



**COMPETITIVE RESEARCH SUPPORT**

- 2013-2015     **Department of Defense, Military Suicide Research Consortium**  
*Co-Investigator (PI: M.K. Nock)*  
 Study Title: New approaches to the measurement and modification of suicide-related cognition  
 Amount: \$777,567
- 2013-2014     **Graduate Society/Merit Research Fellowship, Harvard University**  
*Principal Investigator*  
 Study Title: Testing mood-dependent behavioral markers of suicide risk (term-time)  
 Amount: \$12,630
- 2013-2014     **Talley Fund, Harvard University**  
*Principal Investigator*  
 Study Title: A pilot study examining the feasibility, acceptability, and efficacy of a short-term intervention for suicidal adults  
 Amount: \$3,200
- 2012-2013     **Sackler Scholar Award in Psychobiology, Harvard University**  
*Principal Investigator*  
 Study Title: Testing mood-dependent behavioral markers of suicide risk  
 Amount: \$6,000

**PUBLICATIONS**

\*signifies trainee author/presenter

- Auerbach, R.P., \*Kim, J.C., Chango, J.M., Spiro, W.J., Cha, C.B., Esterman, M., Gold, J., & Nock, M.K. (in press). Adolescent nonsuicidal self-injury: Examining the role of child abuse, comorbidity, and disinhibition. *Psychiatry Research*.
- Cha, C.B., & Nock, M.K. (2014). Suicidal and nonsuicidal self-injurious behaviors. In E.J. Mash & R.A. Barkley (Eds.). *Child psychopathology* (pp. 317-342). New York: The Guilford Press.
- Nock, M.K., \*Deming, C.A., Cha, C.B., Chiu, W., Hwang, I., Sampson, N., & Kessler, R.C. (2012). Sociodemographic risk factors for suicidal behavior. In M.K. Nock, G. Borges, & Y. Ono (Eds). *Suicide: Global perspectives from the WHO World Mental Health Surveys* (pp. 86-100). New York: Cambridge University Press.
- \*Dour, H.J., Cha, C.B., & Nock, M.K. (2011). Suicide attempts among adolescents: An interaction between emotional and cognitive factors. *Behavior Research and Therapy*, 49, 294-298.
- Cha, C.B., & Nock, M.K. (2011). Nonsuicidal self-injury. In B.B. Brown & M.J. Prinstein (Eds.), *Encyclopedia of adolescence* (pp. 211-217). Oxford, UK: Elsevier Ltd.
- Nock, M.K., Cha, C.B., & \*Dour, H.J. (2010). Disorders of impulse control and self-harm. In D.H. Barlow (Ed.), *Oxford handbook of clinical psychology* (pp. 504-529). New York: Oxford Press.
- Cha, C.B., Najmi, S., Park, J.M., Finn, C.T., & Nock, M.K. (2010). Attentional bias toward suicide-related stimuli predicts suicidal behavior. *Journal of Abnormal Psychology*, 119, 616-622.
- Nock, M.K., & Cha, C.B. (2009). Psychological models of nonsuicidal self-injury. In M.K. Nock (Ed.), *Understanding nonsuicidal self-injury: Origins, assessment, and treatment* (pp. 65-78). Washington, DC: American Psychological Association.

- Cha, C.B., & Nock, M.K. (2009). Emotional intelligence is a protective factor for suicidal behaviors. *Journal of the American Academy of Child and Adolescent Psychiatry*, 48, 422-430.
- Nock, M.K., Borges, G., Bromet, E.J., Cha, C.B., Kessler, R.C., & Lee, S. (2008). Suicide and suicidal behaviors. *Epidemiologic Reviews*, 30, 133-154.
- Hilt, L.M., Cha, C.B., & Nolen-Hoeksema, S. (2008). Nonsuicidal self-injury in young adolescent girls: Moderators of the distress-function relationship. *Journal of Consulting and Clinical Psychology*, 76, 63-71.

### **MANUSCRIPTS IN PREPARATION**

- Cha, C.B., \*Glenn, J.J., \*Deming, C.A., Hooley, J.M., Teachman, B.A., & Nock, M.K. (2014). *Examining potential iatrogenic effects of viewing suicide and self-injury stimuli*. Manuscript in preparation.
- Cha, C.B., D'Angelo, E.J., \*Gallagher, K., \*Augenstein, T., \*Frost, K., & Nock, M.K. (2014). *Using implicit and explicit measures to assess and predict self-injury among adolescents*. Manuscript in preparation.
- Cha, C.B., Najmi, S., Amir, N., Matthews, J.D., \*Deming, C.A., \*Glenn, J.J., \*Calixte, R.M., \*Harris, J.A., & Nock, M.K. (2014). *Examining the efficacy of attention bias modification for suicidal adults in two double-blind randomized controlled trials*. Manuscript submitted for publication.

