

Azure Reid-Russell

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33 Kirkland St Cambridge, MA

EDUCATION

- 2025 **Harvard University** Cambridge, MA
PhD Student, Clinical Science, Department of Psychology
Advisor: Matthew Nock, PhD
- 2017 **Bates College**, Lewiston, ME
Bachelor of Science, Honors in Psychology
Minors in Chemistry and Theatre Arts, *Summa Cum Laude*
- 2016 **School for International Training: Pacific Communities and Social Change**
Apia, Samoa

HONORS & AWARDS

- 2019 **National Science Foundation Graduate Research Fellowship Program** Honorable Mention
- 2017 **Honors in Psychology** Awarded based on original manuscript and oral defense
- 2017 **Bates College Key** Select group of students honored for leadership in academic and extracurricular work
- 2017 **Phi Beta Kappa Honor Society** 1 of 5 students inducted early
- 2016- 2017 **Bates Research Fund** \$750 research grant for honors senior thesis materials
- 2013-2017 **Dean's List for Academic Excellence** 7 semesters
- 2016 **Hoffman Fellowship and Hoffman Research Support Grant** \$4,500 summer research grant to fund research at Harvard University
- 2015 **Purposeful Work Internship Grant** \$4,000 summer internship grant to fund internship at Zucker Hillside Psychiatric Hospital

PUBLICATIONS

Braider, L., La Lima, C., Crimarco, N., Hollander, B., **Reid-Russell, A.**, Kane, J., & Greenwald, B. (2018) *Characterization of psychiatrically hospitalized college students*. J Am Coll Health.

Reid-Russell, A., & White, K. H. (in review). *Examining the Interpersonal Deficits in Borderline Personality Style: Physiological and Self-Reported Reactions to Social Exclusion*.

Reid-Russell, A., Miller, A. B., Cvencek, D., Meltzoff, A. N., & McLaughlin, K. A. (in review) *Lower Implicit Self-Esteem as a Mechanism Linking Childhood Abuse to Depression and Suicidal Ideation*.

PRESENTATIONS

Reid-Russell, A., Coppersmith, D.D.L., Kleiman, E.M., Bentley, K.H., Millner, A.J., Fortgang, R., Huffman, J., Nock, M.K. (November, 2019) *Real-time negative emotion dynamics during inpatient treatment for suicidal thoughts and behaviors*. Poster accepted for Association for Behavioral and Cognitive Therapies. Atlanta, GA.

Reid-Russell, A., Miller, A. B., Cvencek, D., Meltzoff, A. N., & McLaughlin, K. A. (November, 2018) *Lower Implicit Self-Esteem as a Mechanism Linking Childhood Abuse to Depression and Suicidal Ideation*. Poster for Association for Behavioral and Cognitive Therapies. Washington, D.C.

Reid-Russell, A., & White, K. H. (March, 2017) *Examining the Interpersonal Deficits in Borderline Personality Style: Social Cognition and Reactivity to Social Exclusion*. Presentation given at the Mount David Summit at Bates College, Lewiston, ME.

Reid-Russell, A., & Fa'asisila, J. (May, 2016) *Characterizing Suicide Prevention Programs and Strategies in Samoa*. Presentation given at the University of South Pacific, Alafua, Samoa.

Braider, L. La Lima, C., **Reid-Russell, A.**, & Greenwald, F. (October, 2015). *Characterization of Psychiatrically Hospitalized College Students*. Poster presented at Purposeful Work Symposium at Bates College, Lewiston, ME.

RESEARCH EXPERIENCE

Lab Manager

2018 - 2019

Harvard University, Psychology Department
Principle Investigator: Katie A. McLaughlin, PhD

Projects:

- NIH R56 funded study examining how real time fluctuations in stress influences psychopathology development in adolescence.
- NIH R01 funded study examining how childhood maltreatment influences cognitive and emotional development in children and adolescents aged 8-20

Research Coordinator

2017- 2018

University of Washington, Psychology Department
Principle Investigator: Katie A. McLaughlin, PhD

Projects:

- NIH R01 funded study examining how childhood maltreatment influences cognitive and emotional development in children and adolescents aged 8-20
- One Mind Institute funded study examining how stress influences psychopathology through monthly fMRI assessments and ecological momentary assessments in adolescents aged 15-17
- Independent project examining implicit self-esteem mediating the relationship between childhood abuse and depression and suicidal ideation

