

CURRICULUM VITAE

**Shirley B. Wang, B.A.**

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**EDUCATION**

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- 2017 – Present     **Harvard University**, Cambridge, MA  
Ph.D. Student in Clinical Science  
Primary Advisor: Jill M. Hooley, D.Phil.
- 2013 – 2017        **The College of New Jersey**, Ewing, NJ  
B.A. Psychology (Statistics minor), *Summa Cum Laude*, Phi Beta Kappa  
Honors Thesis: Longitudinal associations among anger rumination, depressive rumination, and eating-disorder psychopathology  
Primary Advisor: Ashley Borders, Ph.D.

**GRANTS & FELLOWSHIPS**

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- 2017 – 2022        **National Science Foundation Graduate Research Fellowship Program**  
Title: Elucidating psychological components of dieting that drive dieting outcomes  
Amount: \$138,000
- 2016                 **Psi Chi Summer Research Grant**  
Title: Examining associations among rumination, metabolic syndrome, and cardiovascular disease in patients with binge eating disorder and obesity  
Amount: \$5,000 | Faculty Sponsor: Carlos M. Grilo, Ph.D.

**AWARDS & HONORS**

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- 2017 – 2020        Karen Stone Fellowship Recipient, Harvard University (\$28,020)  
*Award given annually to one entering clinical science Ph.D. student.*
- 2017                 Stimson Research Award, Harvard University (\$1,000)
- 2017                 Research Travel Grant, Psi Chi International Honor Society (\$1,500)
- 2016 – 2017        Student-Faculty Research Award (x2), Phi Kappa Phi (\$500)  
*Award given to support student involvement in serious academic research.  
Received with John Ruscio, Ph.D. (2017) and Ashley Borders, Ph.D. (2016).*
- 2016                 American Psychological Association Convention Society Research Award (\$300)
- 2016                 Phi Beta Kappa, early induction
- 2016                 Marshall P. Smith Award, The College of New Jersey (\$5,118.24)  
*Award given annually to one psychology major for academic excellence.*
- 2016                 Outstanding Student Scholar Award, The College of New Jersey

2014 – 2017	Research Travel Grant (x5), The College of New Jersey (\$3,950)
2013 – 2017	Honors Program, The College of New Jersey
2013	National Merit Scholarship Competition Finalist

### PEER-REVIEWED PUBLICATIONS

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Haynos, A.F., **Wang, S.B.**, & Fruzzetti, A.E. (In Press). Restrictive eating is associated with emotion regulation difficulties in a non-clinical sample. *Eating Disorders: The Journal of Treatment and Prevention*.

**Wang, S.B.**, Herres, J., Diamond, G. (In Press). Unique interactions of interpersonal trauma and positive peer and family events on traumatic distress among adolescent and young adult primary care patients. *Journal of Interpersonal Violence*.

Ruscio, J., Carney, L.M., Dever, L., Pliskin, M., **Wang, S.B.** (2017). Using the Comparison Curve Fix Index (CCFI) in taxometric analyses: Averaging curves, standard errors, and CCFI profiles. *Psychological Assessment*, doi:10.1037/pas0000522

**Wang, S.B.**, Lydecker, J. A., & Grilo, C. M. (2017). Rumination in patients with binge-eating disorder and obesity: Associations with eating-disorder psychopathology and weight-bias internalization. *European Eating Disorders Review*, doi:10.1002/erv.2499

**Wang, S. B.**, & Borders, A. (2016). Rumination mediates the associations between sexual minority stressors and disordered eating, particularly for men. *Eating and Weight Disorders*, doi:10.1007/s40519-016-0350-0

### MANUSCRIPTS UNDER REVIEW

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**Wang, S.B.**, Borders, A. (Revise & Resubmit). The unique effects of anger and depressive rumination on eating-disorder psychopathology and the mediating role of impulsivity.

**Wang, S.B.**, Haynos, A.F., Pisetsky, E.M., Skutch, J.M., Fruzzetti, A.E. (Revise & Resubmit). Restrictive eating and self-harm in a non-clinical sample: Co-occurrence and associations with emotion dysregulation and interpersonal problems.

**Wang, S.B.**, Haynos, A.F., Wall, M.M., Chen, C., Eisenberg, M.E., Neumark-Sztainer, D. (Under Review). 15-year prevalence, trajectories, and predictors of body dissatisfaction from adolescence to middle adulthood.

Haynos, A.F., **Wang, S.B.**, Russell, S.L., Lavender, J.M., Pearson, C.M., Jennings, K.M., Peterson, C.B., Crow, S.J. (Under Review). An empirical taxonomy of reward responding in a transdiagnostic eating disorder sample.