### **CONFERENCE PRESENTATIONS**

- Cha, C.B., Robinaugh, D.J., \*İskenderoğlu, G., & Nock, M.K. (2014, November). Prospecion among suicidal adults: An imagined future, or lack thereof? In D.J. Robinaugh & C.B. Cha (Co-Chairs), *Prospecion and psychopathology: Integrating cognitive, social, and clinical science*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Cha, C.B., \*Glenn, J.J., \*Deming, C.A., Hooley, J.M., Teachman, B.A., & Nock, M.K. (2014, November). Any harm in asking? Examining iatrogenic effects of self-injury and suicide assessment. In T. In-Albon (Chair), *Nonsuicidal Self-Injury: Recent developments of this new research diagnosis*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Cha, C.B., Najmi, S., Amir, N., Matthews, J.D., \*Deming, C.A., \*Glenn, J.J., \*Calixte, R.M., \*Harris, J.A., & Nock, M.K. (2013, November). Examining the efficacy of attention bias modification for suicidal adults in two double-blind randomized controlled trials. In C.B. Cha & M.K. Nock (Co-Chairs), *Measuring and modifying attentional bias across psychopathology*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Cha, C.B., \*Augenstein, T., \*Glenn, J.J., \*Deming, C.A., D'Angelo, E.J., & Nock, M.K. (2012, November). Prediction of nonsuicidal self-injury among adolescent inpatients using a behavioral test. In J.C. Franklin (Chair), *Discovering new mechanisms that underlie nonsuicidal self-injury and translating them into effective risk assessments and treatments*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

- Cha, C.B., Najmi, S., Park, J.M., Finn, C.T., & Nock, M.K. (2011, May). Delayed response to suicide-related worlds in a Stroop task predicts suicidal behavior. In B.A. Teachman (Chair), *Using the tools of cognitive science to advance clinical theory and practice*. Paper presented at the annual meeting of the Association for Psychological Science, Washington, DC.
- Cha, C.B., & Nock, M.K. (2009, November). Assessing suicidal thoughts without asking: Development of the Suicide Implicit Association Test. In A. Cameron (Chair), *Reactivity to negative affect: Innovative measurement of a universal process*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Hilt, L.M., Cha, C.B., & Nolen-Hoeksema, S. (2007, November). Self-injury in young adolescent girls: Moderators of the distress-function relationship. In M.J. Prinstein & M.K. Nock (Co-Chairs), *A closer look at functional models of nonsuicidal self-injury*. Paper presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

### **POSTER PRESENTATIONS**

- \*Harris, J.A., \*Jaroszewski, A.J., \*Deming, C.A., \*Knepley, M.J., Cha, C.B., Franklin, J., & Nock, M.K. (2014, November). *Empirical support for modified DSM-5 criteria among a sample of veterans*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- \*Iles, B.R., Cha, C.B., & Nock, M.K. (2014, November). *Nonsuicidal self-injury among adults: Marking the transition from thoughts to behaviors*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Cha, C.B., \*Ekdahl, B.A., \*Harris, J.A., \*Slama, S.J., \*Harmon, A.J., \*İskenderoğlu, G., & Nock, M.K. (2013, November). *Testing mood-dependent behavioral markers for suicidal behavior*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- \*Harris, J.A., Cha, C.B., & Nock, M.K. (2013, November). *An examination of the progression from suicidal thoughts to actions*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- \*Deming, C.A., Cha, C.B., & Nock, M.K. (2010, November). *Social skills moderate the association between childhood abuse and suicidal ideation*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Cha, C.B., Najmi, S., Park, J.M., Finn, C.T., & Nock, M.K. (2010, May). *Attentional bias toward suicide-related stimuli predicts future suicidal behavior*. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.
- Cha, C.B., & Nock, M.K. (2009, November). *The Desperation Implicit Association Test: A performance-based measure of cognitive states associated with suicidal thoughts*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cha, C.B., \*Dour, H.J., & Nock, M.K. (2009, June). *Testing a threshold for nonsuicidal self-injury: Relations to impairment, psychopathology, psychiatric hospitalization and suicide attempt*. Poster presented at the annual meeting of the International Society for the Study of Self-Injury, Stony Brook, NY.

