across direct and indirect self-injurious behaviors.

Raio, C., **Boccagno, C.**, Rodrik, O., Ochsner, K.N. (in prep). The impact of acute stress on emotion regulation choice and effectiveness.

Invited Chapters

Ramirez, F., Kleiman, E.K., **Boccagno, C.**, Nizzi, M., Nock, M.K. (in press). Suicide in PTSD. In G. H. Wynn & Benedek, D.M. (Eds.), *Posttraumatic Stress Disorder*, Second Edition. Arlington, VA: American Psychiatric Association.

Nock, M.K., **Boccagno, C.E.**, Kleiman, E.K., Ramirez, F., Wang, S.B. (2019). Suicidal and nonsuicidal self-injury. In M. J. Prinstein, E. A. Youngstrom, E. J. Mash, & R. A. Barkley (Eds.), *Treatment of Disorders in Childhood and Adolescence*, Fourth Edition. New York, NY: Guilford Publications.

Mitamura, C., Leu, J., Campos, B., **Boccagno, C.**, Tugade, M. M. (2014). Traversing affective boundaries: Examining cultural norms for positive emotions. In M. M. Tugade, M. N. Shiota, & L. D. Kirby (Eds.), *Handbook of Positive Emotions*. New York, NY: Guilford Publications.

Online Scholarly Contributions

Boccagno, C. (2012). Is screen time ruining our face time? Retrieved from <http://www.gordonschool.org/Customized/uploads/files/Psychology%20in%20the%20N.pdf>

Professional Talks

Boccagno, C., Fox, K.R., Wang, S.B., & Hooley, J.M. (2019, June). Linguistic mechanisms underlying the efficacy of daily diary interventions for non-suicidal self-injury: The nuanced roles of psychological distancing and positive and negative emotion. Talk presented at the annual conference of the International Society for the Study of Self-Injury (ISSS), Orlando, FL.

Carpenter, R.W., Allen, K.J.D., **Boccagno, C.,** Emery, N.N., & Arney, M. (2018, November). Emotion regulation strategy selection and efficacy in self-injury: Moving beyond instruction-based laboratory tasks. In M. Arney (chair), Novel research approaches to self-destructive behaviors and associated psychopathology. Symposium talk presented at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Washington, DC.

Boccagno, C. & Hooley, J.M. (2018, May). Unpacking the roles of emotion dysregulation and maladaptive self-processing in self-injurious behaviors. Harvard-MIT Data Blitz, Women in Psychology, Harvard University, Boston, MA.

Boccagno, C. & Hooley, J.M. (2018, April). Emotion regulation choice across affective contexts in self-injurious populations. Second-Year Talk, Harvard University, Boston, MA.

Gilead, M., Silverman, M., **Boccagno, C.,** Hassin, R., Weber, J., & Ochsner, K.N. (2017, July). Neural mechanisms of “walking in someone else’s shoes” in order to predict their emotions. Symposium talk presented at the general meeting of the European Association of Social Psychology. Granada, Spain.

Gilead, M., **Boccagno, C.,** Silverman, M., Hassin, R., Weber, J., & Ochsner, K.N. (2016, February). Self-regulation via neural simulation. Data-blitz presented at the Emotion Preconference at the 17th annual meeting of the Society for Personality and Social Psychology. San Diego, CA.

Boccagno, C. (2014, April). Escaping, knowing, transcending, or transforming self?: Self-concept and its role in mindfulness. Vassar College Psychology Research Conference. Poughkeepsie, NY.

Poster Presentations

Advisees are underlined.

Boccagno, C., Hooley, J.M. (2019, November). *Cognitive or behavioral regulation?: Emotion regulation choices in direct and indirect self-injury*. Poster submitted for presentation at the annual conference of the Association for Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.

Boccagno, C., Hooley, J.M. (2019, September). *No reappraisal, please: Emotion regulation strategy selection in people with self-injury*. Poster to be presented at the annual conference of the Society of Research on Psychopathology, Buffalo, NY.