Smith, D.M.Y., Fox, K.R., **Wang, S.B.**, Hooley, J.M. (Under Review). Correlates and predictors of self-injurious thoughts and behaviors in sexual and gender minority adolescents.

Skutch, J.M., Buqo, T., **Wang, S.B.**, Haynos, A.F., Papa, A. (Under Review). Which brief is best? Clarifying the use of three brief versions of the Difficulties in Emotion Regulation Scale (DERS).

Herres, J, **Wang, S.B.**, Bobchin, K., Draper, J. (Under Review). A socioecological model of risk associated with campus sexual assault and posttraumatic stress disorder symptoms in a representative sample of liberal arts college students.

Herres, J., Shearer, A., Kodish, T., Kim, B., **Wang, S.B.**, Diamond, G. (Under Review). Differences in suicide ideation among suicidal youth with and without diagnoses of anxiety and depression.

Russon, J., Mensinger, J., Herres, J., Shearer, A., Vaughan, K., **Wang, S.B.**, & Diamond, G. (Under Review). Contextual and individual risk factors associated with eating disorders: A latent class analysis with youth presenting in primary care.

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## INVITED CHAPTERS

Nock, M.K., Boccagno, C.B., Kleiman, E.K., Ramirez, F., **Wang, S.B.** (In Press). Suicidal and nonsuicidal self-injury. In M. J. Prinstein, E. A. Youngstrom, E. J. Mash, & R. A. Barkley (Eds.), *Treatment of Childhood Disorders, Fourth Edition*. New York, NY: Guilford Publications.

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## MANUSCRIPTS IN PREPARATION \*indicates trainee author

**Wang, S.B.**, Ruscio, J. (In Preparation). RTaxometrics: An R package for taxometric analysis.

**Wang, S.B.**, Jones, P.J., Drier, M.\*, Elliot, H., Grilo, C.M. (In Preparation). Core psychopathology of treatment-seeking patients with binge-eating disorder and obesity: A network investigation.

**Wang, S.B.**, Borders, A. (In Preparation). Unique associations among facets of impulsivity and forms of rumination.

Zayas, L.V., **Wang, S.B.**, Coniglio, K.A., Murray, H.B., Becker, K.R., Klosterman, E., Kay, B., Bean, P., Weltzin, T., Eddy, K.T., Franko, D.L., Thomas, J.J. (In Preparation). Sex differences in eating pathology of anorexia nervosa and bulimia nervosa across new *DSM-5* severity categories.

Hooley, J.M., Fox, K.R., **Wang, S.B.**, Kwashie, A. (In Preparation). Self-criticism and self-injury: Testing a novel treatment approach.

Haynos, A.F., Wall, M.M., Chen, C., **Wang, S.B.**, Loth, K., Neumark-Sztainer, D. (In Preparation). Not out of the woods: 15-year longitudinal patterns of weight control behavior from adolescence into middle adulthood.

Fox, K.R., Harris, J., Millner, A.J., **Wang, S.B.**, Nock, M.K. (In Preparation). Updating the assessment of self-injurious thoughts and behaviors.

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## SOFTWARE PACKAGES

Ruscio, J., & **Wang, S.B.** (2017). RTaxometrics: Taxometric Analysis. R package version 2.0. Available from <https://cran.r-project.org/web/packages/RTaxometrics/index.html>.

\* The program code for this package, along with a reference manual, is available via the central R repository. More information available at <https://ruscio.pages.tcnj.edu/taxometrics/>.

## CONFERENCE PRESENTATIONS

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**Wang, S.B.**, Fox, K.R., Hooley, J.M. (2018, June). Nonsuicidal self-injury functions are differentially associated with symptoms of borderline personality disorder and depression. Paper presentation submitted for the 13<sup>th</sup> Annual Conference of the International Society of the Study of Self-Injury, Brussels, Belgium.

Fox, K.R., **Wang, S.B.**, Hooley, J.M. (2018, June). Self-criticism influences benefits and barriers of nonsuicidal self-injury. Paper presentation submitted for the 13<sup>th</sup> Annual Conference of the International Society of the Study of Self-Injury, Brussels, Belgium.

Hooley, J.M., Fox, K.R., **Wang, S.B.** (2018, June). Self-criticism and self-injury: Testing a novel treatment approach. Paper presentation submitted for the 13<sup>th</sup> Annual Conference of the International Society of the Study of Self-Injury, Brussels, Belgium.

**Wang, S.B.**, Haynos, A.F., Pisetsky, E.M., Skutch, J.M., Fruzzetti, A.E. (2018, April). Restrictive eating and self-harm in a non-clinical sample: Co-occurrence and associations with emotion dysregulation and interpersonal problems. Oral paper presentation accepted at the International Conference on Eating Disorders, Chicago, IL.