\*Dour, H.J., Cha, C.B., & Nock, M.K. (2009, May). *Problem-solving deficits moderate the relation between emotion reactivity and suicide attempts*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Cha, C.B., & Nock, M.K. (2009, May). *Assessing suicidal thoughts without asking: Development of a Suicide Implicit Association Test*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Deliberto, T.L., Cha, C.B., & Nock, M.K. (2008, November). *Social stress, child maltreatment, and adolescent self-injury*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Cha, C.B., & Nock, M.K. (2008, November). *Protective factors for self-injury: High emotional intelligence is associated with decreased self-injurious behaviors among those at risk*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Cha, C.B., & Nock, M.K. (2008, November). *The relation between family psychopathology and adolescent suicidal ideation is mediated by childhood abuse*. Poster session presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Cha, C.B., Hilt, L.M., & Nolen-Hoeksema, S. (2007, April). *Rumination and self-injurious thoughts and behaviors: Explanation of a functional model among young adolescent girls*. Poster session presented at the biennial meeting of the Society for Research in Child Development, Boston, MA.

## **TEACHING EXPERIENCE**

- Fall 2013      **Psychology Department, Harvard University**  
*Instructor for Sophomore Tutorial in Psychology: Contemporary Issues in Psychology: Intensive Cross-Level Analysis*  
 Seminar for undergraduates who have declared Psychology as their major, with a focus on developing students' writing & critical evaluation of empirical papers
- Fall 2011/  
 Fall 2012      **Psychology Department, Harvard University**  
*Teaching Fellow (TF) for Psychological Science (Lecturer: Prof. Daniel Gilbert)*  
 Lecture course with TF-led discussion sections for undergraduate students

## **AD HOC REVIEWER**

- 2014            Cognitive Therapy and Research  
 Comprehensive Psychiatry  
 Journal of Abnormal Child Psychology  
 Journal of Psychopathology and Behavioral Assessment
- 2013            Journal of Clinical Child and Adolescent Psychology  
 American Journal of Psychiatry
- 2012            Clinical Psychological Science  
 Psychological Science
- 2010            Psychiatry Research

## **CLINICAL PRACTICA**

- 2013-2014      McLean Hospital, Harvard Medical School  
*Obsessive Compulsive Disorders (OCD) Institute*
- 2011-2012      McLean Hospital, Harvard Medical School  
*3East Dialectical Behavior Therapy (DBT) Partial Hospital Program*
- 2011, 2013      Judge Baker Children's Center, Harvard Medical School  
*Manville School*  
*Summer Treatment Program*
- 2010-2011      Children's Hospital Boston  
*Outpatient Psychiatry Service*
- 2010              Cambridge Health Alliance, Harvard Medical School  
*Department of Psychiatry*

## **SERVICE AND OTHER EXPERIENCE**

- 2010              Project Assistant for Dr. Steven E. Hyman, Harvard University
- 2007-2009      Research Assistant for Dr. Matthew K. Nock, Harvard University
- 2006-2007      Research Assistant for Dr. Susan Nolen-Hoeksema, Yale University
- 2005              Research Assistant for Dr. Aaron T. Beck, University of Pennsylvania

## **REFERENCES**

### **Matthew K. Nock, Ph.D.**

Professor  
Harvard University  
Department of Psychology  
William James Hall, 1220  
33 Kirkland Street  
Cambridge, MA 02138  
Phone: 617-496-4484  
Email: [nock@wjh.harvard.edu](mailto:nock@wjh.harvard.edu)

### **Jill M. Hooley, D.Phil.**

Professor  
Harvard University  
Department of Psychology  
William James Hall, 1270  
33 Kirkland Street  
Cambridge, MA 02138  
Phone: 617-495-9508  
Email: [jmh@wjh.harvard.edu](mailto:jmh@wjh.harvard.edu)

### **Steven E. Hyman, M.D.**

Harvard University Distinguished Service Professor  
Professor of Stem Cell and Regenerative Biology  
Director, Stanley Center for Psychiatric Research  
Broad Institute of MIT and Harvard  
75 Ames Street 9013  
Cambridge, MA 02142  
Phone (Assistant, Elizabeth Morris): 617-714-7061  
Email: [stevehy@broadinstitute.org](mailto:stevehy@broadinstitute.org)

### **Anthony Spirito, Ph.D.**

Professor & Vice Chair, Division of Clinical Psychology  
Department of Psychiatry and Human Behavior  
Warren Alpert Medical School of Brown University  
Duncan Building  
Box G-BH  
Providence, RI 02912  
Phone: 401-444-1929  
Email: [Anthony\\_Spirito@brown.edu](mailto:Anthony_Spirito@brown.edu)