Nielsen, S., **Boccagno, C.,** Hooley, J.M. (2019, November). *The role of accommodative processing in the link between life challenges and authenticity*. Poster to be presented at the annual conference of the Society of Research on Psychopathology, Buffalo, NY.

- Nielsen, S., **Boccagno, C.**, Hooley, J.M. (2019, April). *The Story of adversity and the self: The relation between life challenges and authenticity*. Mind Brain Behavior Poster Showcase, Cambridge, MA.
- Nielsen, S., **Boccagno, C.**, Hooley, J.M. (2019, April). *Adversity and the self: The relation between life challenges and authenticity*. Psychology Undergraduate Thesis Poster Session, Cambridge, MA.
- Wang, S.B., Fox, K.R., **Boccagno, C.**, Hooley, J.M., Haynos, A.F. (2019, March). *Why do people restrict their eating? A functional assessment approach*. Paper presented at the International Conference on Eating Disorders, New York, NY.
- Boccagno, C.**, Fox, K.R., Wang, S.B., & Hooley, J.M. (2018, September). *Beliefs that negative emotions are unacceptable dampen the benefits of psychological distancing: Evidence from an emotional challenge study in direct and indirect self-injury*. Poster presented at the annual conference of the Society for Research in Psychopathology (SRP), Indianapolis, IN.
- Miller, J.M., Doré, B., Zanderigo, F., Stanley, B., Rubin-Falcone, H., Schenck, N., Sublette, E., **Boccagno, C.**, Rodrik, O., Oquendo, M.A., Mann, J.J., Ochsner, K. (2018, July). *Serotonin 1A autoreceptor binding modulates neural responses to emotion reactivity and regulation*. Poster presented at the annual NeuroReceptor Mapping (NRM) conference, London, England.
- Boccagno, C.**, Rodrik, O., Doré, B., Fuster, D., Singh, T., Weber, J., Stanley, B., Miller, J., Mann, J., Ochsner, K. (2017, April). *Enhancing positive affect in positive contexts recruits differential brain regions for healthy individuals and patients with major depressive disorder*. Poster presented at the annual conference of the Society for Affective Science (SAS), Boston, MA.
- Rodrik, O., **Boccagno, C.**, Doré, B., Fuster, D., Singh, T., Weber, J., Stanley, B., Miller, J., Mann, J., Ochsner, K. (2017, March). *Enhancing positive affect in negative contexts engages distinct brain regions in healthy individuals and patients with major depressive disorder*. Poster presented at the annual conference of the Social and Affective Neuroscience Society (SANS), Los Angeles, CA.
- Doré, B., **Boccagno, C.**, Hubbard, A., Burr, D., Long, K., Weber, J., Stern, Y. (2016, April). *Finding positive meaning in negative experiences engages ventral striatal and ventromedial reward regions*. Poster presented at the annual conference of the Social and Affective Neuroscience Society (SANS), New York, NY.
- Boccagno, C.**, Doré, B., Fuster, D., Singh, T., Weber, J., Stanley, B., Miller, J., Mann, J., Ochsner, K. (2016, April). *Hippocampal and prefrontal functional connectivity during memory retrieval correlates with self-distancing reappraisal success in patients with major depressive disorder*. Poster presented at the annual conference of the Social and Affective Neuroscience Society (SANS), New York, NY.
- Boccagno, C.**, Doré, B., Fuster, D., Singh, T., Weber, J., Kotecha, R., Chaudhury, S., Miller, J., Mann, J., Stanley, B., Ochsner, K. (2016, April). *The influence of affective context on brain and behavioral responses to neutral stimuli*. Poster presented at the annual conference of the Cognitive Neuroscience Society (CNS), New York, NY.
- Boccagno, C.**, Gilead, M., Silverman, M., Hassin, R., Weber, J., Ochsner, K. (2016, March). *The neural underpinnings of emotional perspective taking*. Poster presented at the annual conference of the Society for Affective Science (SAS), Chicago, IL.