**Wang, S.B.**, Keshishian, A., Becker, K.R., Plessow, F., Mancuso, C., Izquierdo, A., Slattery, M., Baskaranm C., Mirsa, M., Lawson, E., Thomas, J.J., Eddy, K.T. (2018, April). Restrictive eating, but not binge/purge behaviors, predicts suicidal ideation in adolescents with low-weight eating disorders. Oral paper presentation accepted at the International Conference on Eating Disorders, Chicago, IL.

**Wang, S.B.**, Fox, K.R., Kleiman, E., Nock, M.K. (2018, April). Real-time occurrence of binge eating, purging, and nonsuicidal self-injury: Results from two ecological momentary assessment studies. Oral paper presentation accepted at the International Conference on Eating Disorders, Chicago, IL.

Haynos, A.F., **Wang, S.B.**, Russell, S.L., Lavender, J.M., Pearson, C.M., Jennings, K.M., Peterson, C.B., Crow, S.J. (2017, November). *An empirical taxonomy of reward responding in a mixed eating disorder sample*. In M. Jones (chair), *Alternative Classification Systems Within Eating Disorders: Insights from Innovative Methodological Investigations*. Symposium presented at the 51<sup>st</sup> Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

**Wang, S.B.**, Borders, A. (2017, November). *Unique associations among facets of impulsivity and forms of rumination*. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

**Wang, S.B.**, Herres, J. (2017, November). *Perceived burdensomeness explains worse treatment outcome for suicidal adolescents diagnosed with major depressive disorder*. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Fresnics, A.A., **Wang, S.B.**, Borders, A. (2017, November). *Depressive rumination mediates unique associations between self-compassion and eating-disorder psychopathology*. Poster presented at the 51<sup>st</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Bobchin, K., **Wang, S.B.**, Draper, J., Herres, J. (2017, November). *A socioecological model of risk associated with campus sexual assault and posttraumatic stress disorder symptoms in a representative*

*sample of liberal arts college students*. Poster presented at the 33<sup>rd</sup> Annual Meeting of the International Society for Traumatic Stress Studies, Chicago, IL.

**Wang, S.B.**, Ruscio, J. (2017, September). *Differentiating categories and dimensions with the RTaxometrics package*. Poster presented at the 31<sup>st</sup> Annual Meeting of the Society for Research on Psychopathology, Denver, CO.

**Wang, S.B.**, Lydecker, J.A., Grilo, C.M. (2017, June). *Rumination in patients with binge eating disorder and obesity: Influence on eating disorder psychopathology and weight bias internalization*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

**Wang, S.B.**, Borders, A., Frenkel, E., Parisi, M. (2017, June). *Anger rumination in patients with anorexia nervosa and bulimia nervosa: Associations with eating-disorder psychopathology, impulsivity, and perfectionism*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

**Wang, S.B.**, Herres, J., Diamond, G. (2017, May). *Influence of interpersonal trauma and positive peer and family events on mental health symptoms among adolescents and young adults*. Poster presented at the 29<sup>th</sup> Annual Convention of the Association for Psychological Science, Boston, MA.

**Wang, S.B.**, Borders, A. (2016, October). *Rumination mediates the association between mindfulness and binge-eating, but not restricting, behaviors*. Poster presented at the 50<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

**Wang, S.B.**, Borders, A. (2016, August). *Investigating associations among rumination, impulsivity, and eating disorder behaviors*. Poster presented at the 124<sup>th</sup> Annual Convention of the American Psychological Association, Denver, CO.

\* This poster was awarded the APA Convention Society Research Award by Psi Chi

**Wang, S.B.**, Borders, A. (2016, May). *Impulsivity mediates the association between angry rumination and binge-eating, but not restricting, behavior*. Poster presented at the International Conference on Eating Disorders, San Francisco, CA.

**Wang, S.B.**, Borders, A. (2015, November). *Rumination mediates the relationship between sexual minority stressors and eating disorder behaviors, particularly for men*. Poster presented at the 49<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

**Wang, S.B.** (2015, April). *Do people differ in discrete groups or along a continuum? Differentiating categories and dimensions with taxometric analysis*. Paper presented at the Northeast Regional Honors Conference, Gettysburg, PA.

Mysko, C., **Wang, S.B.** (2014, October). *Proud2bme: engaging teens as advocates for body confidence*. Talk presented at the National Eating Disorders Association Conference, San Antonio, TX.

## **INVITED TALKS & PROFESSIONAL PRESENTATIONS**

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**Wang, S.B.** (2017, April). *Writing a successful National Science Foundation Graduate Research Fellowship Program proposal*. Invited talk presented at the School of Science, The College of New Jersey, Ewing, NJ.