Honors Thesis Student

2016 - 2017

Bates College, Psychology Department
Advisor: Kaitlin White, PhD

Projects:

- Online study examining emotion dysregulation and insecure attachment as mediators in the relationship between subclinical borderline personality disorder symptom severity and theory of mind
- Laboratory based study examining emotion dysregulation and insecure attachment mediating the relationship between subclinical borderline personality disorder symptom severity and negative affect in response to social exclusion

Research Assistant

Summer 2016

Harvard University, Psychology Department
Principle Investigator: Matthew Nock, PhD

Project:

- A systematic review of self-injurious thoughts and behaviors literature based on NIH's Research Domain criteria

Independent Research Student

Spring 2016

School for International Training: Pacific Communities and Social Change (Apia, Samoa)

Advisor: Jackie Fa'asisila, MA

Project:

- Qualitative study examining usage and effectiveness of suicide prevention initiatives in Samoa

Research Assistant and Psychology Intern

Summer 2014, 2015

The Behavioral Health College Partnership, Zucker Hillside Psychiatric Hospital, Floral Park, NY

Principle Investigator: Laura Braider, PhD

Project:

- Chart review examining the demographic and diagnostic characteristics of psychiatrically hospitalized college students in the New York metropolitan area.

Research Assistant

Winter 2015

Bates College, Purposeful Work Initiative

Program Designer: Rebecca Fraser-Thill, MA

Project:

- Study examining the effectiveness of a new career development initiative at Bates College

TEACHING, MENTORSHIP, & LEADERSHIP EXPERIENCE

Independent Tutor

2017 - Present

Varsity Tutors, Online

Peer Writing and Teaching Assistant

2015 - 2017

Bates College, Psychology Department, Math and Statistics Workshop, & Academic Resource Commons

Junior Advisor and Residential Coordinator

2014 - 2017

Bates College, Residence Life and Health Education

President

2014 - 2017

Bates College, Active Minds

Peer Advocate

2014 - 2017

Bates College, Student Support Network

PROFESSIONAL MEMBERSHIPS

2018-Present

Member, Association for Behavioral and Cognitive Therapies

2019-Present

Member, Association for Psychological Science

SKILLS

Technical

- Psychophysiological data collection, processing, and analysis
 - Proficient in collecting electrocardiography (ECG), galvanic skin response (GSR), blood pressure, and spirometry data from children and adolescents (100 administrations)
 - Proficient in processing heart rate variability (HRV), galvanic skin response (GSR), and electromyography (EMG) data using MindWare, LabChart, and Acknowledge (100+ hours)
- Data analysis
 - Proficient in SPSS, Excel (100+ hours)
 - Experience with MATLAB analyzing Allen Brain Atlas gene expression data (20 hours)
 - Experience with R and RStudio (15 hours)

- fMRI data collection and processing
 - Proficient in facilitating MRI scans with children ages 9-20 (100+ hours)
 - Experience with Linux, Freesurfer (15 hours)
- Behavioral task design and implementation
 - Experience with E-Prime and Psychopy (30 hours)
- Questionnaire design and implementation
 - Proficient in Qualtrics, REDCap (50 hours)
- Reference Management
 - Proficient in EndNote, Zotero

Clinical

- Clinical Interviewing (participants ages 9-20 and their caregivers)
 - Kiddie Schedule for Affective and Disorders and Schizophrenia (KSADS) (75 hours)
 - UCLA Life Stress Interview (75 hours)
 - Self-Injurious Thoughts and Behaviors Interview (SITBI) (40 hours)
- Clinical training in:
 - Motivational Interviewing (6 hours)
 - Aggression Prevention on Inpatient Units (6 hours)
 - Cognitive Behavioral Therapy (CBT) (6 hours)
 - Active Listening (6 hours)
 - Exposure and Response Prevention (3 hours)
 - Interpersonal and Social Rhythm Therapy (3 hours)
- Leadership
 - Team building (residence life coordination, direction of plays and musicals, teaching assistance, lab management, club leadership)
 - Conflict mediation (residence life coordination, lab management)
 - Public speaking (academic presentations, performances in plays and musicals, club leadership)