Boccagno, C., Doré, B., Burr, D. Weber, J., Hubbard, A., Stern, Y., Ochsner, K. (2015, April). *Ability versus motivation in aging: Cognitive and motivational influences on down-regulation of negative affect.* Poster presented at the annual conference of the Social and Affective Neuroscience Society (SANS), Boston, MA.

Burr, D., Doré, B., **Boccagno, C.**, Weber, J., Hubbard, A., Stern, Y., Ochsner, K. (2015, April). *Addressing the emotion paradox: Older adults show impaired regulation but enhanced bottom-up positive response to negative stimuli.* Poster presented at the annual conference of the Social and Affective Neuroscience Society (SANS), Boston, MA.

Boccagno, C., du Pont, A., Tugade, M. M. (2015, February). *How willing are you to self-disclose?: The roles of mindfulness and positive affect in emotional vulnerability.* Poster presented at the annual conference of the Society for Personality and Social Psychology (SPSP), Long Beach, CA.

Boccagno, C., Rivlin, M., Culligan, C., & Tugade, M.M. (2014, April). *Mindfulness and mind-wandering: The effects of attention and awareness on coping and resiliency.* Poster presented at the annual conference of the Society for Affective Science (SAS), Bethesda, MD.

Boccagno, C. (2014, March). *Is it my profile, or yours?: The distinct effects of Facebook features on loneliness perception.* Poster presented at the annual Hunter College Psychology Convention, New York, NY.

Tugade, M. M., du Pont, A., **Boccagno, C.** (2014, February). *The effects of positive emotion differentiation on coping and problem-solving.* Poster presented at the Emotion Pre-Conference of the Society for Personality and Social Psychology (SPSP), Austin, TX.

Research Experience

2016 – Present **Clinical Research Laboratory, Harvard University**

(P.I.: Jill M. Hooley, D.Phil.).

Graduate Research Assistant. Examine the malleability of identity (e.g., self-concept flexibility, self-presentation) and emotion (e.g., emotion regulation) to better understand, whether, how, and for whom this malleability contributes to or protects against direct and indirect self-injurious behaviors (e.g., nonsuicidal self-injury and binge eating, respectively). Research methods include in-lab studies and online data collection, and span levels of analysis (e.g., behavioral and psychophysiological).

- **First-Year Project:** “Linguistic content of nonsuicidal self-injury text entries: Applying text analysis to a novel treatment approach”
- **Second-Year Project:** “Emotion regulation choice in direct and indirect self-injury”
- **Additional Projects:** (1) “Reconciling mixed findings on emotion reactivity in non-suicidal self-injury: A three-wave psychophysiology study”; (2) “Psychological distancing as an emotion regulation strategy in NSSI”; (3) “Instagram and identity: A longitudinal study on Finstagram”

2014 – 2016 **Social, Cognitive, and Affective Neuroscience Laboratory, Columbia University**
(P.I.: Kevin Ochsner, Ph.D.; **Collaborators:** Molecular Imaging and Neuropathology Division [MIND] Clinic at New York State Psychiatric Institute [NYSPI]).

Lab Manager and Research Assistant. Examined the neural and psychophysiological mechanisms of perspective taking, self-referential processing, stress reactivity, and positive and negative cognitive reappraisal across several projects.