**Wang, S.B.** (2016, September). *Anger and depressive rumination in eating disorder patients*. Invited research talk presented at the Princeton HealthCare System Annual Research Day, Plainsboro, NJ.

Voitsberger, T., **Wang, S.B.**, Frenkel, E., Parisi, M. (2016, September). *Factors that predict long-term recovery from an eating disorder*. Invited research talk presented at the Princeton HealthCare System Annual Research Day, Plainsboro, NJ.

**Wang, S.B.** (2016, April). *Longitudinal associations among anger rumination, depressive rumination, and disordered eating*. Senior Honors Thesis presented at The College of New Jersey, Ewing, NJ.

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## CLINICAL EXPERIENCE

2014 – 2016      **University Medical Center of Princeton**, Nursing Assistant & Clinical Intern  
Center for Eating Disorders Care  
Supervisors: Elizabeth Frenkel, Ph.D., Melinda Parisi, Ph.D., Lydia Pitonyak, RN  
Facilitated recreational therapy groups and community meetings, supervised patients' meals and snacks, attended rounds and difficult case conferences to provide feedback on patients' progress on the unit, assisted with patient admissions and discharges, assisted with training and orientation of undergraduate interns and nursing assistants.

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## TEACHING & MENTORING EXPERIENCE

2017 – Present      **Harvard University**, Undergraduate Senior Thesis Advisor:  
Missy Dreier (2017 – Present; Hooley Laboratory)

2017 – Present      **Harvard University**, Undergraduate Research Assistants  
Sarah Lipson (2018 – Present; Nock Laboratory)  
Chase Venables (2017 – Present; Hooley Laboratory)  
Claire Pinson (2017 – Present; Hooley Laboratory)

2016                  **University Medical Center of Princeton**, Center for Eating Disorders Care  
Mentored/trained three research assistants in study methods and data collection

2015 – 2016        **The College of New Jersey**, PSY 096 Advising Course  
Provided registration & advising advice to first year students, presented on participation in psychological experiential research

2014 – 2015        **The College of New Jersey**, Tutoring Center  
Supervisors: Rita King, Ph.D., Diane Gruenberg, M.A.  
Tutored courses in psychology, statistics, Chinese, and Spanish

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## AD HOC REVIEWER

2017                  Journal of Abnormal Psychology

2017                  Eating and Weight Disorders

**LEADERSHIP**

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2016 – 2017	Chapter Executive Board Student Representative, <i>Phi Beta Kappa</i>
2016 – 2017	Chapter President, <i>Psi Chi International Honors Society in Psychology</i>
2015 - 2016	Chapter Vice President, <i>Psi Chi International Honors Society in Psychology</i>

**SERVICE RECORD**

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2018	National Collegiate Research Conference Panelist, <i>Harvard University</i>
2017 – Present	Women in Science and Engineering (WiSTEM) Mentor, <i>Harvard University</i>
2017	Publication Committee Contributor, <i>Society for Research in Psychopathology</i>
2017	Student Selection Committee, <i>TCNJ Phi Beta Kappa</i>
2017	Panelist, Navigating the Graduate School Admissions Process, <i>TCNJ</i>
2015 – 2017	Workshop Organizer (x4), Research Lab Information Session, <i>TCNJ</i>
2015 – 2017	Student Representative (x4), <i>TCNJ Open House for Prospective Students</i>
2015 – 2017	Research & Internships Talk (x3), <i>TCNJ Freshman Orientation</i>
2015 – 2017	Student Advisory board, <i>TCNJ Psychology Department</i>
2016	Alumni & Honorary Member Selection Committee, <i>TCNJ Phi Beta Kappa</i>
2016	Panel Organizer & Discussant, Summer Research Opportunities, <i>TCNJ</i>
2015 – 2016	Panel Organizer (x2), Navigating the Graduate School Admissions Process, <i>TCNJ</i>
2016	Academic Advising & Course Registration Video, <i>TCNJ Psychology Department</i>
2015	Met with External Reviewer of the TCNJ Psychology Department

**SELECTED SKILLS**

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Statistical Programs: R, SAS, SPSS, Mplus, Minitab

Languages: Fluent in Mandarin Chinese, limited proficiency in Spanish (3<sup>rd</sup> year college level)

Other: Trained in classical piano (14 years), classical violin (6 years), and figure skating (8 years)

**PROFESSIONAL AFFILIATIONS**

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Academy for Eating Disorders

Association for Behavioral and Cognitive Therapies (Obesity & Eating Disorders SIG)

International Society for the Study of Self-Injury

Society for Research in Psychopathology