- 2013 – 2014 **Emotions and Psychophysiology Laboratory, Vassar College**
(P.I.: Michele Tugade, Ph.D.)
Research Assistant. Examined the structure and dynamics of emotion regulation, resilience, and mindfulness strategies.
Independent Study Title: *The effect of mindfulness on willingness to self-disclose.*
- 2013 – 2014 **Independent Senior Thesis, Vassar College**
(Advisors: Michele Tugade, Ph.D. and Randolph Cornelius, Ph.D.)
Thesis Title: *Escaping, knowing, transcending, or transforming the self?: A transdisciplinary examination on self-concept and its role in mindfulness.*
- 2013 – 2014 **Independent Research, Vassar College**
(Advisor: Randolph Cornelius, Ph.D.)
Project Title: *The differential effects of distinct Facebook features and use on loneliness perception.*
- 2011 – 2014 **English and Urban Studies Department, Vassar College**
(Professor: Tyrone Simpson, II, Ph.D.)
Research Assistant. Assisted in the literature analysis of American nationalism patterns, ghettoization effects, critical race theory, and the politics of confessional storytelling as Dr. Simpson's sole research assistant.
- Summer 2013 **Cognitive Neurophysiology Laboratory, Albert Einstein College of Medicine**
(P.I.: John Foxe, Ph.D.; Primary Mentor: Pierfilippo De Sanctis, Ph.D.)
Intern/Research Assistant. Investigated brainwave entrainment in inhibitory-control audiovisual task performance in healthy young adults, as well as the impact of attentional control on Go/NoGo response-inhibition performance during walking in elderly individuals.

Teaching Experience

- 2019 - 2020 **Sophomore Tutorial in Psychology & Neuroscience, Harvard University (2 semesters)**
Instructor.
 Overall Student Rating: TBD
- Spring 2019 **Introduction to Abnormal Psychology, Harvard University**
(Professor: Joshua W. Buckholtz, Ph.D.)
Teaching Fellow.
 Overall Student Rating: 4.6/5.0
- Fall 2018 **Psychopharmacology, Harvard University**
(Professor: Scott Lukas, Ph.D.)
Teaching Fellow.
 Overall Student Rating: 4.0/5.0

Mentorship Experience

Undergraduate Psychology Honors Thesis Advisor, Harvard University

- Facilitated design and execution of research study for two undergraduate students pursuing an Honors Thesis in Psychology
- Met with students weekly to assist with: thesis proposal, IRB submission, data collection, data management, data analysis, final report, and oral presentation and defense

Undergraduate Senior Thesis Students

*Received competitive research grant from Harvard College Research Program

~Awarded Harvard College Psychology Faculty Prize

- Maya Barr (Harvard University; Thesis Title: *Affect as a moderator of craving in alcohol recovery*) – (Project to be completed Fall 2019-Spring 2020; primary graduate student advisor)
- Sienna Nielsen (Harvard University; Thesis Title: *The story of the true self: Unpacking the relationship between challenges and authenticity*) – (Project completed Fall 2018-Spring 2019; awarded Summa Cum Laude and Harvard Faculty Prize; primary graduate student advisor)*~
- Chananda Thavisin (Barnard College; Thesis Title: *The effect of perspective taking on emotion regulation: A psychophysiology study*) – (Project completed Fall 2016-Spring 2017; secondary advisor)

Research Assistants Supervised

- Alexandria Onuoha (Bates College B.A. student) – Summer 2019
- Ariel He (Mount Holyoke College B.A. student) – Summer 2019
- Margaret Canady (Harvard College A.B. student) – Spring 2019 - Present
- Hannah Babcock (Harvard College A.B. student) – Spring 2019
- Maya Barr (Harvard College A.B. student) – Fall 2018 – Present
- Zelal Kilic (Harvard College A.B. student) – Fall 2018 – Fall 2019
- Clair Fu (Harvard College A.B. student) – Summer 2018 – Present
- Calais Galbraith (Harvard College A.B. student) – Spring 2018 – Spring 2019
- Sabrina Wu (Harvard College A.B. student) – Fall 2018
- Ragini Jha (Boston College M.A. student) – Summer 2018 - Fall 2018
- Elyse Yarmosky (Licensed social worker at Brigham & Women’s Hospital) – Spring 2018 - Fall 2018
- Emma Potvin (Harvard College A.B. student) – Summer 2018
- Joseph Kremer (Boston College B.A. student) – Summer 2018
- Nikki Daurio (Harvard College A.B. student) – Spring 2018
- Julia Friend (Harvard College A.B. student) – Fall 2017
- Ariel Kachuro (Columbia University research assistant) – Summer 2015
- Rhea Kotecha (Columbia University research assistant) – Summer 2015 - Fall 2015

MBB Grad-Undergrad Mentorship Program (Mentor)

- Jesse Barrera (Harvard College A.B. student) – Spring 2019
- Sheila De La Cruz (Harvard College A.B. student) – Spring 2019

Crimson’s PhD Consulting Program (Mentor)

- Olga Kitaina (Ph.D. application consultant student) – Fall 2017 - Fall 2018
- Ragini Jha (M.A. application consultant student) – Fall 2017 - Spring 2018

Harvard Summer Honors Undergraduate Research Program (Mentor)

- Alan Gutierrez (Harvard Medical School summer research mentee) – Summer 2017
- Leslie Charles (Harvard Medical School summer research mentee) – Summer 2018

Harvard College Undergraduate Research Association Mentorship Program (Mentor)

- Harvard College undergraduates (various students attending information sessions) – Fall 2017 – 2018

Clinical Experience

- 2019 – 2020 **Gunderson Residence, McLean Hospital**
(Supervisor: Lois Choi-Kain, M.D., Ph.D.)
Student Clinician.
- Administer structured diagnostic assessments and compose formal reports
 - Provide adjunct individual therapy for female clients diagnosed with borderline personality disorder (BPD), using approaches from Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), and Mentalization-Based Treatment (MBT)
 - Attend weekly individual supervision and staff meetings
- 2018 – 2019 **Depression Clinical and Research Program, Massachusetts General Hospital**
(Supervisors: Lauren Fisher, Ph.D. and Paola Pedrelli, Ph.D.)
Clinical Fellow.
- Administered structured diagnostic interviews (e.g., MINI) and composed formal reports
 - Provided weekly structured cognitive behavioral therapy (CBT) to outpatient clients diagnosed with major depressive disorder (MDD), and modified CBT to patients with comorbid MDD and traumatic brain injury under two treatment studies
 - Participated in weekly individual supervision and staff meetings
- 2017 – 2018 **Obsessive Compulsive Disorder Institute, McLean Hospital**
(Supervisor: Jason Kropf, Ph.D.)
Practicum Student & Behavioral Coach.
- Acted as a behavioral coach for exposure and response prevention therapy sessions
 - Administered the Structured Clinical Interview for DSM-5 (SCID-5) to incoming clients and composed formal reports
 - Independently led weekly emotion regulation group therapy (1-hour duration)
 - Participated in weekly assessment, group, and individual therapy supervision meetings
- Spring 2017 **Department of Psychiatry, Cambridge Health Alliance**
(Supervisors: Adam Conklin, Ph.D. and Chris Pagano, Ph.D.)
Observational Practicum Student.
- Observed clinical intake interviews and psychoanalytic therapy sessions for clients suffering from various psychiatric illnesses (e.g., schizophrenia, major depressive disorder) across all ages
 - Participated in weekly discussions about psychodynamic theory and approach
 - Completed preliminary training in psychodynamic-based assessment tools
- 2013 – 2014 **Psychiatry Department, Mount Sinai St. Luke's Roosevelt**
CARES (“Comprehensive Adolescent Rehabilitation and Education Services”)
 Tracks: Adolescent Alternative Day Program
Comprehensive Addiction Program for Adolescents
(Supervisor: Jessica Houser, Ph.D.)
Patient Assistant (Volunteer).
- Assisted psychologists, psychiatrists, and high-school teachers in the maintenance of a continuing day treatment level of care for adolescents (ages 14-19, grades 9-12) who suffer from severe emotional and behavioral difficulties.
 - Participated in daily staff meetings on clients' progress

- Attended intake evaluation and relapse prevention meetings
- Supervised and aided clients (e.g., math tutoring, crisis intervention)
- Utilized Dialectical Behavior Therapy manuals and techniques with clients during group therapy (e.g., mindfulness skills, distress tolerance skills)
- Screened clients for drug use via weekly urine collection

Outreach and Additional Leadership Experience

- 2019 *Psychology Student Representative*, Departmental Visiting Committee Meeting, Harvard University
- 2019 *Judge*, “China Thinks Big” Research Competition, Harvard College Association for U.S.-China Relations, Harvard University
- 2019 *Speaker*, Emotional Emergencies Training for CrimsonEMS (Talk Title: “Suicidal Ideation: Detection, Support, and Liaisons to Treatment”), Harvard University
- 2018 *Speaker*, Behavioral Emergencies Training for CrimsonEMS (Talk Title: “The Overlap of Physical and Psychological Pain in Self-Injury”), Harvard University
- 2017, 2018 *Poster Session Judge*, National Collegiate Research Conference(s), Harvard University
- 2017 *Psychology Department Ph.D. Orientation Organizer*, Harvard University
- 2012 – 2014 **Projects to Empower and Organize the Psychiatrically Labeled (PEOPLE), Inc.** (Supervisor: Steve Miccio, CEO)
Intern (2012—2013), Project Assistant (2013—2014).
- 2012 – 2014 **Psychology Majors’ Committee, Vassar College**
Faculty-Student Liaison (2012—2013), Chair (2013—2014).

Professional Memberships

- 2019 – Present *Member*, International Society for the Study of Self-Injury
- 2018 – Present *Associate Member*, Society for Research in Psychopathology
- 2016 – Present *Member*, Association for Behavioral and Cognitive Therapies
- 2015 – Present *Member*, Society of Clinical Child and Adolescent Psychology
- 2015 – Present *Member*, International Society for Self and Identity
- 2015 – Present *Member*, Association for Psychological Science
- 2015 – Present *Member*, Social and Affective Neuroscience Society
- 2014 – Present *Member*, Society for Affective Science
- 2014 – Present *Member*, Society for Personality and Social Psychology
- 2012 – Present *Student Affiliate, APAGS*, American Psychological Association

Specialized Skills

Research Methodologies

- Computer: collection and analysis of laboratory-based studies
- Behavioral: collection, organization, and analysis of E-Prime data
- fMRI: collection, processing, and analysis of functional data
- EEG: collection, processing, and analysis of EEG/ERP recordings
- Psychophysiology: collection of skin conductance and salivary cortisol

Software

- R
- SPSS
- E-Prime
- Neuroelf
- BESA
- Python (working proficiency)
- MATLAB (working proficiency)
- JavaScript (working proficiency)
- REDCap
- RedOxygen
- AcqKnowledge
- Qualtrics
- EPIC Electronic Health Records
- Microsoft Office (Excel, PowerPoint, Word)

Clinical

- Dialectical Behavior Therapy training and delivery at McLean Hospital's Gunderson Residence
- Mentalization-Based Treatment Training at McLean Hospital's Borderline Personality Disorder Institute
- Cognitive Behavioral Therapy training and delivery at Massachusetts General Hospital's Depression Clinical and Research Program
- MINI, QUIDS, PROMIS, and HAM-D assessment training and administration at Massachusetts General Hospital's Depression Clinical and Research Program
- SCID-5 assessment training and administration at McLean Hospital's Obsessive Compulsive Disorder Institute
- Exposure and Response Prevention training and administration at McLean Hospital's Obsessive Compulsive Disorder Institute
- Patient interaction (shadowing intake interviews and sessions) at Cambridge Health Alliance
- Patient interaction (interviewing) at New York State Psychiatric Institute
- Neuropsychological assessment certification at New York State Neurological Institute
- Dialectical Behavior Therapy training and delivery at Mount Sinai St. Luke's Roosevelt
- Crisis Intervention training at Mount Sinai St. Luke's Roosevelt
- Drug screen administration at Mount Sinai St. Luke's Roosevelt
- Supportive housing assistance in Dutchess County, New York